

Session 3 – seminar session
Saturday 19 May 1030-1130

1. GP dilemma: combining medical practice with bible teaching

Dr Tony Hanne, General Practitioner (Auckland)

Dr Hanne was born and educated in England. He trained at Guy's Hospital and came to know Jesus Christ in his second year as a medical student. He moved to New Zealand in 1964 for one year – and stayed. He works in General Practice, initially for one year in Remuera then 20 years in Panmure and now 30 years from home in Howick, and he still loves it. He has a special interest in attention deficit hyperactivity disorder, which has proved a great opportunity for bringing together medicine and faith in Christ. He has spent seven years as a part time senior lecturer at Auckland Medical School; and has been involved in developing and training assessors for Cornerstone. He has led Fowey Lodge as a short term Bible school since 1966 and has had over 3000 students from more than 75 countries. He still cannot make up his mind whether to be a Bible teacher or a doctor. He is married with a beautiful wife and two tremendous sons.

Jesus was a physician healing spirit, soul and body. Treating the body is the task of all of us as doctors. Bringing the spirit to life is about Bible teaching and prayer. So who is responsible for the soul? A healthy soul is only the result of both medicine and Christian ministry. How do we go about this as Christian doctors? Let us look at how Jesus was a complete physician and how we can be both from Bible examples and everyday practice.

2. Trauma-in-consult: dealing with practitioner energy drain and emotional trauma

Dr Jeremy Baker, General Practitioner (Christchurch)

Jeremy is a graduate in medicine from Otago University (1981). He has been a General Practitioner with special interest in mental health since that time and has a Masters degree in theology/psychology from Laidlaw College, Auckland. He is the Medical Director of Settlers Health Centre, a general practice specialising in mental health and addiction issues. He is also a Senior Lecturer at Otago University (Christchurch) and Director of HeadSpace, an educational forum in mental health for pastors and church leaders. Jeremy is passionate to see improved client-centred mental health care within the therapeutic home of general practice and in partnership with other primary care services.

There are certain patients who, just five minutes into the consultation, have managed to completely mentally drain us, and for the rest of the morning leave us scrambling for coffee and calm. Is there some sort of scientific phenomena that can explain it? Are there strategies, guidelines or protocols that we can call on to get us back on track?

The differential diagnosis to explain trauma-in-consult can be lengthy but anxiety is a common underlying theme. Anxiety has a way of playing on doctor - patient boundaries and leads to us exerting more mental energy than we are fully aware of. We are rarely trained in how to work with heart-sink patients; when we heroically try to establish a 'therapeutic relationship' with them we can instead feel emotionally abused.

This session focuses on mental flexibility and agility, and on how to get out of the way of theft of emotional wellbeing by learning how to pull-back, reflect and pray. This is a focus on clinician self-care and helping practitioners become more competent in dealing with complex demands.

3. Physicians on mission

Dr Jay Erickson, General Practitioner (Christchurch)

Before moving to New Zealand in 2009, Dr Erickson completed 25 years of active service with the United States Navy. Initially a nuclear submarine officer, he went on to matriculate from the Uniformed Services University (USU) School of Medicine in 1994 and then to complete a Family Medicine Residency. He held a variety of leadership positions (which included Commandant of the USU School of Medicine, and Director of Clinical Services and Chief of Medical Staff at a small Naval Hospital) before being deployed to Iraq in 2006. Upon retiring from the Navy in 2008, he accepted a one-year position at a rural New Zealand clinic. His love for this country led to his family immigrating to New Zealand in 2011. He currently works as a General Practitioner at Casebrook Surgery and is passionate about mission, both local and overseas.

"It is not so much the case that God has a mission for His church in the world, as that God has a church for His mission in the world. Mission was not made for the church; the church was made for mission," Chris Wright, *The Mission of God*.

