

APPENDIX A - City Inventory of Programs and Services for Older Adults - July 2018

DEPARTMENT OF AGING (LADOA) - ELDERLY NUTRITION PROGRAM

LADOA administers nutrition programs through its service providers to help older adults remain independent and within their communities. Meals must meet nutritional standards by incorporating the Dietary Guidelines for Americans and providing a minimum of one-third of the Dietary Reference Intakes (DRIs).

- The **Congregate Nutrition Program** addresses dietary inadequacy and social isolation among individuals aged 60 and older. The program provides nutrition education, nutrition risk screening and, in some Planning and Service Areas, nutrition counseling. The program targets older individuals with the greatest economic or social need, with particular attention given to low-income minority older individuals and older individuals living in rural areas. The program encourages the use of volunteers and gives all participants the ability to contribute to the meal cost.
- The **Home Delivered Nutrition Program** provides nutritious meals, nutrition education, and nutrition risk screening to individuals 60 years of age or over who are homebound by reason of illness or disability, or who are otherwise isolated. Program goals are targeted to the reduction of social isolation and the promotion of better health through nutrition.

Program / Service	Service Location(s)	Contractual Requirements / Performance Metrics (FY2018)	Estimated Cost (FY2018)	Funding Source	Service Delivery Model	Contractor Name / Contract #
Congregate Nutrition Program	<u>West Wilshire ASA</u> <ul style="list-style-type: none"> • Claude Pepper Senior Ctr • Pan Pacific Senior Center • Freda Mohr/San Vicente Mealsite • Pico Wooster St. Housing • Fairfax Senior Center 	177.52 meals per day 464 new clients 700 unduplicated clients 44,202 meals over 249 days	\$332,400	Grant Funds City General Fund (\$29,818)	Contracted	Jewish Family Services C-130219
Congregate Nutrition Program	<u>Westside ASA</u> <ul style="list-style-type: none"> • Felicia Mahood Multipurpose Senior Center • Japanese Institute of Sawtelle • OPICA Adult Day Care • Israel Levin Center • Oakwood Recreation Center 	159.45 meals per day 548 new clients 464 unduplicated clients 39,702 meals over 249 days	\$298,570	Grant Funds City General Fund (\$28,614)	Contracted	Jewish Family Services C-130220
Congregate Nutrition Program	<u>Eastside ASA</u> <ul style="list-style-type: none"> • Lou Costello Jr. Sr. Center • Boyle Heights Sr. Center • El Sereno Sr. Center • Glassell Park Sr. Center • Highland Park Sr. Center • Lincoln Heights Sr. Center • Montecito Heights Sr. Center • Resurrection Church Club 	191.75 meals per day 400 new clients 1,500 unduplicated clients 47,748 meals over 249 days	\$390,794	Grant Funds City General Fund (\$40,008)	Contracted	Mexican American Opportunity Foundation C-130217

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Congregate Nutrition Program	<u>Southwest Valley ASA</u> <ul style="list-style-type: none"> • ONEgeneration Senior Enrichment Ctr • Canoga Park Senior Center • JOY • Owensmouth Gardens 	241.32 meals per day 50 new clients 250 unduplicated clients 60,090 meals over 249 days	\$435,352	Grant Funds City General Fund (\$42,108)	Contracted	ONEgeneration C-130173
Congregate Nutrition Program	<u>Southwestern ASA</u> <ul style="list-style-type: none"> • Baldwin Villa • St. Marks United Methodist Church • Jim Gilliam Senior Center • PCS Southwestern MPC • Venice Japanese Community Center • Westchester Senior Center 	154.34 meals per day 49 new clients 211 unduplicated clients 38,430 meals over 249 days	\$285,094	Grant Funds City General Fund (\$28,295)	Contracted	People Coordinated Services of Southern California, Inc. C-130175
Congregate Nutrition Program	<u>West Adams ASA</u> <ul style="list-style-type: none"> • George and Helen Thomas Center • Independent Square • PCS West Adams MPC • Seinan Senior Center • Ward Villas 	154.34 meals per day 49 new clients 211 unduplicated clients 38,430 meals over 249 days	\$254,118	Grant Funds City General Fund (\$25,890)	Contracted	People Coordinated Services of Southern California, Inc. C-130175
Congregate Nutrition Program	<u>City ASA</u> <ul style="list-style-type: none"> • Angelus Plaza • Crescent Arms • Golden Dragon Restaurant • St. Barnabas Sr. Center of Los Angeles • Keungama Tofu House • Steel Plaza 	376.261 meals per day 235 new clients 937 unduplicated clients 93,689 meals over 249 days	\$592,940	Grant Funds City General Fund (\$51,185)	Contracted	St. Barnabas Senior Center of Los Angeles C-130216

