

KNITTING FOR REFUGEES



UNISEX BASIC BEANIE KNIT PATTERN

NEEDLES SIZE US 10 1/2 PATTERN

Cast on 64 sts. Work in K2 P2 ribbing for 34 rows.

Row 35 (Dec Row): *K2, p2, k2, p2tog; rep from * Row 36: *K1, p2, k2, p2; rep from *

Row 37 (Dec Row): *k2, p2tog, k2, p1; rep from * Row 38: *K1, p2; rep from *

Row 39: *K1, k2tog; rep from * Row 40: *K1, k2tog; rep from *

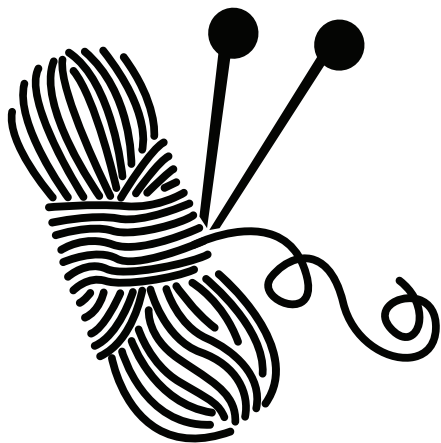
Row 41: *K1, k2tog; rep from *

Cut yarn, leaving an 8 in. tail.

Thread tail through stitches of last row and pull to secure.

Use the tail to sew the side seam together.

OVERSIZED BEANIE PATTERN



MATERIALS

**Please feel free to substitute the materials for wool. These are merely suggestions from the crafter.*

3 balls Debbie Bliss Angel in Heather #36, 25g,
200m/219 yds

1 ball Drops Alpaca in Dark Purple #4400, 50g,
167m/182yds

5mm 16" circular needles or 5mm double
pointed needles

6.5mm 16" circular needles and/or 6.5mm
double pointed needles

4 stitch markers

Tapestry needle

ABBREVIATIONS

(US TERMINOLOGY)

k = knit

p = purl

co = cast on

st (s) = stitch (es)

SSK = slip, slip knit

P2tog = purl 2 together

GAUGE

6.5 (5) stitches per 1 inch in 1 x 1 rib on 5mm
needles

5 (4.5) stitches per 1 inch in 1 x 1 rib on 6.5mm
needles

MEASUREMENTS

(Hat is meant to be oversized)

Adult small: 16.5-19" circumference, 7.5"-11.5"
tall depending on the number of folds

Adult medium: 18-20.5" circumference, 7.5"-
12.5" tall depending on the number of folds

Adult large (pictured): 19.5-22" circumference,
7.5"-12.5" tall depending on the number of folds

TECHNIQUES

SSK: slip, slip knit. Slip the next two stitches,
one at a time as if to knit, to the right needle.
Insert the left needle into the fronts of these two
stitches and knit them together. One stitch is
decreased.

P2tog: Position the needle as if to purl a single
stitch, except insert the needle through two
loops. Purl the 2 stitches together as if they were
one stitch.

PATTERN

In this pattern, you will be knitting with four (4)
strands of Debbie Bliss Angel and one (1) strand
of Drops Alpaca held together. For the first three
balls of Debbie Bliss Angel, take one strand from
the beginning of the ball and the end of the ball
(so altogether you have four strands from two
balls). Once you have used up the first two balls

of Angel, split the last ball in half and hold two strands together from there.

Holding four strands of Debbie Bliss Angel and one strand of Drops Alpaca, CO 80 (88, 96) sts using the longtail method on 6.5mm circular needles. Use a stitch marker to mark the end of the round. Join in the round, being careful not to twist stitches.

Work in a K1P1 ribbing for 4" (approx. 19 rows).
Switch to 5mm 16" circular needles.

BEGIN DECREASES

Rnd 1: (K1, P1) 10 times, SSK, p2tog, place marker. Repeat three times. You will now have 72 (80, 88) sts total and four stitch markers spread evenly across the needles.

