



ERIK'S CAUSE

*Kids like Erik are dying every week –
YOU CAN HELP!*

Help Stop the Choking Game

INFORMATION FOR PARENTS AND PROFESSIONALS

Judy Rogg, Director
1112 Montana Ave., #167
Santa Monica, CA 90403
310-467-6113
www.eriksc ause.org
eriksc ause@gmail.com

The Erik's Cause training is a non-graphic, skills-based module in a standardized format to help students, parents and communities understand the dangers of engaging in pass-out activities and specific strategies to avoid both this game and peer pressure in general.

The below can be downloaded at: <http://www.eriksc ause.org/downloads>

Overview Documents

- Fact Sheet
- Prevention Training Overview
- Los Angeles County Office of Education Newsletter Article
- Discussion Points (for Teachers and Parents)
- Training Material List

Recent Research

- UC Davis Medical Center Study, 2016
Evidence Based Research Supporting the Use of the Erik's Cause Training
- University of Wisconsin Study, 2015
The Choking Game and You-Tube: An Update

Data

- Data Drives a Compelling Narrative: Scope of the Pass-Out Epidemic and Results of the Erik's Cause Training
- Re-Phrasing Student Risk Assessment Survey Questions
Can Yield More Responses

Medical and Mental Health

- Information for Medical Professionals
- Information for Mental Health Professionals
- Questions to Help Discern Participation
- ICD-10-CM Activity Code for Choking Game Injuries

Suicide vs. Choking Game

- Suicide or Choking Game? Getting it Right!
- Utilizing the Psychological Autopsy in Asphyxial Death Investigation

Parents

- Parent Fear
- Understanding the Teenage Brain
- How to Talk with Your Teenager
- Seven Dangerous Games Parents Must Know About

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