BUILDING BLOCKS FOR YOUR COMMUNITY BASED FOOD BIZ

HEART
Match your passion to a moving vision for change, bolstered by equity.

SUNLIGHT
Connect the promise of your project to a larger movement.

HANDS
Organize a strong team within and beyond the campus to build community wealth.

FERTILE GROUND
Build a strong business plan to ground your vision.

WATER
Nourish your efforts with consistent, planned care.
**OWN THE CHANGE**

grow from a DREAMocracy to a DOocracy to DEMOCRACY!

**GROWTH STAGES OF A COMMUNITY BASED FOOD BIZ**

<table>
<thead>
<tr>
<th>ROOTS</th>
<th>SEEDS</th>
<th>SPROUTS</th>
<th>PLANTS</th>
<th>FLOWERS &amp; POLLEN</th>
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<tbody>
<tr>
<td>Connect with century-old practices of cooperation, mutual-aid, and interdependence.</td>
<td>Plant and cultivate new ideas for growth.</td>
<td>Cultivate small successes and pilot projects.</td>
<td>See fruits of your labor as you build community wealth</td>
<td>Blossom longevity and best practices to be shared in solidarity for systemic change.</td>
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