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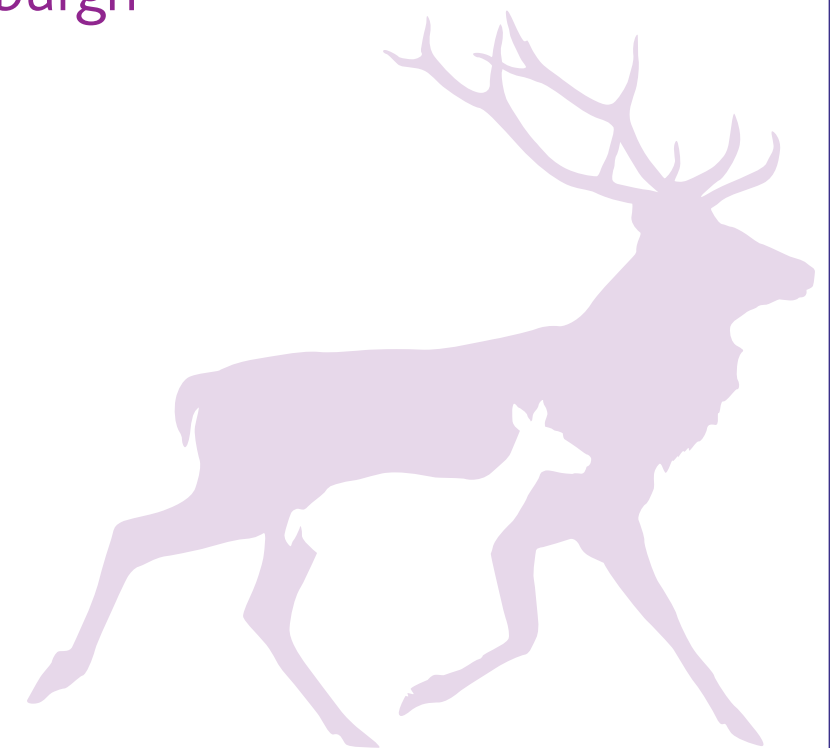
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HERE'S DAD

Father-inclusive services,
resources and support
for fathers in Scotland

Dr Gary Clapton
University of Edinburgh
April 2016



THE UNIVERSITY of EDINBURGH

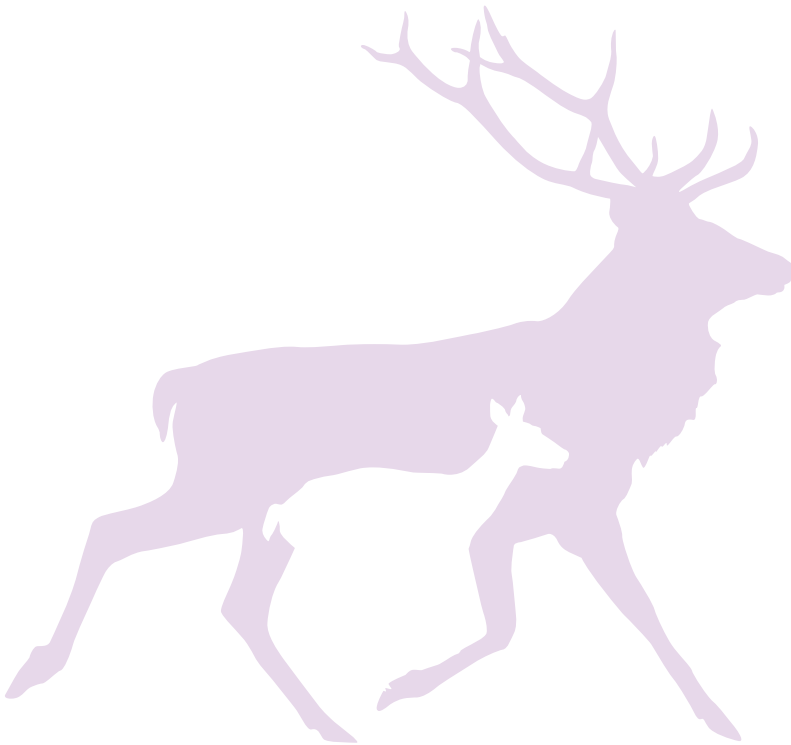
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Introduction

Very few family services would say they don't work with fathers. However, the vast majority of services do not offer a specific service for fathers. In 2007, of a sample of 382 Scottish services for parents, only three services were adapted to suit the needs of fathers. Less than a decade later, however, there's been a marked increase in awareness of the importance of including fathers.

