



Members Encourage One Another by Sharing Their CFM Actions Share Yours Too!

CFM members pray, work, and play together. Since its earliest days, CFM has had as its goal the development of couples, families and others in their relationships with God and each other, through prayer, friendship, and actions to serve other people. This goal remains the same today. We are called not only to Observe and Judge, but to Act. The best actions come out of your action group experience and allow members to act individually, or as couples, families, or groups, to improve the quality of family or community life. We take time to make a difference.

See more [CFM Action Ideas](#) on our webpage.

Members around the country are always encouraged when they see the good works and news from your group. Here are some examples:



Marcy Stefan sent photos (above and left) of St. Bernard's CFM members in Omaha. They celebrated during the Christmas season with snacks, ugly sweaters, and food donations to the church pantry. Marcy said they are enjoying using *Living the Beatitudes Today* for their program guide: "A good fit for our small but mighty and diversified group."



CFMers from Our Lady of the Fields group in Maryland have

been involved in community service, working to improve the local food bank (right). Now they are making and delivering 50 box lunches one day a month for the guests at the homeless shelter, relocated at a local motel during the Covid pandemic. CFMer Minerva Rivera helped the group make connections to help with this recent project.



[Visit "Share Your Act" here & tell your story.](#)

Now Is A Good Time to Share CFM

Enter the new year with fresh enthusiasm for sharing CFM! People are more open to taking action to improve their spiritual lives at this time, especially during the approaching Lenten season. Invite families to your existing groups or start a new group using CFM's easy process. Contact the National Office for more help in expanding CFM: office@cfm.org or 800-581-9824.

Use CFM's **Promotion and Expansion Toolkit** to enhance your efforts, available in the Resources for Leaders section of the members-only pages of our website. [Sign in to your member account](#) to access Promotional Materials, including CFM graphics, sample bulletin and pulpit announcements, and much more. Free customizable resources (example at right) are [now available for download here](#).



Wear Your Love for CFM!

Order CFM Logo Shirts, Hats and Bags

Share the CFM message at church and in the community. Choose just the right gear for your group at CFM's exclusive online **Land's End store**. Shop and purchase directly from the full catalog at <https://business.landsend.com/store/christianfamilymovement/>

Your New Year's Resolution?

Care for Your Marriage!

from Susan Vogt, author of *Marriage Moments* and *Parenting Pointers*:

When couples get married they figure they know each other pretty well - and hopefully they do. As our New Year dawns, it might be fun to check out how things might have changed. Offer them this short exercise [How Do I Know Thee? Let Me Count the Ways](#).

Contact the [National Office](#) to subscribe to receive short weekly *Marriage Moments* and/or *Parenting Pointers* by email.

CFM National Office News

Welcome new Member Services Administrator, Pam Kuzel! Pam is a CFM member from St. Thomas the Apostle Parish in Ann Arbor, Michigan. She comes with loads of experience as a parish office manager. Pam will respond to your requests for program books, answer your questions, and make sure you have all you need to succeed in your CFM groups. Email her at office@cfm.org or call 800-81-9824.



Thank you to Lauri Przybysz, who is retiring as Executive Director after 6 years service to the Movement. Lauri and her husband John, longtime CFMers, will continue on the National Board of Directors.