

# Polycystic Kidney Disease (PKD) Symptom Checklist

TO BE USED IN DISCUSSION WITH YOUR DOCTOR

## What is PKD?

Polycystic kidney disease (PKD) is an inherited disorder in which clusters of cysts develop primarily within your kidneys, causing your kidneys to enlarge and lose function over time. It's not uncommon for people to have polycystic kidney disease for years without knowing it.

## Symptoms

PKD symptoms can include:



High Blood Pressure



Back or Side Pain



Headache



Feeling Full in the Abdomen



Increased Size of Abdomen Due to Enlarged Kidneys



Blood in Your Urine



Urinary Tract Infection



Kidney Infection



Kidney Stones



Kidney Failure



**Experiencing Symptoms?  
Bring this checklist to your doctor.**

## Consider seeing your doctor to discuss screening for this disorder

If you develop some of the signs and symptoms of polycystic kidney disease, consider seeing your doctor to discuss screening for this disorder. If you have a first-degree relative — a parent, sibling or child — with polycystic kidney disease, see your doctor to discuss screening for this disorder.

**More Information**  
[www.EndPKD.ca/About\\_Us](http://www.EndPKD.ca/About_Us)



**PKD FOUNDATION OF CANADA**  
FOR RESEARCH IN  
POLYCYSTIC KIDNEY DISEASE