

## Healthcare Support

### MEMORY SERVICE

Provides the first step in the assessment process, including an appointment with a psychiatrist and possible referral to other agencies.

**Referral by:** GP or psychiatrist

### COMMUNITY MENTAL HEALTH NURSING TEAM

Provides an ongoing assessment of, and support for, the person with mental health/memory problems and also supports carers/families.

**Referral by:** GP

### PSYCHIATRIST

Provides medical supervision for the person with mental health/memory problems if required, and gives diagnosis of specific condition.

**Referral by:** GP

### CRUG WARD, BRECON HOSPITAL

A mental health ward for older adults. Provides assessment for patients with specific nursing care needs.

**Referral by:** Community Mental Health Team

### CRUG DAY HOSPITAL, BRECON HOSPITAL

Provides multi-disciplinary mental health/dementia assessments for a set period – transport available.

**Referral by:** Community Mental Health Team

### OCCUPATIONAL THERAPIST

Provides assessment and advice for practical day-to-day activities at home.

**Referral by:** Healthcare professional

### INDEPENDENT ADVOCATE

Provides advocacy for those with mental health/memory problems, ensuring human rights and dignity are upheld and respected – guided by mental health legislation.

**Referral by:** Self or any other agency

**Call:** South Powys Mental Health Advocate Kirstie Morgan **01874 712496** or email **kirstie.morgan@wales.nhs.uk**

### CONTINENCE ADVISER

Provides a thorough assessment of continence problems and causes, and arranges suitable support and resources – home visits or out-patient appointments.

**Referral by:** Self or any other agency

**Call:** **01686 617237**

This leaflet was updated by:

**dementia  
matters**  
in Powys

St John's Family Centre, Pendre Close, Brecon LD3 9EA

email [info@dementiamatterspowys.org.uk](mailto:info@dementiamatterspowys.org.uk)

tel 01874 611723 | 07940 961006

[www.dementiamatterspowys.org.uk](http://www.dementiamatterspowys.org.uk)

# Do you or a family member experience memory problems?

**Are you aware of the services available in the Brecon, Crickhowell or Hay area?**

**This leaflet contains a list of LOCAL services which may be able to help you**



Leaflet information was obtained from each service and was accurate at the time of printing – January 2017.

## Social Services Support

### SOCIAL SERVICES TEAM

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A member of the Social Services team is available to talk to you about practical support at home, as well as day care and respite care.

**Referral by:** Self or any other agency

**Call:** 01874 623741 or visit [www.powys.gov.uk](http://www.powys.gov.uk)

### HOME CARE

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Supports people at home with washing, dressing, meal preparation and other practical issues, offering regular daily home visits.

**Referral by:** Social Services

### DAY CENTRE

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Provides social care and respite, with structured activities – transport available.

**Referral by:** Social Services

## Independent Agency Support

### ALZHEIMER'S SOCIETY

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Provides support specifically for people with dementia and their carers. Services include information, advice, befriending and advocacy.

**Referral by:** Self or any other agency

**Call:** Enid Edwards, Support Worker, on 01874 712083 or email [enid.edwards@alzheimers.org.uk](mailto:enid.edwards@alzheimers.org.uk)

### CROSSROADS CARE MID & WEST WALES

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Offers practical support, usually in the home, by

supplying trained carer support workers to help relieve the stresses experienced by carers.

**Referral by:** Self or any other agency

**Call:** 01874 610346 or email [ccpowys@crossroadsmww.org.uk](mailto:ccpowys@crossroadsmww.org.uk)

### CREDU (FORMERLY POWYS CARERS SERVICE)

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Provides free, confidential information, advice (including benefits) and advocacy to carers of all ages and runs support groups.

**Referral by:** Self or any other agency

**Call:** 01597 823800 or email [info@credu.cymru](mailto:info@credu.cymru)

### AGE CYMRU, POWYS

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Provides information, advice, advocacy and a toenail cutting service for older people living in Powys.

**Referral by:** Self or any other agency

**Call:** 01597 825908, email [enquiries@acpowys.org.uk](mailto:enquiries@acpowys.org.uk)

### CARE AND REPAIR

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Provides home adaptation or repair work for older or disabled people, for home owners or private tenants.

**Referral by:** Self or any other agency

**Call:** 01686 620760

### VOLUNTEER BUREAU

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Provides advice and recruits volunteers and runs Community Car scheme, Meals on Wheels and befriending service and Senior's Tea Club in Brecon.

**Referral by:** Self or any other agency

**Call:** Brecon 01874 625393 or Crickhowell 01873 812177

### FIRE & RESCUE SERVICE

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Gives free advice specific to people living with dementia and provides free smoke alarms and other equipment. The service is carried out by firefighters who are Dementia Friends.

**Referral by:** Self

**Call:** 0800 169 1234 to arrange a visit, hard of hearing text line 07756 847123 or visit [www.mawwfire.gov.uk](http://www.mawwfire.gov.uk)

### BRECON AND DISTRICT MIND

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Based in Brecon with outreach centres in Hay, Talgarth and Crickhowell. Supports mental well-being, recovery and learning. Provides information and advice and offers a range of supported creative activities, counselling and complementary therapy services. All staff are Dementia Friends.

**Referral by:** Self or any other agency

**Call:** 01874 611529, email [info@breconmind.org.uk](mailto:info@breconmind.org.uk) or visit [www.breconmind.org.uk](http://www.breconmind.org.uk)

### DISABILITY POWYS

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Help with completion of attendance allowance forms, blue badge, radar keys.

**Referral by:** Self or other agency

**Call:** Hayley Beavan, Access & Outreach Worker on 01597 824059 or visit [www.disabilitypowys.org.uk](http://www.disabilitypowys.org.uk)

### RED CROSS

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'Home from hospital' support and wheelchair loan service.

**Referral by:** GP or self

**Call:** 01874 610462, email [rdallen@redcross.org.uk](mailto:rdallen@redcross.org.uk)