

ALL WORKING TOGETHER TO MAKE A DIFFERENCE



Dementia Awareness Week 15th-21st May 2016

Do we need more Dementia support in Brecon?

Yes! Then come along to find out more about setting up a Meeting Centre Support Programme to provide practical information, personal advice, emotional and social support for those living with dementia and their families

Thursday, May 19th
11am to 1pm
Theatr Brycheiniog

Do you know what is making Brecon a Dementia Friendly Community?

Join us at our Coffee, Cake and Chat morning to find out more:

Advice and information | Support for young onset dementia | Local activities | Volunteering opportunities | Involving young people

Friday, May 20th
10am to 1pm
Brecon Guildhall

www.dementiafriendlybrecon.org.uk

email brecondfc@gmail.com
Rhiannon Davies 07940 961006
Joan Brown 07533 768575



Working to become
**Dementia
Friendly**
2015-2016

supported by



Dementia Awareness Week

15th-21st May 2016

Most of us will be touched by dementia at some time during our lives and it is vital that we work together to remove the myths and stigma associated with the condition. We must raise awareness and understanding so that those living with dementia, and their carers, receive our understanding and support and are able to continue to be valued members of our community.

If you need help and support for you or a loved one or would like to learn more about dementia and the small things you can do to make a big difference to people in our community who are affected by dementia, please come along to one or more of the following:

- Monday 16th** **10.30-12noon** Music & Memories, The Muse
- Tuesday 17th** **10.30-12noon** Tea, Chat & Activities, MIND, Ty Croeso, St David's House
11-11.30am Pre-School Storytime Session, Brecon Library
10am-5pm Ageing Creatively: Workshops & Activities, Theatr Brycheiniog
- Wednesday 18th** **2-3pm** Dementia Friends Awareness Session, The Muse
- Thursday 19th** **11am-1pm** Public Meeting to explore potential for a Brecon Dementia Meeting Centre, Theatr Brycheiniog
1.30-2.30pm Mount Street Infants Storytime Session, Brecon Library
- Friday 20th** **10am-1pm** Coffee Morning/Advice & Information Event, Brecon Guildhall
2pm Brecon Area Dementia Friendly Community AGM, Brecon Guildhall
- Saturday 21st** **10am-4pm** Bag Packing to Raise Funds, Morrisons

Watch out for other activities during the week organised by local supporters.

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