

# VULNERABILITY

JESUS + JUSTICE LENT SERIES  
BIBLE STUDY

## WEEK 2: THE POWER OF VULNERABILITY

**SPACE**

How have you seen God working in your life this week?

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**READ**

Read John 13:5-17 through twice (overleaf).

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**NOTICE**

Is there anything that stands out to you in the passage?

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**QUESTIONS**

What examples of service have you seen or experienced in your community or your life?

Who are “the least of these” in your world? Who are the people usually looked down upon or belittled? What would it look like to serve them?

Who are the people you are most likely to belittle or de-value? What makes it hard to serve them?

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**REFLECT**

Consider a time when you may have felt vulnerable or uncomfortable when serving other people. Ask God for his peace as he leads you in this.

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**ACT**

Take part in a group or activity in your local area that looks after people who may otherwise be overlooked.



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John 13:5-17  
New Revised Standard Version

Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

