

CO-OP VILLAGE NORC

465 Grand, 4th floor, NY, NY 10002 , 646-395-4510

CO-OP VILLAGE NORC WEEKLY EVENTS



NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>465 GRAND ST</u> 10:00 AM CHAIR YOGA 11:00 AM RELAX & EMPOWERMENT W/TOBI 10:30-12 NURSE WALK-IN 2:00 PM - BRIDGE 3:00 PM - GAMETIME RUMMYCUBE, SCRABBLE CHESS/CHECKERS <u>1ST & 3RD MONDAYS:</u> 1:00PM - SING A LONG 2:00PM- BINGO <u>2ND & 4TH MONDAYS:</u> 2:00 PM – REMINISCE W/BONNIE <u>477 FDR DRIVE</u> 1:30 PM MAH JONGG 3:00 PM ART W/BARBARA</p>	<p><u>465 GRAND ST</u> 10:30 AM - FALLS PREVENTION EXERCISE 12:00 PM PAR GROUP 1:00 PM – CURRENT EVENTS W/HELEN 2:00 PM – BRIDGE 3:00 PM – GAMETIME – RUMMYCUBE, SCRABBLE, CHESS/CHECKERS <u>477 FDR DRIVE</u> 2:30 PM – JEWISH TRADITIONS</p>	<p><u>465 GRAND ST</u> 10:30 AM – STRETCH, STRENGTH & MOVE W/ANDREW 11:30 AM – KNITTING 2:00 PM – BRAIN AEROBICS 3:00 PM GAMETIME – RUMMYCUBE, SCRABBLE, CHESS/CHECKERS <u>477 FDR DRIVE</u> 1:30 PM MAH JONGG</p>	<p><u>465 GRAND ST</u> 10:30 AM - NEEDLEPOINT WORKSHOP W/HARRIET 10:30 AM – FELDENKRAIS EXERCISE W/JEAN <u>THURSDAY SPECIALS:</u> <u>11/6, 13 & 20 – 2:15 PM</u> <u>TOTES TOGETHER – NORC MEMBERS & LES BETH JACOB SCHOOL 6TH GRADERS – MAKE YOUR OWN TOTE BAG W/6TH GRADE PARTNERS</u></p>	<p><u>465 GRAND ST</u> 1:15 PM - MOVIE & ICE CREAM 11/7 – TYLER PERRY'S THE SINGLE MOMS CLUB – COMEDY 11/14 – HEAVEN IS FOR REAL – DRAMA 11/21 – TRANSCENDENCE – SCI FI <u>NO MOVIE 11/28/14</u> 11-1 NURSE WALK-IN</p>



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**DIRECTED BY THE
BETH JACOB ART
TEACHER. ALL
SUPPLIES
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NOVEMBER 2014 SPECIAL EVENTS/SERVICES

CHANGES

MONDAYS, 11/3 & 11/17 METROCARD BUS – GRAND/PITT
11/3 & 11/17 – 1:00 PM SING A LONG W/KENDALL
11/3 & 11/17 – 2:00 PM – BINGO W/NED (NOW 2 TIMES)
11/10 & 11/24 – 2:00 PM – REMINISCE W/BONNIE
WEDNESDAY, 11/12 – 10:30 AM - BOOK CLUB – *ME BEFORE YOU* BY JOJO MOYES
THURSDAY, 11/20- NOVEMBER BIRTHDAY CELEBRATION AT WEINBERG – STARTS @ BREAKFAST
SUNDAY, 11/23 – FLEA BOUTIQUE 11-3, 477 FDR DRIVE

**BRAIN AEROBICS
EVERY WED.(EXC.
11/26)**
**REMINISCE
W/BONNIE – 2ND &
4TH MONDAY @
2PM**
**11/27/14 – CLOSED
FOR
THANKSGIVING**
**11/14/14 – NO
NURSE WALK-IN**



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Co-op Village NORC programs are funded in part by the NYC Department for the Aging.

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