Biographical Statement: My name is Regina Mays and I am running for County Commissioner. I am a native from Washington, DC and have been a Durham County resident for a little over 18 years now. My work in the community started about 16 years ago as a bus helper for Liberty Baptist Church. That encouraged me to get more involved in their outreach ministries that were presented for example helping with the Rescue Mission.

For the past three almost four years I had the opportunity to see and hear from residents and employees through out the City/ County government as a Recovery Coach(Substance Use Disorder). In this position I have had the pleasure to be present at the Mayor's Roundtable(2018/2019), Coalition for a Nonviolent Durham, serve as a board member for Recovery Community of Durham, speak on behalf of Durham CAN at City Hall, and Community Empowerment Fund (CEF) at Duke University. While also being highlighted in an article for CEF for working one on one with staff for my family to overcome homelessness in 2017. In 2018 I had the privilege to serve as PAC1 Secretary and now hold the position of Co- Facilitator, while I am also a member of the  Durham chapter of Alliance Health Care's Consumer and Family Advisory Committee (CFAC). We recently had the victory of the postponing changes to the Medicaid Assistance program due to the members submitting letters to governing bodies at the state level.

These experiences have helped  learn and observed things about Durham's history, politics, judicial system, educational system, agencies, nonprofits, and other businesses that are effected on a daily basis due to the policies and budgets set through the Board and other Advisory Teams throughout Durham County. So in closing I will strive to work if elected with 4 other elected officials to create a place where the moto is not just words said but words that live..."DURHAM COUNTY: A GREAT PLACE TO LIVE.WORK.THRIVE." FOR ALL.