



Behavioural Developmental Aide (BDA) Program - Futureways

Vision

The Ability4Good Early Birds program works with families to ensure all members can function in a way that encourages growth and enjoyment in all aspects of family life. We work with families in the home and community, to ensure consistency of skill development and generalization of skills for all family members. Recognizing that all families are different and require individualized support, one of our programs is to provide all family members the tools and knowledge to build their confidence in addressing the requirements of the child with special needs, as well as the family as a whole.

The service options within a BDA are as follows:

Child Development Facilitator (Aide) only support: In this option, supports are provided by the Child Development Facilitator (CDF) meeting directly with the Family on a weekly basis to work with the family on goals and objectives set forth in the SPPP.

Child Development Facilitator (Aide) combined with a clinician (i.e., OT, SLP, PT, Psychologist/Behaviour Consultant): In this option, supports are provided by a clinician and the CDF. The Clinician will provide a combination of Home/Community Visits (i.e. Minimum of 3 home visits in a 6 month period) paired with regular meetings at the office with the CDF (i.e., approximately once every 1 to 2 weeks) in order to guide and work on goals and objectives set forth in the SPPP. The Child Development Facilitator will meet with the family on a weekly basis to work on goals and objectives set forth in the SPPP.

Clinician Only (i.e., OT, SLP, PT, Psychologist/Behaviour Consultant): Clinicians will meet directly with the families (i.e., approximately once every 3 weeks) to work on and guide goals and objectives set forth in the SPPP.

The program also has available to parents the ***Triple P*** parenting training methodology aimed to help parent develop effective management strategies for dealing with their child's behavioral problems and developmental issues.



Within Triple P parents will learn: how to take care of themselves by improving personal coping skills and reducing parenting stress, how to use assertive discipline, how to develop a close relationship with their child, and how to teach children new skills and behaviours.

Clinical Team

The Clinical team works collaboratively with the family to set goals, and assist in the practicing of these strategies to assist in achieving the goals and objectives set forth as part of programming.

- A Child Development Facilitator provides the day to day support to the family with regards to implementation of SPPP goals and objectives through direct modeling as well as supporting the caregivers when they are working on implementation. CDF's also support the children's group that is offered as part of group sessions.
- Behavioural Development Aide (BDA) Program Coordinator oversees the programming of the Clinician and CDF's programming and the CDF coach only programming.
- Group Coordinator oversees the group programming as well as runs the parent group that is a part of the group sessions.

The following roles on the Clinical team are consultative and provide special expertise and guidance in their specific discipline.

- The Speech-Language Pathologist focuses on functional communication, social skills as well as play skills.
- The Occupational Therapist focuses on fine motor skills, activities of daily living/self-care, sensory and play skills.
- The Behaviour Consultant focuses on behaviour management, community participation and play skills.
- The Physical Therapist focuses on a child's gross motor development and how it affects daily functioning.

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The clinical team's hours are made up of both DIRECT and INDIRECT services.

Direct time includes:

- Home visits, Centre visits and Group sessions
- School and/or team meetings
- Phone calls or emails with parent(s) or guardian(s)
- Case Conference Meetings with the CDF

Indirect time includes:

- Travel time
- Phone calls or emails with FSCD, school team members, etc
- Program development (e.g., writing program plans and assessments, session planning, material preparation, etc.).

Developmental Behavioural Aide Service Provider's Program Plan (SPP)

The SPPP is developed with the team member(s), Caregivers, and FSCD. The plan may include the following areas;

- Communication
- Play and Social Skills
- Daily Living/Self-Care
- Regulation
- Behaviour
- Community Participation

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Play

Research shows that children learn best when they are engaged and are enjoying what they are doing. The more families play with their children, the more the children learn and interact with others. Although it may look like “just playing”, the time spent during play is opening a world of experiences that in turn, develop long lasting skills for both family and child. And it’s fun!

“Everything that your child needs to learn – social skills, vocabulary, language skills and even how to solve problems – can be learned through play.” (Sussman & Weitzman, 2014) and that is why Ability4Good uses a play based approach.

FSCD Agreement

New Families starting in the program are required to provide a signed copy (I.e., with both the parent(s)/legal Guardian(s) and the FSCD Director’s Delegate’s signature) **before** services can begin.

NEXT STEPS

Families interested in pursuing services with Ability4Good are required to complete the following steps;

1. Complete an Intake Form and return to Ability4Good.
2. Once the paperwork has been received, you will be placed on a waitlist.
3. When a spot is open in the Early Birds program, you will be contacted with a start date.
4. Ability4Good will contact your FSCD worker who will add services to yoUr contract and send you a copy to sign.
5. Once you sign the copy, it is to be returned to FSCD for a Director Delegate signature.
6. When you receive the completed copy, with all signatures, contact Ability4Good and your program will begin.

For information on Clinician Only Services, Child Development Facilitator combined with 1 and Group sessions:

Calgary: contact Nicole Morin (403) 262-9445 ext. 118, email: nicolem@ability4good.com

Edmonton: contact Allison Correia (780) 442-2470, email: allison@ability4good.com

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