

## **MY EIGHT CONDITIONS**

*Note: These 'Eight Conditions' were created as part of my Power of Attorney for Personal Care(Health) to assist my attorney and physician in completing my request of medical assistance in dying.*

**When I am unable to recognize and/or cognitively and adequately respond — with appropriate emotion and thought — to family members, care providers or friends; or**

**When I become persistently abusive — either verbally and/or physically; or**

**When I become frequently lost or wander without awareness or knowledge of my whereabouts; or**

**When I require physical restraints and/or a locked door facility; or**

**When I present the symptoms of acute depression or paranoia or melancholia or elective muteness; or**

**When I frequently experience visual, auditory, olfactory or tactile hallucinations; or**

**When I require assisted personal care because I am frequently incontinent; and/or**

**When I am unable to eat, clean or dress myself without assistance.**

*These are clear and definitive. When any one or more of these conditions is prevalent, then I want to die a medically-assisted death. At that point, I won't be able to competently communicate anything, since my brain will have lost most of its functioning. But my POA agent will be able to present my "condition" to my physician at the appropriate time as the reason to enact assisted dying as specified in my previously filed official request.*