As Christian physicians, we are blessed with the gift of healing as we minister to our patients. Like the Good Samaritan, we find compassion for those in need and a desire to help as core principles of our vocation. But for many, a willingness to sacrifice selfish desires and develop a servant heart by overcoming our pride can be more difficult.

Within these guidelines, and looking at his own medical mission trips to Peru, Papua New Guinea, Tonga and Cambodia over the past 10 years, Dr Erickson hopes to instill a heartfelt desire in more physicians to develop their own missional component in their practice, both locally and overseas. So often, when we hear stories of the amazing and sacrificial lives of long term missionary doctors, we immediately glorify them for their work and look at our own faults and weaknesses to justify our lack of desire to go. But what we need to do is see our amazing and wonderful God in them and realise it is Him working through them in those amazing stories. In the same way, He can do great things through us despite our faults and weaknesses. We have all been blessed to be a blessing, and it is time that more of us displayed that blessing to the world.

4. Medical Santo: changing lives in Northern Vanuatu

Lyn Cox, Executive Manager of Medical Santo (Vanuatu and Australia)

Lyn left school early but found she thrived on learning and has run a successful business with her husband for 30 years. They live in Australia, where they care for their extended family, but have been involved in mission in Vanuatu for 25 years and spend a lot of time in Vanuatu.

Although she is not medically-trained, Lyn has learnt a lot about medicine over the past five years while establishing Medical Santo. She is passionate about better health for the ni-Vanuatu people and how we can show God's love to everyone in a practical way.

Medical Santo is a not-for-profit humanitarian medical aid organisation which provides Primary Health Services and supports existing healing services in Northern Vanuatu. It was started after Lyn and her husband had friends in Vanuatu who died needlessly. As a result they hoped to start a clinic which would be staffed by local ni-Vanuatu and international volunteers and could change the lives of those in the Northern provinces of Vanuatu, both spiritually and physically. The Government was supportive of their plan and along with several other families (who included business owners, a paramedic and parents) they proceeded to purchase a property, renovate it and open the clinic in May 2013. Since then, they have treated over 16,500 people and God has done some amazing things.

5. Students only session - Journey as a Doctor: witnessing for Christ in Medicine

Mr Colin Wilson, General Surgeon (Palmerston North)

Mr Colin Wilson has worked as a General Surgeon for his entire career in provincial New Zealand. Having been challenged early on to consider the mission field, he felt a calling to stay at home.

Mr Wilson will share stories of hope and adventure from his own and others' experiences, and how a faith in God adds an entirely new dimension to serving in Medicine. He will share some simple ways to serve that are often overlooked and some of the lessons he has learnt.

Session 4 – seminar session
Saturday 19 May 1130-1230

6. Hope in cross cultural mission

Dr Colin Thompson, Diabetologist and General Medicine Consultant (Auckland)

Dr Thompson graduated from Otago University in 1985 and met his wife Christine while doing short-term mission in Niger in 1992. In 1999 the family moved to Khartoum, Sudan, where Colin lectured in Endocrinology and worked in a private Endocrinology clinic, a primary care clinic and displaced peoples' camps in Darfur. He returned to New Zealand in 2009 and has since completed an MBA, seeking to improve value for patients through healthcare management. He is part of the leadership team of Frontiers New Zealand and is on the Board of SIM New Zealand.

How can a Christian healthcare worker survive under Sharia law? Can a foreign professional be self-supporting in one of the world's poorest countries? Is it responsible to bring up a family in a war zone? Our cultural and language backgrounds mean we can never be true insiders but should we contextualize our living situation, or, will be too uncomfortable or misunderstood?

If any of these questions have stopped you from using your talents in a cross-cultural situation then some of the answers presented here may be an encouragement to explore further. This is about finding the right fit in a cross-cultural situation. If time allows, we may also discuss the problem of money in healthcare mission, the experience with professional registration and whether we should worry about reverse culture shock.