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Congregate Nutrition Program	<u>Northside ASA</u> <ul style="list-style-type: none"> • Hollywood MPC • Atwater Baptist Church • Braille Institute • Chevy Chase Recreation Center • Las Palmas Senior Center • Lithuanian Cultural Center • Griffith Park Adult Community Center 	216.145 meals per day 673 new clients 2,691 unduplicated clients 53,820 meals over 249 days	\$404,720	Grant Funds City General Fund (\$41,433)	Contracted	St. Barnabas Senior Center of Los Angeles C-130216
Congregate Nutrition Program	Echo Park Mini-MPC	316.663 meals per day 986 new clients 3,942 unduplicated clients 78,849 meals over 249 days	\$185,000	City General Fund (\$185,000)	Contracted	St. Barnabas Senior Center of Los Angeles C-130216
Congregate Nutrition Program	<u>Mid Valley ASA</u> <ul style="list-style-type: none"> • Bernardi MPC • Casa Panorama • Fickett Towers • Mid Valley Senior Center • Simpson Apartments • Montecito Terraces 	153.59 meals per day 100 new clients 335 unduplicated clients 38,244 meals over 249 days	\$310,983	Grant Funds City General Fund (\$31,837)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Congregate Nutrition Program	<u>Northeast Valley ASA</u> <ul style="list-style-type: none"> • Northeast Valley MPC • Sunland Senior Center • Olive Manor • Burns Manor 	98.55 meals per day 125 new clients 300 unduplicated clients 24,540 meals over 249 days	\$256,481	Grant Funds City General Fund (\$26,244)	Contracted	San Fernando Interfaith Council, Inc. C-130172

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Congregate Nutrition Program	<u>Northwest Valley ASA</u> <ul style="list-style-type: none"> • Robert M. Wilkinson MPC • Community Integrated Services • St. Stephen Church • St. John Baptist Church • Valley United Methodist Korean Church • Plummer Village 	149.40 meals per day 115 new clients 415 unduplicated clients 37,200 meals over 249 days	\$342,207	Grant Funds City General Fund (\$35,034)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Congregate Nutrition Program	<u>Northwest Valley ASA</u> <ul style="list-style-type: none"> • Sherman Oaks East Valley Adult Center • Valley Storefront Community Resource Center • Magnolia Towers 	127.93 meals per day 150 new clients 325 unduplicated clients 31,854 meals over 249 days	\$239,751	Grant Funds City General Fund (\$24,545)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Congregate Nutrition Program	<u>Central Business District ASA</u> <ul style="list-style-type: none"> • James Wood Memorial Community Center • Ellis Hotel 	90.29 meals per day 20 new clients 96 unduplicated clients 22,482 meals over 249 days	\$160,925	Grant Funds City General Fund (\$15,045)	Contracted	Single Room Occupancy Housing Corp. C-130300
Congregate Nutrition Program	<u>Harbor ASA</u> <ul style="list-style-type: none"> • Anderson Memorial Sr. Center • Wilmington Sr. MPC • Rancho San Pedro • Normandale Recreation Center • San Pedro Senior Center 	144.02 meals per day 152 new clients 925 unduplicated clients 35,862 meals over 249 days	\$269,675	Grant Funds City General Fund (\$26,948)	Contracted	Wilmington Jaycees Foundation, Inc. C-130191
Congregate Nutrition Program	<u>Central ASA</u> <ul style="list-style-type: none"> • Theresa Lindsay MPC • Villa de la Esperanza • Slauson Park • Angelica Lutheran Church • Little Tokyo Nutrition Center • Figueroa Senior Housing 	210.92 meals per day 200 new clients 900 unduplicated clients 52,519 meals over 249 days	\$394,948	Grant Funds City General Fund (\$40,433)	Contracted	Watts Labor Community Action Committee C-130221
Congregate Nutrition Program	<u>S. Los Angeles ASA</u> <ul style="list-style-type: none"> • Bradley MPC • Watts Senior Center • St. Lawrence of Brindisi • Normandie Sr. Housing • Alice Manor • Estelle Van Meter 	131.23 meals per day 150 new clients 900 unduplicated clients 32,677 meals over 249 days	\$255,857	Grant Funds City General Fund (\$26,193)	Contracted	Watts Labor Community Action Committee C-130223

