

## Healthcare Support

### MEMORY SERVICE

Provides the first step in the assessment process, including an appointment with a psychiatrist and possible referral to other agencies.

**Referral by:** GP or psychiatrist

### COMMUNITY MENTAL HEALTH NURSING TEAM

Provides an ongoing assessment of, and support for, the person with mental health/memory problems and also supports carers/families.

**Referral by:** GP

### PSYCHIATRIST

Provides medical supervision for the person with mental health/memory problems if required, and gives diagnosis of specific condition.

**Referral by:** GP

### CRUG WARD, BRECON HOSPITAL

A mental health ward for older adults. Provides assessment for patients with specific nursing care needs.

**Referral by:** Community Mental Health Team

### CRUG DAY HOSPITAL, BRECON HOSPITAL

Provides multi-disciplinary mental health/dementia assessments for a set period – transport available.

**Referral by:** Community Mental Health Team

### OCCUPATIONAL THERAPIST

Provides assessment and advice for practical day-to-day activities at home.

**Referral by:** Healthcare professional

### INDEPENDENT ADVOCATE

Provides advocacy for those with mental health/memory problems, ensuring human rights and dignity are upheld and respected – guided by mental health legislation.

**Referral by:** Self or any other agency

**Call:** South Powys Mental Health Advocate **01874 624258**

### CONTINENCE ADVISOR

Provides a thorough assessment of continence problems and causes, and arranges suitable support and resources – home visits or out-patient appointments.

**Referral by:** Self or any other agency

**Call:** **01686 617237**

This leaflet was produced by:



[www.dementiafriendlybrecon.org.uk](http://www.dementiafriendlybrecon.org.uk)  
email [brecondfc@gmail.com](mailto:brecondfc@gmail.com) | tel 07946 445234  
facebook [dementiafriendlybrecon](https://www.facebook.com/dementiafriendlybrecon) | twitter [@Brecon\\_DFC](https://twitter.com/Brecon_DFC)

# Do you or a family member experience memory problems?

**Are you aware of the services available in the Brecon, Crickhowell or Hay area?**

**This leaflet contains a list of LOCAL services which may be able to help you**



Leaflet information was obtained from each service and was accurate at the time of printing – February 2015.

## Social Services Support

### SOCIAL SERVICES TEAM

---

A member of the Social Services team is available to talk to you about practical support at home, as well as day care and respite care.

**Referral by:** Self or any other agency

**Call: 01874 623741**

### HOME CARE

---

Supports people at home with washing, dressing, meal preparation and other practical issues, offering regular daily home visits. Assessment by a member of the Social Services team.

**Referral by:** Social Services

### DAY CENTRE

---

Provides social care and respite, with structured activities – transport available. Assessment by a member of the Social Services team.

**Referral by:** Social Services

## Independent Agency Support

### ALZHEIMER'S SOCIETY

---

Provides support specifically for people with dementia and their carers. Services include information, advice, befriending and advocacy.

**Referral by:** Self or any other agency

**Call:** Jean Nowell, Dementia Support Worker on **01874 712083** or [jean.nowell@alzheimers.org.uk](mailto:jean.nowell@alzheimers.org.uk)

### CROSSROADS CARE MID & WEST WALES

---

Provides practical respite services to support carers in their caring role. This is delivered by qualified and experienced care workers in the home setting – day services are available in several areas.

**Referral by:** Self or any other agency

**Call: 01874 610346** or email [ccpowys@crossroadsmww.org.uk](mailto:ccpowys@crossroadsmww.org.uk)

### POWYS CARERS

---

Provides free, confidential information, advice, (including benefits) and advocacy to carers of all ages. Runs support groups and provides an opportunity to make your voice heard.

**Referral by:** Self or any other agency

**Call: 01597 823800** or visit website [www.powyscarers.org.uk](http://www.powyscarers.org.uk)

### AGE CYMRU, POWYS

---

Provides information, advice, advocacy and a toe-nail cutting service for older people living in Powys.

**Referral by:** Self or any other agency

**Call: 01982 553436**

### CARE AND REPAIR

---

Provides home adaptation or repair work for older or disabled people – available for home owners or private tenants.

**Referral by:** Self or any other agency

**Call: 01597 824040**

### VOLUNTEER BUREAU

---

Provides advice on relevant support services and recruits volunteers in the community. Community Car scheme, Meals on Wheels and befriending service for Crickhowell area and Senior's Tea Club in Brecon.

**Referral by:** Self or any other agency

**Call:** Brecon **01874 625393** or Crickhowell **01873 812177**

### FIRE & RESCUE SERVICE

---

Gives free advice specific to people living with dementia and provides free smoke alarms and other equipment. The service is carried out by firefighters who are Dementia Friends.

**Referral by:** Self

**Call: 0800 169 1234** or **01792 705000** to arrange a visit

### BRECON AND DISTRICT MIND

---

Based in Brecon with outreach centres in Hay, Talgarth and Crickhowell. Supports mental well-being, recovery and learning. Provides information and advice and offers a range of supported creative activities, counselling and complementary therapy services. All staff are Dementia Friends.

**Referral by:** Self or any other agency

**Call: 01874 611529**