

**Table 11.2** Suicide Lethality Checklist

<b>I. CURRENT STATUS</b>	<b>LOW</b>	<b>MODERATE</b>	<b>HIGH</b>
1. Chronic pain condition, chronic illness	___ None at present	___ Intermittent pain, able to function on daily basis	___ Chronic debilitating pain, terminal illness
2. Socially isolated	___ Infrequently	___ Frequently	___ Currently alone
3. Daily functioning	___ Fairly good	___ Moderately good	___ Not good
4. Support systems (friends, family, etc.)	___ Several available	___ Few available	___ Only one or none
5. Willingness to receive mental health treatment	___ Very willing and positive attitude	___ Willing but ambivalent	___ Unwilling and negative attitude toward treatment
<b>II. MOOD</b>	<b>LOW</b>	<b>MODERATE</b>	<b>HIGH</b>
1. Depression, dysthymia, anhedonia	___ Mild	___ Moderate	___ Severely depressed unable to function
2. Anxiety or agitated depression	___ Mild	___ Moderate	___ High (cannot sleep, agitated throughout day)
3. Isolation from others	___ None, willing to be around others	___ Isolates intermittently	___ Refuses to socialize or be around others
4. Disorientation with time, place, person, and disorganized thinking	___ None	___ Some	___ Marked
5. Helplessness/hopelessness	___ Sees hope for future, feels some ability to affect change	___ Sees some hope for future, some ability to bring about change	___ Feels no hope for future or ability to change
6. Anger and hostility	___ Calm	___ Angry and Argumentative	___ Total Rage
<b>III. BEHAVIORAL SYMPTOMS</b>	<b>LOW</b>	<b>MODERATE</b>	<b>HIGH</b>
1. Suicide plan When Where Method	___ In the future ___ Unplanned ___ Unclear ___ Will have to obtain	___ Within 24 hrs ___ Clear plan ___ Has plans ___ Means is close by	___ Immediately ___ Is at location ___ Well planned ___ Able to carry out
2. Drugs, alcohol consumption	___ Abstinent	___ Intermittent use or intermittent binge use	___ Currently using and using daily
3. Previous attempts & prior hospitalizations	___ None for both	___ Attempt within past 6 mos. or hospitalized	___ Many prior attempts or one within the last 30 days