Photos on front and back cover showing extensive renovations at Somenos House thanks in part to funding from BC Housing.

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**COWICHAN WOMEN AGAINST VIOLENCE**

Providing a full circle of support.

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**CWAQ Society Funders & Government Partners**

- Canadian Women's Foundation
- BC Housing
- CIVR

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**Men Choose Respect Program**

- Engaging men who want to change their use of abuse and base their relationships on safety and respect in the future.
- 27 received services
- 16 men attended groups, 14 men completed the program requiring attending

**Community-based Victim Services**

- Offers assistance to victims of emotional, physical or sexualized abuse and/or violence.
- 369 new clients this year
- With an ongoing caseload of 3102

**Crime Victim Assistance Counselling**

- Specialized counselling to assist women deal with the impacts of crime.

**Holding Your Own (HYO) Drop-In Support Group**

- Drop in educational workshops for women experiencing violence.

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**Somenos Transition House**

- Provides emergency shelter and support for women (with or without children) needing safety from violence and abuse.
- 122 sheltered this year
- 88 women & 34 children

**Horizons Pre-Employment Program**

- 17% of participants obtained sustainable employment
- “Horizons has been a safe and welcoming community to help me see my potential and become healthy and stronger.” – Horizons client

**Children and Youth Counselling**

- Provides one-to-one trauma counselling for children and youth along with parenting support.
- 104 received t:1 counselling services
- 15 parents, 89 children

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**Teen Healthy Relationship**

- Program delivered to teens in schools exploring healthy relationships.

**Rise-Up Youth Support Group**

- Support group for youth ages 14-18, who have experienced sexualized violence.

**Strengthening Families Group**

- Group that explores how violence affects our children and our ability to parent.

**Marvellous Moms Group**

- Therapeutic group for women to examine how violence has impacted them and their roles as moms.

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**Crime Victim Assistance Counselling**

- Specialized counselling to assist women deal with the impacts of crime.

**Holding Your Own (HYO) Drop-In Support Group**

- Drop in educational workshops for women experiencing violence.

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**Homeless Prevention Program**

- Program aimed at providing women who have experienced violence with rent supplements to help them access stable rental housing in the private market.
- 90% in direct financial shelter supports provided this year
- $56,419

**Betty Crocker**

- “Without your help in maintaining a home for myself and my children, they may not have been able to come home.” – Homeless Prevention program client

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**Somenos Transition House**

- Provides emergency shelter and support for women (with or without children) needing safety from violence and abuse.
- 122 sheltered this year
- 88 women & 34 children

**Horizons Pre-Employment Program**

- Pre-employment program for women who face barriers to employment because of past experiences of trauma and abuse.
- “I am extremely grateful for the care and support my child and I received while we stayed here. We were able to find peace and hope again in our lives.” – BH resident

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**216 women received STV counselling services**

**32 women remain on waitlist**

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**Photos on front and back cover showing extensive renovations at Somenos House thanks in part to funding from BC Housing.**
**2017-2018 CWAHV SOCIETY FINANCIALS**

<table>
<thead>
<tr>
<th>Statement of Revenues and Expenditures</th>
<th>Year Ended March 31, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
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<tr>
<td>Government funding</td>
<td>$1,349,732</td>
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<tr>
<td>Non-government funding</td>
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<td>Miscellaneous</td>
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<td>Donations</td>
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<td>Fundraising</td>
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<td><strong>1,624,164</strong></td>
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<td><strong>EXPENSES</strong></td>
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<td>Advertising</td>
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<td>Amortization</td>
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<td>Automotive</td>
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<td>Bank charges and interest</td>
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<tr>
<td>Client support</td>
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<td>Communication and IT</td>
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<td>Contractual services</td>
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<td>Dues and subscriptions</td>
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<td>Equipment rentals</td>
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<td>Interest on long term debt</td>
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<td>Property taxes</td>
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<td>Repairs and maintenance</td>
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<td>Travel</td>
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<td>Wages and benefits</td>
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<td><strong>1,998,203</strong></td>
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<tr>
<td><strong>EXCESS OF REVENUE OVER EXPENSES</strong></td>
<td><strong>$25,861</strong></td>
</tr>
</tbody>
</table>

*See CWAHV Society’s 2017-2018 Financial Statement prepared by Grant Thornton for complete details.

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A special thank you…

To the following donors, whose generous financial donations have had a significant impact on CWAHV Society’s ability to support women and their families dealing with the impacts of abuse and violence.

M.E.M. Holdings in Memory of Ken McKinnon
Brenda Gibson - Wawanesa Insurance
John Van Barneveld in memory of Anna & Otto VanBarneveld Sr.
Royal LePage Shelter Foundation
Island Ford
David Chadwick

“Sheel abuse is the first part of the journey to freedom. After you escape, you are running but with nowhere to run to, it’s exhausting and seemingly impossible. So I found my way to CWAHV Society. I was wanting to be fixed, seeking help, seeking safety. And that’s what I got, a safe place.”

— Excerpt from CWAHV Society client’s speech at this year’s Gala Fundraiser

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2018 ANNUAL REPORT

**FROM THE EXECUTIVE DIRECTOR AND BOARD CHAIR**

Last July, Cowichan Women Against Violence Society took possession of our building at 246 Evans Street. We have a new-to-us and beautifully renovated permanent home. It is providing us with the space to offer our services with flexibility and sensitivity. It is a welcome change for us to be in a facility that supports our work and the staff.

Somenos House also underwent extensive renovations over the past year. The house was reconfigured to better support the work of staff. Residents have additional amenities and space for more confidential interaction with staff.

Change is constant and every once in a while, that change becomes transformative, setting someone on a new and healthier path. The board and staff of CWAHV Society are in awe of the resilience and courage of the women we serve. Many have had horrendous experiences of abuse and violence. We get to accompany them for a small part of their healing journey.

More women are finding housing with support of our Homelessness Prevention Program. Having a safe and secure place to live, in and of itself, is transformative. Housing has been a springboard for women to find work, to start education programs and to reconnect with their children.

More women are also gaining employment through the Horizons programs and moving forward in their healing journey through our counselling and Victim Service work.

The past year saw the addition of Men Choose Respect, a program for men who have used violence in relationship and who want to learn to be different. We were particularly excited about the high percentage of men referred by their partners. Men reported becoming better listeners, being more patient, approaching situations differently and learning to be positive and calm.

With gratitude,
Jane Sterk, Executive Director on behalf of the staff of CWAHV Society
Anne Hilker, Chair on behalf of the Board of Directors