How do we know this? In late 2015, Fathers Network Scotland set out to establish and publish the first comprehensive picture of resources for dads. With the assistance of Scottish Government researcher, Robert Little, we canvassed children and family services in the local government, health and third sector services throughout Scotland, along with other services known to us. And the results are cause for celebration.

Our survey found an over 900 per cent increase to more than 80 services, projects and agencies that in one way or another are either for dads, are dad-friendly or reach out to include dads. What is striking is the range and variety of aims and the fact that it includes not only national charities and councils but also local projects and self-help groups. And that's without capturing the unsung, unpublicised, day-to-day father inclusive practice that we know exists out there. We look forward to promoting these in the future.



Name	Website, email, phone, contact	What we do	Address
Who Let The Dads Out? Claremont - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ email: zachstich52@yahoo.com tel: 07778 527335	Providing an effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Claremont Parish Church High Common Road East Kilbride G74 4AU
Who Let The Dads Out? Dumfries - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ email: dumfriesbaptistchurch@gmail.com tel: 01387 253142	Providing an effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Dumfries Baptist Church Newall Terrace Dumfries DG1 1LW
Who Let The Dads Out? Ellon, Aberdeenshire - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ email: north@citychurchaberdeen.org tel: 01224 646424	Providing an effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Victoria Hall Station Road Ellon AB41 9AY
Who Let The Dads Out? Inverness - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ email: f.forbes@live.com tel: 07749 539981	Providing an effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Inshes Church Inshes Retail Park Sir Walter Scott Drive Inverness IV2 3TW
Working With Dads	www.workingwithdads.co.uk/ email: john@workingwithdads.co.uk tel: 07548 117 047	Providing training for the benefit of children and families, by giving practitioners working in frontline agencies the necessary skills and understanding, to work effectively with dads and male carers.	
X plus Y	Email: info@xplusy.co.uk	Promoting Healthy Relationships through Family Life Courses with Couples, Parents, Fathers	Inverness

'Here's Dad' has been commissioned to coincide with the Year of the Dad: launched by Fathers Network Scotland to celebrate the difference a great dad or father figure can make. It is the latest in a series of Fathers Network Scotland reports: others include 'Dad Matters' and the importance of father-proofing services ('Where's Dad Too?', now in its second edition to reflect the changes and good practice brought about by the first). 'Here's Dad' is a companion to the interactive map of fathers' services and resources that can be found at www.fathersnetworkscotland.org.uk

In two listings that follow, the first groups the resources we've been informed about according to the type of help offered, with examples, testimonials and case studies included. The second listing is organised alphabetically with contact details and a short description of the aims of the service.



Fathers to be

The psychological journey of pregnancy and childbirth can be a profound experience for both mothers and fathers. And we know that fathers are keener than ever to be involved with their babies around the time of birth. We also know that fathers who are engaged in pregnancy and birth are more likely to remain engaged in their children’s lives. This is a ‘golden opportunity’ to involve men more fully in their children’s lives.

CASE STUDY: Dad Matters, West Lothian

“D was initially referred to Dad Matters by his outreach support worker. He is a young dad to be. He became homeless in his late teens as he had a violent relationship with his parents, and he met his current partner in the homeless unit. After being in a relationship for a year, they had their first child, who was removed from their care months later due to concerns about their handling of her. As a result their daughter was placed in the care of D’s parents. D was devastated as he doesn’t have a positive relationship with his parents, but was keen to work with relevant professionals and more importantly still have contact with his daughter.

It was a few months later, when D had the news that his partner was expecting their second child, that he was referred to participate in Dad Matters. Prior to the group starting, the facilitators visited D at home a couple of times, which allowed him to get to know more about the programme and reduce any anxiety that he had before attending. D attended five out of six sessions. His reason for missing one of the sessions was that he and his partner had split up, but they remained on speaking terms for the sake of their children.