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Congregate Nutrition Program	Estelle Van Meter Mini-MPC	117.23 meals per day 50 new clients 100 unduplicated clients 14,068 meals over 249 days	\$119,120	City General Fund (\$119,120)	Contracted	Watts Labor Community Action Committee C-130223
Home Delivered Meal Program	West Wilshire ASA	119.08 meals per day 90 new clients 180 unduplicated clients 29,652 meals over 249 days	\$247,594	Grant Funds City General Fund (\$102,782)	Contracted	Jewish Family Services C-130219
Home Delivered Meal Program	Westside ASA	75.37 meals per day 110 new clients 50 unduplicated clients 18,768 meals over 249 days	\$156,706	Grant Funds City General Fund (\$70,768)	Contracted	Jewish Family Services C-130220
Home Delivered Meal Program	Eastside ASA	198.38 meals per day 350 new clients 350 unduplicated clients 49,398 meals over 249 days	\$397,441	Grant Funds City General Fund (\$170,079)	Contracted	Mexican American Opportunity Foundation C-130217
Home Delivered Meal Program	Southwest Valley ASA	265.87 meals per day 50 new clients 250 unduplicated clients 66,202 meals over 249 days	\$513,711	Grant Funds City General Fund (\$201,652)	Contracted	ONEgeneration C-130173
Home Delivered Meal Program	Southwestern ASA	191.04 meals per day 17 new clients 175 unduplicated clients 47,568 meals over 249 days	\$383,893	Grant Funds City General Fund (\$165,047)	Contracted	People Coordinated Services of Southern California, Inc. C-130175

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Home Delivered Meal Program	West Adams ASA	220.87 meals per day 21 new clients 214 unduplicated clients 54,996 meals over 249 days	\$383,893	Grant Funds City General Fund (\$165,047)	Contracted	People Coordinated Services of Southern California, Inc. C-130175
Home Delivered Meal Program	City ASA	376.261 meals per day 235 new clients 937 unduplicated clients 93,689 meals over 249 days	\$782,315	Grant Funds City General Fund (\$353,293)	Contracted	St. Barnabas Senior Center of Los Angeles C-130216
Home Delivered Meal Program	Northside ASA	156.120 meals per day 97 new clients 389 unduplicated clients 38,874 meals over 249 days	\$324,597	Grant Funds City General Fund (\$39,965)	Contracted	St. Barnabas Senior Center of Los Angeles C-130216
Home Delivered Meal Program	Mid Valley ASA	171.0 meals per day 50 new clients 150 unduplicated clients 42,588 meals over 249 days	\$333,436	Grant Funds City General Fund (\$134,483)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Home Delivered Meal Program	Northeast Valley ASA	181.0 meals per day 50 new clients 165 unduplicated clients 45,072 meals over 249 days	\$353,602	Grant Funds City General Fund (\$144,826)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Home Delivered Meal Program	Northwest Valley ASA	201.3 meals per day 50 new clients 190 unduplicated clients 50,124 meals over 249 days	\$401,377	Grant Funds City General Fund (\$169,616)	Contracted	San Fernando Interfaith Council, Inc. C-130172

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Home Delivered Meal Program	Southeast Valley ASA	127.3 meals per day 130 unduplicated clients 50 new clients 31,698 meals over 249 days	\$250,079	Grant Funds City General Fund (\$101,058)	Contracted	San Fernando Interfaith Council, Inc. C-130172
Home Delivered Meal Program	Central Business District ASA	41.03 meals per day 8 new clients 42 unduplicated clients 10,218 meals over 249 days	\$79,902	Grant Funds City General Fund (\$32,693)	Contracted	Single Room Occupancy Housing Corp. C-130300
Home Delivered Meal Program	Harbor ASA	133.42 meals per day 250 unduplicated clients 107 new clients 33,222 meals over 249 days	\$277,403	Grant Funds City General Fund (\$124,076)	Contracted	Wilmington Jaycees Foundation, Inc. C-130191
Home Delivered Meal Program	Central ASA	193.1 meals per day 200 new clients 500 unduplicated clients 48,078 meals over 249 days	\$401,453	Grant Funds City General Fund (\$181,296)	Contracted	Watts Labor Community Action Committee C-130221
Home Delivered Meal Program	S. Los Angeles ASA	210.31 meals per day 300 new clients 300 unduplicated clients 52,366 meals over 249 days	\$437,259	Grant Funds City General Fund (\$197,466)	Contracted	Watts Labor Community Action Committee C-130223
Congregate Nutrition Program Administration	Citywide	968 Nutrition Education presentations 968 Site Monitoring units 64 In-Service Trainings 250 Menu Development 1,648.584 Technical Assistance	\$203,701	Grant Funds	Contracted	CNS-RQA-CA, Inc. C-130222

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Home Delivered Meal Program Administration	Citywide	4,124 Nutrition Education presentations 370 Route Monitoring units 686.2 Service Position (Nutritional Analysis) units	\$103,604	Grant Funds	Contracted	CNS-RQA-CA, Inc. C-130222