

### Leadership Meeting Guide – Free Indeed

### Freedom for your Children’s Health

There is a sobering fact facing American children. One in three, thirty percent, of American kids are now suffering from one of the big four “A” childhood diseases. The diseases are asthma, autism, ADHD, and severe allergies. Many children who have one suffer from a combination of them which isn’t really surprising considering one of the root of the disease.

One third. One third of our children are sick. What is causing these epidemic rates? Leading medical Christian doctors and researchers are now linking it to our consumption of fossil fuels. Fossil fuels are now saturated in our American lifestyle. Whether it’s plastics, fuel for transportation, electricity consumption, or home and body care with harmful petro-chemicals, we are unknowingly exposing our kids and ourselves and husbands to hundreds of exposures each and every day. Yes, they are tiny exposures but when aggregated they become a real threat that is passed to our babies in the womb. We need to respond to protect our children.

### Speaker or Video program

**Our Father’s World** by Northland Church video (16:00 min), Pediatrician, Autism Specialist, OBGYN to discuss womb development

### Discussion questions

1. What do you think our Biblical call to care for God’s Creation?
2. What are a couple of things you are already doing to care for God’s creation?
3. As a mom, how does God’s precious love in the creation of a child make you feel?
4. God’s special preference for the most vulnerable, including children, is a consistent Biblical theme. Why might scripture place such an emphasis on care for the “least of these?”
5. Should we set some goals as a group to achieve together and hold each other accountable?
6. How can you share this information with friends and family in a way that will help them along their path of creation care?

### Additional resources

- **Healthy Creation = Healthy Children Bible Study**
- Visit **Moms Clean Air Force Toxic Chemicals Section** on Website, printout pamphlets from Mom’s Clean Air to hand out at meeting.

### Additional activities for off MOPs meeting week

Host the Healthy Creation = Healthy Children Bible Study. Start to change out toxic cleaners and body care products at home. Find out more information about toxic exposure and the effect on your health. A place to start is **TedX** website.

*For more information visit [creationcare.org](http://creationcare.org) – [momsleanairforce.org](http://momsleanairforce.org)*