From his participation in the Dad Matters programme, I would say that D benefited most from the relaxation exercise at the end of each session along with the practical session, where he was honest about how anxious he felt holding his baby. Once D had completed the Dad Matters programme we were able to prepare him for attending Mellow Dads, a 14-week programme, run by one of the Dads Matters facilitators along with another practitioner. When D’s son was born he was removed and placed with a carer. D and his partner managed to resolve their differences and got back together. D has regular contact with both his children each week. D is currently half way through completing the Mellow Dads programme and is engaging really well.” (Dad Matters facilitator)

- ✓ Dad Matters
- ✓ West Lothian Dads2B

Name	Website, email, phone, contact	What we do	Address
South West Fife Family Nurture Hub	www.barnardos.org.uk/fifeservices.htm email: fifeservices@barnardos.org.uk tel: 01383 435 984	Offering a range of individual and group supports to fathers living in the South West Fife area.	South West Fife Family Nurture Hub 16 Cromarty Campus Rosyth Fife KY11 2WX
Stepping Stones North Edinburgh	steppingstonesnorthedinburgh.co.uk/ email: info@steppingstonesnorthedinburgh.co.uk tel: 0131 55116321	A voluntary organisation that provides support services to young parent families and pregnant women living in the North Edinburgh area. We aim to promote and support the social development and education of families with young children.	10 Wardieburn Rd Edinburgh EH5 1LY
Sure Start West Lothian	www.westlothian.gov.uk/surestart email: surestart@westlothian.gov.uk tel: 01506 774440	A range of services for dads of young children aged 0-3 years.	Suite 9 2nd Floor Lomond House Beveridge Square Livingston EH54 6QF
The Likely Dads - Care and Learning Alliance	www.careandlearningalliance.co.uk/guidance-support/parents-zone/for-dads-male-carers/ email: m.nairn@calachildcare.co.uk tel: 0774 8683116	All dads and male carers and their little ones are welcome and there's lots of fun on the menu as well as coffee for the adults! Cost: £1.50 per family. Meets on the 2nd and 4th Saturdays of every month in the hall.	Free North Church Hall 61 Culduthel Road Inverness IV2 4HQ
The Westhill Men's Shed	www.westhillmensshed.co.uk/ email: contact@westhillmensshed.co.uk tel: 01224 917345	Men's Sheds grew from the idea that men like spending time tinkering, repairing, and making things while socialising with others who have similar interests.	Hays Way Westhill AB32 6XZ
Us Together – Dundee - One Parent Families Scotland	www.opfs.org.uk/service/us-together-dundee/ email: cfsp@opfs.org.uk tel: 01382 819121	Meet other single fathers, activities and outings Information, advice and advocacy.	14 St Boswell's Terrace Dundee DD3 9PT
Us Together - Edinburgh - One Parent Families Scotland	www.opfs.org.uk/service/us-together-edinburgh/	Meet other single fathers, activities and outings Information, advice and advocacy	13 Gayfield Sq. Edinburgh EH1 3NX
Us Together - North Lanarkshire - One Parent Families Scotland	www.opfs.org.uk/service/us-together-north-lanarkshire/ email: eddie.obrien@opfs.org.uk tel: 07747 603037 or 01698 239961	Meet other single fathers, activities and outings Information, advice and advocacy	42 Civic Sq Motherwell ML1 1TP
Whitdale Dads Group	Email: margo.mccreight@westlothian.gov.uk	An opportunity for dads who have children under the age of 3 years to spend quality time with their children, to play and experience fun, new activities in friendly, child centred environments. The dads can socialise with other fathers.	Whitdale Family Centre 55B Whithead Rd Whitburn Bathgate EH47 8JU
Who Let The Dads Out? Aberdeen - Bible Reading Fellowship	www.wholetthedadsout.org.uk/	Providing an effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Deeside Christian Fellowship Church Binghill Drive Milltimber Aberdeen AB13 0JE

