

DEMENTIA RESEARCH WALES

NOVEMBER 2014, ISSUE 1



Have you asked your patients if they would be interested in taking part in a research study?

GREAT (Goal-oriented Cognitive Rehabilitation for People with Early AD and/or Vascular Dementia).

This is a randomized controlled trial of cognitive rehabilitation (home visits by a therapist helping to manage impact of memory difficulties on daily life versus control group receiving treatment as usual). People with mild dementia (MMSE 18+) and with a family carer or friend willing to take part may be suitable. They should be **within travelling distance of Bangor or Cardiff.**

<http://great.bangor.ac.uk>

Contact: Catherine Lawrence (North Wales); phone 01248 382356; email C.L.Lawrence@bangor.ac.uk or Clare Freestone (South Wales), phone 02920 716978; email FreestoneC@cf.ac.uk



AD GENETICS (Detecting Susceptibility Genes for AD).

Through DNA sample collection from many thousands of people with AD, genetic changes that increase (or decrease) risk of development of AD can be identified. People with AD (especially those under age 65 at onset) are asked to complete a brief cognitive assessment and to provide a blood sample. Members of the research team will arrange to visit people at home and are willing to travel **anywhere in Wales.**

<http://medicine.cf.ac.uk/cngg/participate-research/alzheimers-disease-research-team/>

Contact: Nicola Denning, MRC Centre for Neuropsychiatric Genetics and Genomics, Haydn Ellis Building, Maindy Road, Cardiff CF24 4HQ; phone 02920 743427; email jonesn15@cf.ac.uk

IDEAL (Improving the experience of dementia and enhancing active life).

This study will investigate how social and psychological factors affect how people adapt to the effects of dementia, with the aim of better identifying at what stage intervention can improve likelihood of living well with dementia. People with dementia (any type), living in their own homes, are being recruited in **Betsi Cadwaladr and Hywel Dda UHB**

<http://IDEALproject.org.uk>

Contact: Pam Martin-Forbes (North Wales); phone 01248 388719; email p.martin-forbes@bangor.ac.uk or Sue Thompson (South Wales); phone 01792 602538; email s.i.thompson@swansea.ac.uk



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DEMENTIA AND IMAGINATION
DEMENTIA A'R DYCHYMYG

This project focuses on individual and collective outcomes that can be observed within and beyond a therapeutic community, as a result of engaging a group of people with dementia, carers and staff in arts activities. The research focuses on how visual arts can change behaviours, beliefs and attitudes to create dementia friendly communities. Participants should have age related memory problems or dementia and be living in their own home or sheltered accommodation in **Denbighshire**.

<http://dementiaandimagination.org.uk>

Contact: *Catrin Hedd Jones, DSDC Wales, Bangor University, Ardudwy, Normal Site, Holyhead Road, Bangor, LL57 2PZ; phone 01248383050; email c.h.jones@bangor.ac.uk*



The Access to Timely Formal Care Study is a European research project that aims to analyse the pathways to care for people with dementia and their families, in an attempt to better understand the reasons for inequalities in access to healthcare and to identify best practice. The target population are those not currently receiving a significant amount of formal care, but who are considered likely to require increased assistance on account of their dementia in the following 12 months. People living in **Betsi Cadwaladr UHB** may be suitable for inclusion.

<http://actifcare.eu/>

Contact: *Bob Woods, DSDC Wales, Bangor University, Ardudwy, Normal Site, Holyhead Road, Bangor, LL57 2PZ; phone 01248 383719; email b.woods@bangor.ac.uk*



A Phase 3 26-week clinical trial designed to evaluate safety and efficacy of two fixed doses of the nicotinic agonist drug encenicline (EVP-6124) compared to placebo in patients with mild to moderate AD (MMSE 14-25). Patients should be currently receiving stable treatment with or have been previously treated with an acetylcholinesterase inhibitor. Patients must live within easy **travelling distance of Cardiff**, but transport to and from clinic visits (at University Hospital Llandough) can be provided.

<http://www.alzforum.org/therapeutics/encenicline>

Contact: *Heather Copeland, Academic Centre, University Hospital Llandough, Penarth CF64 2XX; phone 02920 716977; email copelandh@cf.ac.uk*

DEMENTIA RESEARCH WALES NEWS

The Caerphilly Collaborative Study (CaPS), originally set up by Peter Elwood in 1979, was the focus of a major conference in Cardiff on October 30th attended by over 500 delegates. The focus was on adoption of a healthy lifestyle and the benefits in disease-free survival and reduced cognitive impairment, with increasing numbers of healthy behaviours associated with about 60% reduction in development of dementia over 30 years. Had the two and a half thousand men in CaPS each been urged at baseline to adopt one additional healthy behaviour, and if only half them had complied, then during the following 30 years there would have been a 13% reduction in dementia.

North Wales NEURODEM Cymru Conference being held on 12th February 2015 in Reichal Hall, Bangor University. Please check for more information at <http://neurodemcymru.org/annual-conference.php.en>.

