

Supervised Independent Living

Carson Valley Supervised Independent Living Program (SIL) is designed to assist youth with transitioning to independence by providing guided daily living experiences in the community.

Intended Outcomes

- Develop youths' self-confidence and positive self-concept;
- Increase youths' knowledge of basic survival skills;
- Increase youths' social and leadership skills;
- Support educational enrollment;
- Enhance job related skills and career development;
- Develop family, community and pro-social peer supports; and
- Strengthen life skills.

Program Highlights

- Youths live in apartments that are leased by CVCA. Rent and utilities are paid for by CVCA. Furniture, equipment and supplies are provided.
- Monthly food and personal needs stipends are provided.
- Monthly Transpasses are provided.
- Individual and group life skills development sessions;
- Weekly, face-to-face counseling sessions;
- Guidance for employment and educational choices;
- Referrals to community based services;
- Monitoring of medical and dental care; and
- Parenting education.

Referral Criteria

- Adjudicated Dependent and referred by a County Children and Youth agency;
- At least seventeen years old;
- Have been granted a board extension by the County agency if age 18 or older;
- Applied to or involved in an educational or vocational program;
- A positive adjustment and performance in their current placement;
- The ability to set reasonable goals and objectives;
- Registered with the Achieving Independence Center if a resident of Philadelphia County;
- A history of at least one positive paid work experience;
- Established a savings account; and
- A positive life skills assessment.

Exclusionary Criteria

- Difficulty getting up independently in the morning
- Unable to use public transportation
- Active drug and/or alcohol use
- Active fire setter
- Actively suicidal or homicidal
- Currently psychotic





Mission

Carson Valley Children's Aid is dedicated to delivering services to children, youth and families that ensure their safety, build on their strengths, honor their differences and empower them to achieve their goals for success in life.

Vision

For children, youth and families to realize their potential and thrive.

Guiding Principles

Optimism
Inclusiveness
Compassion

Unity
Trust
Accountability

To refer a youth, please call:
215.225.2649 ext. 132

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Philadelphia, PA 19132
www.cvca-pa.org



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CVCA does not discriminate in its programs or activities on the basis of race, color, national or ethnic origin, ancestry, age, religion, disability, sex or gender, gender identity and/or expression, sexual orientation, military or veteran status, or genetic information.