



My Emergency Plan

<http://www.planetready.com/plan>

Follow our simple step-by-step process to get you and your family prepared for any disaster.
This plan builder will help you gather the information and supplies needed.

5 Step Checklist

	Step 1: Plan to stay in touch
	Step 2: Emergency contact information
	Step 3: Plan to meet up and shelter
	Step 4: Make a survival kit
	Step 5: Plan to share, practice, train, and review

Tip: Before you begin

Gather as much information as possible, including the following:

- Where you will meet short and long-term
- Contact information for household members
- Contact information for local emergency services
- Contact information for insurance companies
- What supplies you already have



Step 1: Plan to stay in touch

Household members

Name		Name	
Cell #		Cell #	
Home #		Home #	
Work #		Work #	
Notes		Notes	
Name		Name	
Cell #		Cell #	
Home #		Home #	
Work #		Work #	
Notes		Notes	
Name		Name	
Cell #		Cell #	
Home #		Home #	
Work #		Work #	
Notes		Notes	
Name		Name	
Cell #		Cell #	
Home #		Home #	
Work #		Work #	
Notes		Notes	
Name		Name	
Cell #		Cell #	
Home #		Home #	
Work #		Work #	
Notes		Notes	



Step 2: Emergency contact information

Emergency contacts

Police:
Fire:
Doctor:
Power company:

Insurance information

Insurance type	Policy number	Phone number
Home		
Health		
Auto		
Life		



Step 3: Plan to meet up and shelter

Local meeting locations

<u>First choice:</u>	
Name	
Phone #	
Address	
Notes	
<u>Second choice:</u>	
Name	
Phone #	
Address	
Notes	
<u>Third choice (public location):</u>	
Name	
Phone #	
Address	
Notes	

Remote meeting location

Name	
Phone #	
Address	
Notes	



Step 4: Make a survival kit

	Water (bottle/jug)
	Food (canned/non-perishable)
	Can opener (manual)
	Pet food (and medication)
	Flashlights/lanterns
	Batteries
	Matches
	Portable chargers (solar, stored)
	First-aid kit
	Medical items (prescriptions, etc.)
	Blankets
	Clothing
	Baby items (clothes, food, diapers, etc.)
	Local maps
	Garbage bags
	NOAA weather radio
	Plastic sheeting
	Duct tape

Long-term supplies

	7-14 day supply of food and water
	Cash, traveler's checks, change
	Emergency first-aid reference materials
	Sleeping bags/warm blankets
	Household chlorine bleach (and medicine dropper)
	Fire extinguisher
	Personal hygiene supplies and feminine products
	Mess kits, paper cups/plates, plastic utensils, paper towels
	Paper, pencils, pens
	Entertainment items



Step 5: Plan to share, train, and prepare

	Share plan with family and friends http://www.planetready.com/plan	
	Free disaster/preparedness training http://www.planetready.com/train	The best way to prepare is to train for real-life disaster scenarios. Now is the time to start!
	Purchase supplies http://www.planetready.com/shop	We offer emergency supplies for home, office, school, dorm, pets, and more!

Tip: What's next?

Now is the time to start helping others in your community! Share the Planet Ready “plan” page with your family, friends, neighbors, and local officials. Prepare to coordinate as a community so you know what to do when disaster strikes. By following through on your plan, you will be prepared to mitigate damage to property, and more importantly, save lives.



Visit www.planetready.com to learn more!