7. Responding to high level directives from your senior supervisor

Dr Glennis Mafi, General Practitioner (Auckland)

Glennis has been a General Practitioner for approximately 40 years, which included setting up and running a General Practice in Tonga for nearly 17 years. She is passionate about journeying with patients and has used the Saline Process to help transform people's lives for many years.

How do you respond to high level directives? Does Jesus expect too much? Can you really be a witness in the medical setting? Saline Process has answers and ideas. So, come, find out and discuss. You can also refer to the Saline Process advertisement in this booklet for more information.

8. God does not quit: hope born of experience

Dr David Troughton, retired Gastroenterologist (Christchurch)

Dr Troughton was born in Osaka, Japan, to missionary parents. He returned to New Zealand in 1939. He graduated from Otago University in 1956 before specialising in Gastroenterology and then practising in the USA, India and New Zealand. He has been part of a variety of ministries throughout his life including music (as organist and choirmaster), the Council for Mission of the Presbyterian and Methodist Churches, Christian World Service, Middleton Grange School Board, Te Waiora Christian Healing Centre, Operation Friendship, a predominantly Pacific Island church and, more recently, the Community Board's Older Adults Network and Cashmere Residents' Emergency Support Team. He is married to Rosemary and together they have four children and seven grandchildren.

In this seminar David will share how his hope in God has grown out of his experiences of God's faithfulness in guiding, directing and providing over a lifetime in a variety of circumstances and in diverse settings.

As Frederick Buechner has written, "My story is important not because it is mine, God knows, but because if I tell it anything like right, the chances are you will recognize that in many ways it is also yours. Maybe nothing is more important than that we keep track, you and I, of these stories of who we are and where we have come from and the people we have met along the way because it is precisely through these stories in all their particularity ... that God makes himself known to each of us most powerfully and personally."

9. Finding hope in the midst of heartache

Dr Robert Claxton, General Surgeon (Australia)

Dr Claxton trained as a General Surgeon in Australia and the United Kingdom and has also worked in East Africa. He has been Head of Surgery at Canterbury Hospital (Sydney) since 1991 and has continued as Administrative Head since retiring from hospital clinical practice in 2008. Despite great personal grief, the Lord has been his constant source of hope and strength.

Life is never smooth – for both Christian and non-Christian. However, for those who belong to Christ, it really is worth living. The Christian message can be said to be about death and resurrection. Whatever happens, we can always start again. But how can we find hope when our heart is breaking?

There are many ways we can be thrown off course – when we fail to pass exams, when depressed, when physically or mentally ill, when we cannot get a job, when relationships fail, when we are sued, when we make medical errors, when we fail to live up to our standards, when our Church fails to be a caring community, when our pastor fails morally, when our mission fails and so on. Yet, there are stories of hope in all these situations. And even when there does not seem much hope, Jesus knows our story, does not reject us and can use our story (see John 4).

In light of all this, we may have hope regarding how we can pass on the faith to the next generation, how we can know our life counts, how we can give hope to the dying and their families, and how we can have assurance of resurrection to eternal life.

10. Students only session - Your patients, your ministry

Dr Micheline Naidu, General Practitioner (Auckland)

Dr Naidu grew up in a non-Christian household and became a Christian when she was at Intermediate School. After affirming her faith at high school she has been regularly involved in creative outreach ministries. She is the current chairperson of the Healthcare Christian Fellowship of New Zealand, which aims to inspire believers who are healthcare workers to share God's love at their workplace and promote Christ-centered healthcare.

Dr Naidu will share about her experiences of living wholeheartedly for Christ and provide practical examples about how you can do this in your day-to-day practice.