Rnds 2-7: *K1, P1*; rep from * to * to end of rnd

Rnd 8: *K1, P1*; rep from * to * until 4 sts before the stitch marker, SSK, p2tog, slip marker. Repeat 3 times. 64 (72, 80) sts

Rnds 9-14: *K1, P1*; rep from * to * to end of rnd

Rnd 15: *K1, P1*; rep from * to * until 4 sts before the stitch marker, SSK, p2tog, slip marker. Repeat 3 times. 56 (64, 72) sts

Rnds 16-21: *K1, P1*; rep from * to * to end of rnd

Rnd 22: *K1, P1*; rep from * to * until 4 sts before the stitch marker, SSK, p2tog, slip marker. Repeat 3 times. 48 (56, 64) sts

Rnds 23-28: *K1, P1*; rep from * to * to end of rnd

For size large, proceed to assembling.

SIZE S/M ONLY

Rnd 29: *K1, P1*; rep from * to * until 4 sts before the stitch marker, SSK, p2tog, slip marker. Repeat 3 times. 40 (48) sts

At this point, you may choose to use double pointed needles.

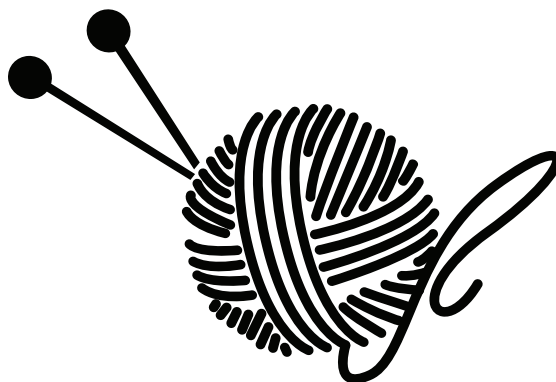
Rnds 30-33: *K1, P1*; rep from * to * to end of rnd

Rnd 36: *K1, P1*; rep from * to * until 4 sts before the stitch marker, SSK, p2tog, slip marker. Repeat 3 times. 32 (40) sts

Rnds 37-40: *K1, P1*; rep from * to * to end of rnd

ASSEMBLING

Using a tapestry needle, pull the yarn through all the remaining loops and tie off. Weave in all loose ends. You can wear the hat two ways: Fold up the brim of the hat once or fold it twice for an extra snug fit.



BASIC UNISEX SOCK PATTERN - KNITTING



For a woman's sock use 5 #5 dpns; for a man's sock use 5 #7 dpns.

Suggested Material: Woolease.

The # of rounds in this pattern fit a US. size 7 (and men's size 11).

To make larger or smaller, increase or decrease # of rounds.

Cast on 42 sts. Work 30 rounds for cuff.

Put the 20 sts. that are on needles #1 and #4 on to one needle.

HEEL FLAP:

1st row. P1, slip 1, to end.

2nd row: K to end.

HEEL:

Slip 1, K12, k 2 tog, turn, slip 1, P7, P2 tog, turn, Slip 1 K7 K2 tog-
continue in this way until there are 8 sts. on needle.

GUSSET:

With right side facing, pick up and K 10 sts. on left side, K across
needle #2 and needle #3, pick up and K 10 sts. from right side then K 4 sts.

from 'heel' needle. You are now working with 5 needles again.

Rows 1, 3, 5, 7 : needle #1 K to last 4 sts. K 2 tog through back of loop,
K 2, needles #2 & #3 K, needle #4 K2 , K2 tog, K to end.

Rows 2, 4, 6, : K to end.

FOOT:

Work 30 rounds.

TOE:

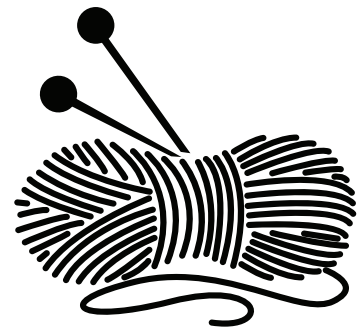
Rows 1, 3, 5, 7, 9:

Needle #1 K to last 5 sts K 2 tog through back of loop,
K 2 , Needle # 2

K2 K 2 tog, Needle #3 as #1, needle #4 as 2.

Rows 2, 4, 6, 8 : K to end.

When there are 6 sts. on each needle graft them tog.



