

### Carson Valley Children's Aid (CVCA)

Transitional Housing Program is designed to assist homeless individuals with successfully transitioning to independence by providing guided daily-living experiences in the community. Participants will learn how to maintain a household, find and hold a job, shop and prepare nutritious meals, budget, and use community resources effectively.

There are two phases in CVCA's Transitional Housing Program. The total length of time that an individual can participate in the program is two years.

In **Phase I**, participants reside in one of three shared houses for a period of no longer than one year, and shorter whenever possible. One house is for pregnant or parenting youth and two are for non-parenting youth. The houses are supervised by a live-in Residential Advisor who provides daily support and guidance to participants.

In **Phase II**, participants live in leased apartments that are chosen jointly by the participant and the agency. The participants are expected to co-sign the lease with an identified landlord or realtor. CVCA's Transitional Housing program assists with rent and utility payments for up to one year.

### Target Population and Referral Sources

CVCA's Transitional Housing Program is for homeless youth discharged from the child welfare system. Referrals are accepted from emergency shelters funded by Philadelphia's Office of Emergency Shelter and Services (OESS) and the Philadelphia Department of Human Services. Self referrals are also accepted.

### Services Provided

- Housing Assistance
- Food and Transportation Assistance (Phase I)
- Referral and Linkages
- Life Skills Training on:
  - ⇒ Household management - cooking, cleaning, organizing
  - ⇒ Employment skills - developing a resume, interviewing, job retention skills
  - ⇒ Money management - banking and budgeting
  - ⇒ Parenting - understanding child development, nurturing, safety
  - ⇒ Accessing community resources

### Principal Goals

- Assist with securing permanent housing
- Develop life skills
- Teach positive parenting
- Increase access to community resources
- Promote job retention



### Program Requirements

Participants in the program must agree to:

- Abide by the rules of the shared homes/lease agreements
- Contribute to household expenses
- Develop and follow a service plan
- Meet with a Life Skills Coordinator weekly
- Participate in education/support groups
- Seek and maintain employment
- Remain drug and alcohol free
- Practice non-violence

### Eligibility Criteria

- Between the ages of 18-25
- Verification of homelessness

### Exclusionary Criteria

- Active drug and/or alcohol use
- Current psychosis

### Mission

Carson Valley Children's Aid is dedicated to delivering services to children, youth and families that ensure their safety, build on their strengths, honor their differences and empower them to achieve their goals for success in life.

### Vision

For children, youth and families to realize their potential and thrive.

### Guiding Principles

Optimism	Unity
Inclusiveness	Trust
Compassion	Accountability

### To make a referral, please call

215.225.2649 ext. 180

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