Session 7 – seminar session
Saturday 19 May 1600-1700

11. Crisis pregnancy support

Dr Joseph, General Practitioner, and Cushla Hassan, Registered Nurse (Nelson)

Joseph and Cushla set up St Luke's Health Centre in 2001. They are co-founders of Hapai Taumaha Haputanga (Crisis Pregnancy Support), which is a free service offering support to women with unplanned pregnancies who wish to explore the option of continuing their pregnancy with support; and/or for women suffering from post-abortion grief. They are accredited teachers in Natural Fertility Education (Billings Ovulation Method) and trustees of the WOOMBNZ. They serve on the Medical Advisory Board for Loving for Life NZ and are passionate about promoting these programmes on Christian Sexuality and Relationships. They have spoken together both nationally and internationally and are passionate about life-affirming work. They are married and have four children.

This will be a practical and interactive seminar. The goal is to be the skin of Jesus and his heart of compassion and love, to provide a professional, non-judgmental service and help meet unmet needs. Joseph and Cushla will share their work with vulnerable populations and how they try to be present with complex situations when there seems to be no hope – for where there is life there is always hope!

12. Challenges of a free medical centre

Professor Andre van Rij, Vascular Surgeon and Chair of the Servants Health Centre (Dunedin)

Andre was in a church home group ten years ago – a group including a nurse, General Practitioner, midwife and a surgeon – which became convicted to start a free community clinic as a Christian service. Andre was the surgeon and is now Chair of the Servants Health Centre.

Located in downtown Dunedin, Servants Health Centre is a Christian ministry to those who are unable to resource or attend to their healthcare. Where is the hope for these patients whose lives are so complex and how do they see God's love through this? How do we as Christians – medics, nurses, counsellors and support team, as well as the Christian community – reach out? This seminar will describe the clinic's origin and basis, and how God has blessed and sustained it. We will also share the challenges but also the lessons of God's grace. The seminar, we hope, will be for others in similar initiatives around New Zealand to contribute, students to see the possibilities and for more to take up this mission.

13. Journey to the truth that sets us free

Dr Erik Grangard, retired Paediatrician (Rotorua)

Dr Grangard was born in Bergen, Norway, studied medicine in Vienna, Austria, and Luebeck, Germany. He was a consultant paediatrician in Norway and then worked for 9.5 years as a Paediatrician in Rotorua Hospital before retiring at the end of January 2016. He is married with four children and four grandchildren.

Our enemy is the father of all lies and we are surrounded by them from the time we are born. How is it possible in this situation to get to the Truth about our Father, ourselves, the general world and the world of Medicine? What about marriage, gender dysphoria, evolution, euthanasia and the Truth of the Bible?

The way our brains work makes it very difficult to get rid of lies that are ingrained in our personalities, those we grew up with – we are all victims of these to different degrees.

Hopefully my journey to more of the Truth that sets us free will be of hope in this confusing "post-truth" world. There is certainly hope for a more fulfilling and consistent life.

14. Finding hope when there is only chaos all around

Reverend Barbara Walker, QSO, Lead Chaplain Hawkes Bay Fallen Soldier's Memorial Hospital (Hastings)

Reverend Walker trained as a nurse and midwife in Auckland before completing a Certificate in Mission Studies and travelling overseas. For almost 20 years she worked in 13 different countries (mostly in the developing world) in crisis situations, war zones, famine situations and refugee camps as well as some work in hospitals as a nurse, midwife, dentist, eye surgeon team leader and technical manager with a number of different aid agencies and mission societies. She was involved with training national staff and setting up new programmes, as well as supporting staff following challenging and tragic situations. She also completed a Master of

Science in Medical Anthropology from Brunel University in London. She returned to New Zealand in 1996 after being evacuated out of Mozambique following a death threat. Since then she has worked in healthcare managerial positions, was ordained a Priest in the Anglican Church in 2004 and is now the Midlands Regional Chaplain and Lead Chaplain at Hawkes Bay Hospital where she has ministered for ten years. She was awarded the Queen's Service Order in 2000 for work in the Hokianga and overseas.