BASIC MITTEN PATTERN FOR MEN - KNITTING

NOTE: *These mittens took almost exactly 1 skein of Wool-Ease Heathers (70g; 162yd). If you have the same yardage per skein and want to use just one skein, you'll have to frog your gauge swatch.*

Men's M/L (approx 8in/20cm circumference by 8.5in/21cm long, minus cuff)
Gauge: 22sts by 33rows to 4in (10cm)

MATERIALS:

1 skein Lion Wool-Ease Multi-color (80%Acrylic, 20%Wool) Pines Colorway [70g to 162yd]
1 set US5 (3.75mm) double-pointed needles (or however you like doing circular knitting)
2 stitch markers
darning needle

INSTRUCTIONS:

Cast on 44 stitches.
Join, being careful not to twist, and place marker (PM) at beginning of round.

WRIST:

Rounds 1-25: (K1; P1) repeat to end of round.
Round 26: K43; M1; K1

GUSSET SHAPING:

Round 27: K22; PM; M1; K1; M1; PM; K22*

Round 28: K all sts

Rounds 29-30: K all sts

Round 31: K22; M1; K to marker; M1 before marker; K22

Rounds 32-49: Repeat Rounds 29-31 six MORE times (17 sts between markers)

Round 50: K22; Place stitches between markers on holder; CO1 in gap; K22

*NOTE: I did the M1 stitches using a M1L and a M1R for the first and second, respectively. I am told this makes a neater gusset, but I'm not sure I believe it.

HAND BODY:

Rounds 51-74: K all sts

Round 75: K19; K2tog; K24 (44 sts remain)

HAND TOP:

Round 76: K1; SSK; K16; K2tog; K1; PM; K1; SSK; K16; K2tog; K1 (40 sts rem)

Round 77: K all sts

Round 78: (K1; SSK; K to 3 before marker; K2tog; K1) twice (36 sts rem)

Rounds 79-86: Repeat rounds 77-78 4 MORE times (20 sts rem after round 86)

Rounds 87-89: Repeat Round 78 3 MORE times (8 sts rem after round 89)

Break yarn, leaving a long tail.

Graft remaining live stitches using Kitchener stitch.

Alternatively, gather remaining stitches through remaining 8 stitches as if closing a hat.

THUMB:

Move live stitches onto double pointed needles.

Round 1: Pick up and knit two stitches over gap (one on either side), then continue knitting thumb stitches (19 sts rem)

Rounds 2-10: K all sts.

Round 11: K2tog over picked up stitches; K17 (18 sts rem)

Rounds 12-16: K all sts.

Round 17: (K1; K2tog) six times (12 sts rem)

Round 18: K2tog six times (6 sts rem)

Cut yarn, leaving a long tail.

Thread yarn through remaining stitches and pull to gather hole closed.

Sew all yarns securely to inside.

Be sure to sew yarn over thumb "crotch" such that any vestigial gaps are closed.

BASIC MITTEN PATTERN - FOR WOMEN

Needle Size: Size 3 (3.25mm) DPNs

Yarn: Debbie Bliss Rialto DK Purple (100%
Extrafine Merino) 2 balls, 116 yds/50g

Yardage: 190 -230 yards

Gauge: 26 sts x 38 sts= 4" in stockinette

Finished Size: Hand, 7"; Length, 8 5/8"

Notions: Cable needle, 6" smooth waste yarn,
tapestry needle
Special Stitches

T5R: Slip next 3 sts onto cable needle and hold at
back of work, k2, then k3 from cable needle.

T5L: Slip next 2 sts onto cable needle and hold at
front of work, k3, then k2 from cable needle.

C3B: Slip next st onto cable needle and hold at
back of work, k2, then p1 from cable needle.

C3F: Slip next 2 sts onto cable needle and hold at
front of work, p1, then k2 from cable needle.

MB (make bobble): Knit into the front and back
of the next stitch twice, turn and p4, turn, sl 1,
k3tog, pssso. Bobble completed.

CUFF (SAME FOR BOTH MITTENS)

CO 48 sts. Join in the round, being careful not to
twist.

Round 1: *K1, p1* repeat from * to * to the end of
the round.

Repeat Round 1 until cuff measures 2" long.

RIGHT HAND

Increase Round: M1, p3, k2, p1, k2, p3, k13, m1,
k2, m1, k20, m1, k2. 4 sts increased. 52 sts

Cable Rounds

Round 1: K1, p3, T5R, p3, knit to the end of the
round.

