

Leadership Meeting Guide – Find Your Fire

Protecting Your Nest

A Simple Toxin Free Home

Your job as Mom is to protect your children. That seems pretty simple but you could be inadvertently exposing your children to harmful chemicals. You are a careful shopper and have safety latches on the cabinets and that is still not enough. Your fire for your kids health has already been found, now make sure you know how to protect your kids from the chemicals in your home.

One third of American kids are now suffering from one of the big four “A” childhood diseases. The diseases are asthma, autism, ADHD, and severe allergies. One third of our children are sick. What is causing these epidemic rates? Leading medical Christian doctors and university researchers are now linking it to our consumption of fossil fuels. Fossil fuels are now saturated in our American lifestyle. Whether it’s plastics, fuel for transportation, or home and body care products with harmful petro-chemicals, we are unknowingly exposing our kids, ourselves and husbands to hundreds of exposures each and every day. Yes, they are tiny exposures but when aggregated they become a real threat that is even passed to our babies in the womb. We need to respond to protect our children.

Speaker or Video program

Public Health Official, Pediatrician, Autism Specialist, EEN Director of Women’s Ministries,

Discussion questions:

1. What do you think our Biblical call to care for God’s Creation is?
2. As a mom, how does God’s precious love in the creation of a child make you feel?
3. God’s special preference for the most vulnerable, including children, is a consistent Biblical theme. Why might scripture place such an emphasis on care for the “least of these?”
4. Should we set some goals as a group to achieve together and hold each other accountable?
5. How can you share this information with friends and family in a way that will help them along their path of creation care?

Additional resources

- [Healthy Creation = Healthy Children Bible Study](#).
- Visit [Moms Clean Air Force Toxic Chemicals Section](#) on Website. Order pamphlets from Mom’s Clean Air to hand out at meeting.

Additional activities for off MOPs meeting weeks

Host the Healthy Creation = Healthy Children Bible Study. Start to change out toxic cleaners and body care products at home. Find out more information about toxic exposure and the effect on your health. A place to start is [TedX](#) website.