Reverend Walker will speak about her nearly 20 years of experience working around the world as a nurse, midwife, aid worker and manager in many tough situations during the 1980s and 1990s. She will share stories about amazing people she worked with and walked alongside, and how their hope grew in some of the darkest times. She will share some of her personal testimony about the depth of her struggles and the conversations she had with God when there seemed to be no hope. She will share about her traumatic evacuation from Mozambique, her loss of hope over this event, and how God gave her new hope and direction as she entered the ministry of Hospital Chaplaincy in New Zealand.

15. Students only session - Conscientious objection

Dr Sinéad Donnelly, Internal Medicine Consultant and Specialist in Palliative Medicine (Wellington)

Sinéad has worked as a Consultant in Palliative Care in Limerick (Ireland) and Wellington (New Zealand). She completed her post-graduate training at the Cleveland Clinic (Ohio, USA), the Western Infirmary (Glasgow, Scotland) and Our Lady's Hospice (Harolds Cross, Dublin, Ireland). Her research interests focus on qualitative research having published on folklore traditions associated with dying and the experience of the moment of death in a palliative care unit, at home, in hospital and in the intensive care unit. She uses documentary as an accessible medium to present qualitative research. Four documentaries to date have been broadcast on national television in Ireland and explore the importance of community support in home care, how children deal with grief and the experience of dying at home. A fifth documentary, "Going Home," was produced in New Zealand and shown on Maori television in 2010.

Sinéad will explore freedom of conscience: what it means, how it applies to the profession of medicine; why and how it is being challenged nationally and internationally; how it is interpreted in David Seymour's end of life choice bill and how it is applied in the practice of Palliative medicine.

Session 5 – Dying and the End of Life Choice Debate

Saturday 19 May 1315-1415

Dr Diana Rae (New Plymouth), Grace Carroll (Wellington), Dr Jane Silloway-Smith (Auckland)

Dr Diana Rae works as a palliative care doctor in New Plymouth having worked for many years as a General Practitioner in the United Kingdom. She undertook extra training to specialise in Palliative Medicine at Cardiff University. She has great concerns that Euthanasia will become legal in New Zealand. Having researched euthanasia in other countries she is worried New Zealand will not follow specific guidelines thus allowing euthanasia to occur as readily as termination is now. She has spoken at various church events opposing the Euthanasia Bill and is passionate about developing an inclusive palliative care service rather than accepting euthanasia as a medical option. She is a member of 'Care not Killing' and was able to speak to the New Zealand parliament recently explaining the numerous reasons why euthanasia should not become legal in New Zealand.

Grace Carroll is the Communications Manager for the Care Alliance, having previously worked in a project management role with the Alliance. She also works for The Nathaniel Centre in bioethics research on abortion and euthanasia. Her background is in political science, philosophy, and International Relations.

Dr Jane Silloway-Smith is the Director of Every Life, a research unit that exists to bring a strong, research-based approach to policy issues that are core to human life. She is an experienced public policy researcher, with a focus on social justice and bioethics. Over the past five years, she has delved into a study of euthanasia policy, including the international experience and its relevance to New Zealand debate and policy. Her input is recorded.

The debate around end of life 'choice' is an urgent conversation happening in New Zealand, triggered by David Seymour's End of Life Choice Bill that is currently being considered by the Justice Select Committee. Leading the opposition to the legalisation of euthanasia and assisted

suicide in New Zealand, the Care Alliance is a coalition of New Zealand medical, health and disability, social welfare, family advocacy, faith and ethics groups, which CMFnz is a part of. This session provides information on the Care Alliance – what it does, where it is at and where it is going; and gives an update on the euthanasia debate and the Seymour Bill, and the role of doctors on this issue and within the debate.

Free time – optional seminar session
Saturday 19 May 1700-1800

Time to listen for hope

Dr David and Helen Tripp (Wellington)

David is a General Physician at Wellington Hospital and an intensivist at large. Helen is a spiritual director, and being married to David is as close as she ever wants to becoming anything medical.

Their session will offer space – a time and place to listen for hope, to notice its whispers in our daily lives, a time to process and seek, and to find joy in hope.