Round 2: K1, p3, k2, p1, k2, p3, knit to the end of
the round.

Round 3: K1, p2, C3B, p1, C3F, p2, knit to the end
of the round.

Round 4: K1, p2, k2, p3, k2, p2, knit to the end of
the round.

Round 5: K1, p1, C3B, p1, MB, p1, C3F, p1, knit to
the end of the round.

Round 6: K1, p1, k2, p5, k2, p1, knit to the end of
the round.

Round 7: K1, p1, C3F, p3, C3B, p1, knit to the end
of the round.

Round 8: K1, p2, k2, p3, k2, p2, knit to the end of
the round.

Round 9: K1, p2, C3F, p1, C3B, p2, knit to the end
of the round.

Round 10: K1, p3, k2, p1, k2, p3, knit to the end of
the round.

Repeat Round 1-8 again.

Next round (counts as round 9): K1, p2, C3F, p1,
C3B, p2, k14; using waste yarn, k8, slip these sts
back to left needle and knit again with working
yarn; knit to the end of the round.

Starting with Round 10, continue Cable Rounds
1-10 4 more times, ending after Round 1.

Top Shaping

Round 1: *K2, k2tog* repeat from * to * to the
end of the round. 39 sts

Round 2 and 4: Knit even.

Round 3: *K1, k2tog* repeat from * to * to the end of the round. 26 sts

Round 5: *K2tog* repeat from * to * to the end of the round. 13 sts

Round 6: *K2tog* repeat from * to * to last st of round, k1. 7 sts

Cut yarn, leaving a 6" tail. Thread yarn through remaining sts and pull tight. Weave in ends.

LEFT HAND

Increase Round: K1, m1, k12, p3, k2, p1, k2, p3, m1, k2, m1, k20, m1, k2. 4 sts increased. 52 sts

Round 1: K14, p3, T5L, p3, knit to the end of the round.

Round 2: K14, p3, k2, p1, k2, p3, knit to the end of the round.

Round 3: K14, p2, C3B, p1, C3F, p2, knit to the end of the round.

Round 4: K14, p2, k2, p3, k2, p2, knit to the end of the round.

Round 5: K14, p1, C3B, p1, MB, p1, C3F, p1, knit to the end of the round.

Round 6: K14, p1, k2, p5, k2, p1, knit to the end of the round.

Round 7: K14, p1, C3F, p3, C3B, p1, knit to the end of the round.

Round 8: K14, p2, k2, p3, k2, p2, knit to the end of the round.

Round 9: K14, p2, C3F, p1, C3B, p2, knit to the end of the round.

Round 10: K14, p3, k2, p1, k2, p3, knit to the end of the round.

Repeat Round 1-8 again.

Next round (counts as round 9): K14, p2, C3F, p1, C3B, p2, k19; using waste yarn, k8, slip these sts back to left needle and knit again with working yarn.

Starting with Round 10, continue Cable Rounds 1-10 4 more times, ending after Round 1.

Top Shaping

Round 1: *K2, ssk* repeat from * to * to the end of the round. 39 sts

Round 2 and 4: Knit even.

Round 3: *K1, ssk* repeat from * to * to the end of the round. 26 sts

Round 5: *Ssk* repeat from * to * to the end of the round. 13 sts

Round 6: *Ssk* repeat from * to * to last st of round, k1. 7 sts

Cut yarn, leaving a 6" tail. Thread yarn through remaining sts and pull tight. Weave in ends.

THUMB (SAME FOR BOTH MITTENS)

Carefully remove waste yarn from thumb and place live sts on DPNs. There will be 8 sts on the bottom and 7 sts on top. Join yarn and knit across the bottom 8 sts. Pick up 4 sts along the side of the opening, knit the 7 top sts, then pick up 4 sts along the other side. 23 sts

Knit 1 round.

Next Round: *K1, ssk* 7 times, k2. 16 sts

Knit even until thumb measures 2" or ¼" shorter than desired length.

Thumb Shaping

Round 1: K1, *k1, ssk* 5 times. 11 sts

Round 2: Knit even

Round 3: K1, *ssk* to the end of the round. 5 sts

Cut yarn, leaving a 6" tail. Thread yarn through remaining sts and pull tight. Weave in ends.