Name	Website, email, phone, contact	What we do	Address
Pater Patter	merrygoroundglasgow.co.uk/pater-patter-3/ email: christophergraeme@gmail.com tel: 0141 423 2299	Fathers can come along and have a coffee and a chat with other Dads and Dads-to-be, share experiences, support and encourage each other – and just hang out for a couple of hours!	34 Nithsdale Rd c/o Merry-Go-Round Glasgow G41 2AN
Playbase Training	playbase.org.uk email: info@playbase.org.uk tel: 0131 554 8873	At playbase, we teach mums, dads, grandparents, carers and playworkers all about the development of young children and the value of play. Our aim is to help our students achieve and grow.	Fort Community Centre 25 North Fort Street Edinburgh EH6 4HF
Postnatal Depression Borders	pndborders.org.uk/how-we-work/fathers-group/ email: info@pndborders.org.uk tel: 01896 751609	Based in Galashiels, our Service is available to anyone living in the Scottish Borders. Supporting families through individual counselling or art therapy, group art therapy, infant massage, parent/child support.	East Lodge Elm Row Galashiels TD1 3HT
Postnatal Depression Services - CrossReach	www.crossreach.org.uk/postnatal-depression-services-lothian-0 email: tessa.haring@crossreach.org.uk tel: 0131 538 7288	A CrossReach charity providing a service to families for over 20 years. Support for families where a mother or father is suffering from Postnatal Depression.	3 Boswall Rd Wallace House Edinburgh EH5 3RJ
Prestonpans Infants School	email: acameron@prestonpansinfant.elcschool.org.uk tel: 01875 810 028	Prestonpans Infants School ('Wee Pans') is strongly committed to two principles: that children learn best when parents/carers and school staff work together; and that dads need to be as involved as mums in their children's education.	West Loan, Prestonpans EH32 9NX
Promoting Roles of Father Figures (PROFF)	Contact: Gail McKillop Tel: 07795 090705	Based at St John Ogilvie High School and St John Ogilvie and Calderside Learning Communities. Working with CLHSP workers to develop programmes for male carers and their children. Group meetings take place on a monthly basis at Burnbank Family Centre.	Burnbank Family Centre 2 Donaldson St, Hamilton ML3 0NS
Reach Out Fathers	twitter.com/ReachOutFathers email: mail@reachoutfathers.org.uk	A voluntary organisation with Charitable Aims supporting fathers both locally and across Scotland, as well as campaigning for equality.	Edinburgh
Ready Steady Baby!	www.readysteadybaby.org.uk/dads/index.aspx	Find out everything you need to know about getting yourself as prepared as possible for becoming a dad and giving your baby the best start.	
Relationships Scotland	www.relationships-scotland.org.uk/ email: enquiries@relationships-scotland.org.uk tel: 0845 119 2020	Supporting fathers who are resident or non-resident parents, going through a separation or are divorced, living far from their children or are having difficulty continuing a relationship with their children due to a high level of parental conflict.	18 York Pl Edinburgh EH1 3EP
South Lanarkshire Community Learning And Home School Partnership	Email: fiona.robertson@southlanarkshire.gov.uk Tel: 01698 452214	Working to actively engage dads in the services offered by South Lanarkshire Council.	

New fathers

High quality (sensitive/supportive) and substantial father involvement during the months following birth are associated with a range of positive outcomes for babies and toddlers, including higher IQs at 12 months and 3 years.

"I have learnt a lot of things my wife didn't know, good for my confidence. It made me feel more of an equal partner and encouraged me to read further and discuss more with my wife. The course changed how I was as a dad. We did baby massage and I saw a day-old baby bathed. I was also advised to make bathing my job so it gave me purpose." (Participant, Dads2B)

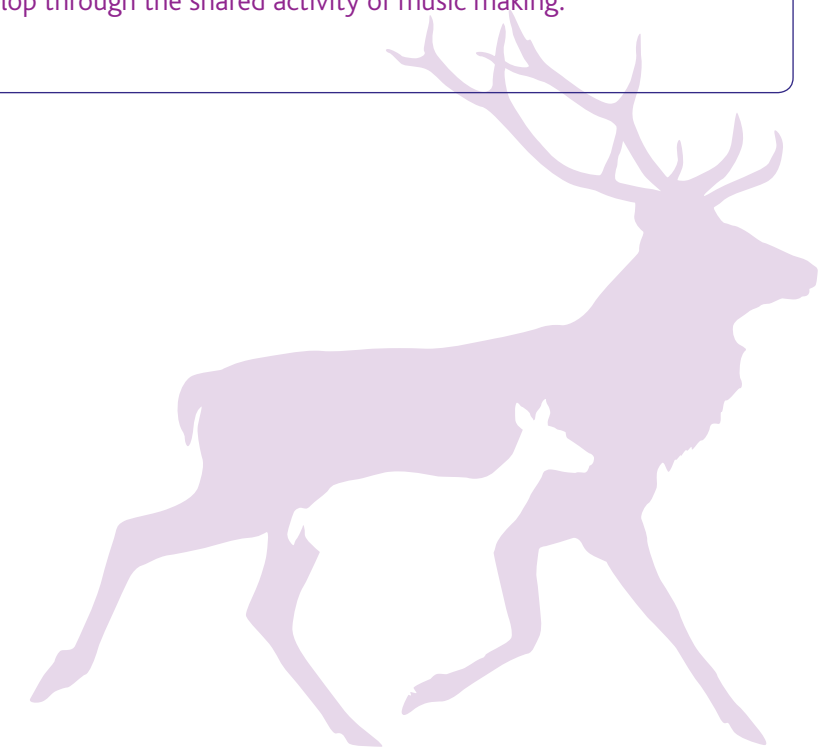
- ✓ Books for Babies
- ✓ Dads baby Massage - Sure Start West Lothian
- ✓ Dads2B - Midlothian Sure Start

Fathers at play and pre-school

Physically playful, affectionate and socially engaging father-child interactions at age 3-4 predict later popularity with peers, particularly when father and child take turns to make play suggestions and lead the play. School 'readiness' in young children is associated with high levels of paternal sensitivity.

