

### Program Description

The Campus Program serves up to 109 children ages 12-19. It is comprised of five cottages: two all-male residences and three all-female residences. Campus provides safe, structured care for children and adolescents who have a demonstrated history of trauma and behavioral problems that interfere with their functioning in community settings. Campus assists children in improving their level of functioning while developing skills to help them move toward becoming positive members of their communities.

The primary objective of CVCA's Campus Program is to successfully reintegrate the child into his/her family and/or community. This is accomplished by drawing on the strengths and resources of each child, in partnership with his or her family, to develop and achieve goals that lead to positive outcomes.

CVCA uses a trauma informed; strengths based approach that allows the child to take an active role in creating his/her goals. It is supported by the fundamental belief that children and families have the ability to overcome adversity and succeed in their goals.



### Program Highlights

#### *Dialectical Behavior Psycho-Educational Skills Groups*

- Give children the tools necessary to regulate emotions, control self-destructive behaviors and improve interpersonal relationships. Teaches children new skills to manage emotions more effectively, allowing them to be in control of their behaviors, as opposed to being out of control.

#### *Comprehensive Education Program*

- Licensed Private Academic School aligned with all PA Department of Education Standards.
- All English, Mathematics, Science, and Social Studies courses align with common core standards; courses are also provided in Language, Art, Music, Health/Physical Education, and Horticulture.

#### *Family and Community Engagement*

- Children participate in community programs such as AIC, Mother's in Charge, BEBASHI, and La Salle University Tutoring.
- Families are encouraged to participate in their child's program beginning on their first day. Families are encouraged to join in meetings, assist in the development of services planning and discharge, as well as meet one to one with social workers in the home.



## Program Highlights (cont.)

### Assessment

- Upon admission, children receive the following assessments:
  - ◊ Trauma Index
  - ◊ Drug and Alcohol
  - ◊ Variety of Education Assessments
  - ◊ Safety Assessment and Planning
  - ◊ Comprehensive Medical Exam

### Life Skills Learning

- Life skills training is provided in the natural routine and setting of the cottage. These skills include personal hygiene and self-care, room and clothing care and maintenance, budgeting and banking, work skills and other areas of social and self-competency. Residential team members work together to plan gender specific, co-ed, and age-related small groups, and individual and unit activities.

### Campus Community

- Residential care programming is located on a sprawling 100 acre campus, inclusive of a working farm and historic buildings.
- Children have opportunity to participate in the following Campus Activities:
  - ◊ League Basketball Team
  - ◊ Spring Formal
  - ◊ Talent Shows
  - ◊ Biking and other outside recreational activities
  - ◊ Organized Community events
  - ◊ Campus Newsletter
  - ◊ Campus Council

### Exclusionary Criteria

- Documented fire setting behaviors
- Active psychosis
- History of sexual assault
- Moderate to profound cognitive deficiency



### Mission

Carson Valley Children's Aid is dedicated to delivering services to children, youth and families that ensure their safety, build on their strengths, honor their differences and empower them to achieve their goals for success in life.

### Vision

For children, youth and families to realize their potential and thrive.

### Guiding Principles

Optimism	Unity
Inclusiveness	Trust
Compassion	Accountability

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Funding Provided by:  
Philadelphia Department of Human Services

## Referrals

To refer a child please call:

215.233.1960 ext. 214

CVCA does not discriminate in its programs or activities on the basis of race, color, national or ethnic origin, ancestry, age, religion, disability, sex or gender, gender identity and/or expression, sexual orientation, military or veteran status, or genetic information.