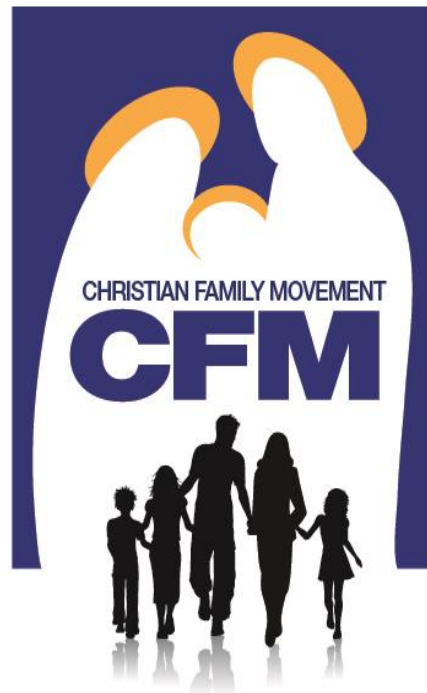


# Christian Family Movement



**If you want to be...** a better parent,  
a better spouse,  
a better Christian,



Learn about CFM!



## Benefits Of CFM:

- Increased communication with your spouse
- Improved family relationships
- Lasting friendships with other Christians
- Growth in understanding your Catholic faith
- Inspiration to love and serve others

### ***National Office***

**office@cfm.org**

**800-581-9824**

**PO Box 4779**

**Woodbridge, VA**

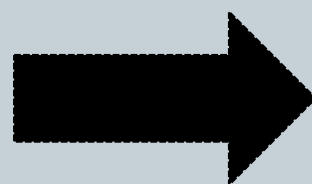
**22194-4779**

**www.cfm.org**

### **What is CFM About?**

Members meet monthly for prayer, Scripture reflection, and discussion. Meetings follow a simple method: **Observe** the world around us, **Judge** situations in light of Christ's teaching, and **Act** to make the world a better place.

Join us now! Call or  
e-mail to learn more!



### ***Local Contacts:***

**www.cfm.org**

Families Sharing Faith in homes, at church, with the world.