

Trans/Queer Relief

- Trans/ queer relief assistance form: https://docs.google.com/forms/d/e/1FAIpQLSfO1Ws5YgKFMXKu9CSh_WUVCznssExW6bnJpom5JsP24XwCLQ/viewform
- Navigating COVID-19 and Chest Binding: Tips for respiratory health for Trans and Non-Binary people who bind their chest: <https://www.instagram.com/p/B9u3L6mjg8x/>
- The Coronavirus: What Trans People Need to Know: Creating a Plan of action for trans folk: <https://transequality.org/covid19>
- Queer Elder Hotline for Stress or Anxiety: SAGE, an advocacy & services group for LGBT Elders, has a national 24/7 hotline for elders if they are feeling stress or anxiety at 1-877-360-LGBT / 1-877-360-5428 more info here: <https://www.sageusa.org/coronavirus/>