"Erin was 2 months old when she first attended Happy Ears with her uncle. Erin's dad was working and her mum was having a well-earned lie-in (the only opportunity all week). Erin's Uncle was able to get to know little Erin and see her development over the next few months, he was thrown in at the deep end, taking care of nappy changes and feeds. It was a great opportunity for him to build confidence with this little person and see her develop through the shared activity of music making." (Facilitator, Happy Ears)

- ✓ Barrhead Man and Toddler group
- ✓ Busy Dads - Shetland Council

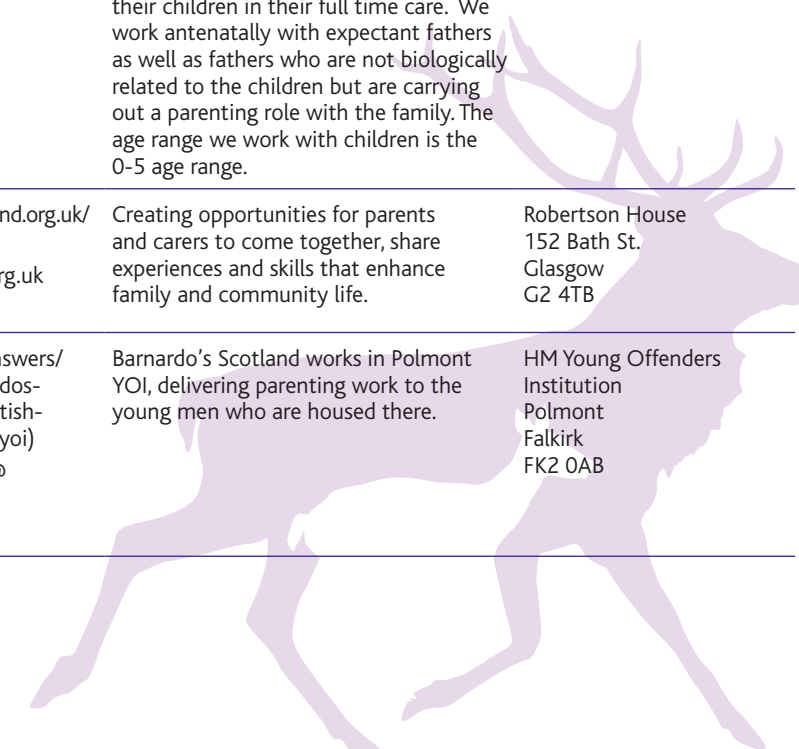


"For a while I suffered from really bad post-natal depression, and Dads Rock was a lifeline, it saved my marriage. It gave my husband time with our son, and me time to recover, sometimes I used to just lie in bed on a Saturday morning when they were at the group." (Mum, Dads Rock)

- ✓ Challenge Dad - Family Learning Aberdeen
- ✓ Clacks. Families Support Service - Action for Children
- ✓ Dads & Kids Group
- ✓ Dads Rock Scotland
- ✓ Dunfermline Dads
- ✓ Familyman Playgroup
- ✓ Happy Ears
- ✓ Home Link Family Support
- ✓ Likely Dads
- ✓ Livingston dads group
- ✓ Mellow Parenting
- ✓ Playbase Training
- ✓ Sure Start in West Lothian
- ✓ Whitdale Dads Group



