



Christian Family  
Movement

## Love in Action - Chapter One

### Additional Actions in Response to the Covid Health Crisis

Based on what has been discussed, **ACT:**

1. Support an organization in your community that promotes the dignity of human life. If possible, meet with a representative to learn about their ministry and the kind of support they need.

**Adaptation for COVID times** – Using online research, learn about an organization in your community that promotes the dignity of human life. Engage your children in the research. Send an email or letter to the organization leaders letting them know you appreciate the work they are doing.

2. As a family, visit an elderly person and learn their life story. Ask each family member to share what part of this person's story touched them the most.

**Adaptation for COVID times** – With your family, compose a short note or letter and mail it to an elderly relative or close friend who is alone during this time of the COVID pandemic. Write about how important your relative or friend is to your family and share a special memory you have of them. Include a photograph with the letter. It could be a recent one of your family or an older photograph that includes images of your relative or friend along with some of your family members. On the back of the photo, write something about the captured moment.

3. Participate in a rally/public event that advocates the dignity of life.

**Adaptation for COVID times** – Using your social media platforms, show your belief in the dignity of all human life through post of non-political information and stories/photos. Consider sharing a link to the organization you researched in question #1.

4. Look at the list of issues that threaten the dignity of life created by your group in the Observe #2. Pick an issue close to your heart and research the different sides of that issue and present that information at the next meeting.

**Additional Action suggestion** – Consider a family movie night followed by a discussion about the how the theme of the dignity of human life was brought out in the film you watched.

- *Harriet* (PG-13), *Just Mercy* (PG-13) - [https://greatergood.berkeley.edu/article/item/twelve\\_films\\_that\\_highlight\\_the\\_best\\_in\\_humanity](https://greatergood.berkeley.edu/article/item/twelve_films_that_highlight_the_best_in_humanity)
- *Hairspray* (PG), *Finding Nemo* (G), *Beauty and the Beast* (PG) - <https://www.familyminded.com/s/family-movies-that-celebrate-diversity-446eb171be8f4216>
- *Peanut Butter Falcon* (PG-13) - <https://www.common sense media.org/movie-reviews/the-peanut-butter-falcon/user-reviews/adult>
- *Hacksaw Ridge* (R) - <http://media.pauline.org/Resources/Blog/ArticleID/3222/The-Dignity-of-the-Human-Person-and-Hacksaw-Ridge>