FGM/C is known to be concentrated among the Kurdish community and the Sunni minority communities in Iran, largely in provinces located in the west and south of the country. Various studies across regions in Iran have found FGM/C prevalence ranging from 16% to 83% within the population sample. Type I FGM/C is the most common, although Type II has also been reported.

There is one study of FGM/C in Kuwait which estimates FGM/C prevalence at 38% among the study sample.

There is anecdotal evidence of FGM/C occurring in Bahrain, but the evidence available is scarce.

There is anecdotal evidence of FGM/C occurring in Qatar, but the evidence available is scarce.

There is anecdotal evidence of FGM/C occurring in Jordan, but the evidence available is scarce.

National data for Iraq estimates FGM/C prevalence of 7.3% among women and girls aged 15-49 in Iraq. The practice of FGM/C in Iraq is largely concentrated in the Kurdistan region. The most common type of FGM/C is Type I.

A 2012 study showed evidence of Ethiopian Jewish survivors of FGM/C living in Israel. There is evidence of past practice of FGM/C amongst Bedouin tribes, though recent studies indicate that this practice may have died out.

FGM/C is reportedly practiced throughout the country. A survey from the Ad-Dakliya province found that 95.5% of women from the sample had undergone FGM/C, while an earlier study of women living in the capital Muscat demonstrates a prevalence of 78% among women in that study. Type I and in some cases Type II FGM/C are reportedly practiced in Oman.

One survey found that 34% of women surveyed had been subjected to FGM/C. The specific type of FGM/C performed is not known.

FGM/C is reportedly practiced among women and girls from both indigenous and diaspora communities. A study from Bedouah found that 18% of women and girls surveyed had undergone FGM/C, while another study based in the Hali semi-urban region estimated prevalence within that survey sample at 80%. The most commonly reported procedures of FGM/C are Types I and II, though some cases of Type III FGM/C were also reported.