Name	Website, email, phone, contact	What we do	Address
Mellow Parenting	www.mellowparenting.org/ email: enquiries@mellowparenting.org Tel: 0141 445 6120	a family of parenting and relationship programmes developed to support parents and their children in making good relationships.	Unit 4 Six Harmony Row Glasgow G51 3BA
Men in Child Care	www.meninchildcare.co.uk/ Tel: 0131 475 2333 (Edinburgh) Tel: 0141 374 2428 (Glasgow) e-mail: colin@meninchildcare.com	Children benefit from a male perspective. Fathers benefit because they have someone to relate to and may feel more at ease. A more gender balanced staff group offers different ways of looking at issues.	
Midlothian PEEP	www.midlothian.gov.uk/ info/200147/reading_and_reading_groups/1261/peep email: Sharyn.Crombie@midlothian.gcsx.gov.uk tel: 0131 271 3909	Accessible to all families and free. A typical Peep group would include songs, rhymes, storytelling and talk time offering opportunities and ideas of ways to interact with your child.	Midlothian
Midlothian Sure Start	midlothiansurestart.org.uk/ tel: 0131 654 0489	Committed to the provision of a quality support service to families with very young children in Midlothian.	14-15 Bogwood Court Mayfield Dalkeith EH22 5DG
North Glasgow Family Support - Action for Children	www.actionforchildren.org.uk/ in-your-area/services/early-years-and-family-support/north-glasgow-family-support/ tel: 0141 945 1653	A system of whole-family support, providing an intensive relationship and support to contribute to the wellbeing of families we work with.	61 Smeaton St Ruchill Glasgow G20 9JS
One Parent Families Scotland	www.opfs.org.uk/ email: info@opfs.org.uk tel: 0808 801 0323 tel: 0131 556 3899	Working to ensure that all families, particularly those headed by a lone parent, have the support, information and confidence needed to play a full part in Scotland's economic and social life.	13 Gayfield Sq Edinburgh EH 1 3HN
Outreach Support, West Lothian	www.westlothianhcp.org.uk/ article/2989/Early-Years-Services	Work with fathers who have minimal contact with their children, and fathers who are working towards increasing their contact with their children or having their children in their full time care. We work antenatally with expectant fathers as well as fathers who are not biologically related to the children but are carrying out a parenting role with the family. The age range we work with children is the 0-5 age range.	West Lothian
Parent Network Scotland	www.parentnetworkscotland.org.uk/ email: mailo@parentnetworkscotland.org.uk tel: 0141 9480022	Creating opportunities for parents and carers to come together, share experiences and skills that enhance family and community life.	Robertson House 152 Bath St. Glasgow G2 4TB
Parenting Matters – Barnardo's	www.i-hop.org.uk/app/answers/detail/a_id/614/~barnardos-parenting-matters---scottish-prison-service-(polmont-yoi) email: leonee.moorhead@barnardos.org.uk tel: 07919 993345	Barnardo's Scotland works in Polmont YOI, delivering parenting work to the young men who are housed there.	HM Young Offenders Institution Polmont Falkirk FK2 0AB



Name	Website, email, phone, contact	What we do	Address
Gilmerton Child and Family Centre	www.childrens-centre.co.uk/ tel: 07796 212 498 tel: 0131 664 1202	Free activities and outings for single fathers and their young children. This might be fathers who care for their children full time, or have contact with them a few hours a week.	66 Gilmerton Dykes St, Edinburgh EH17 8PL
Happy Ears	happyyearsscotland.wordpress.com/ email: happyyears@hotmail.co.uk tel: 07778 117333	For dads and male carers of babies and toddlers. Running fortnightly on Saturdays at the Calton Centre, Montgomery Street, EH7 5EP. There's a Baby session, 0-15 months, at 10am, and a toddler session 15-36 months (approx.) 12PM.	Edinburgh
Home Link Family Support	www.homelinkfamilysupport.org/ email: administrator@homelinkfamilysupport.org tel: 0131 661 0890	A befriending service for families with pre-school age children.	2 Easter Rd Edinburgh EH7 5AN
Home-Start Glasgow South	www.homestartglasgowsouth.org.uk/ email: theteam@homestartglasgowsouth.org.uk tel: 0141 570 8735	Children need a safe and happy environment in which to grow and develop. Early intervention provides support to vulnerable parents and helps them gain the necessary skills and confidence to give their children the best.	2025 Pollockshaws Rd Southside Glasgow G43 1NE
Improving Dads Engagement Partnership	Contact: Chris Mieztis, Email: chris.mieztis@fife.gov.uk Tel: 08451 55 5555, ext. 466752	Improving the knowledge, skills and confidence of practitioners in Fife to successfully engage male parents and carers. Establishing sustainable local strategies in Fife that are inclusive of fathers and male carers.	Fife
Just Play - Angus	Email: waldiejh@angus.gov.uk Tel: 07810 855740 or 01241 435018	Based on the importance of play, Just Play is a project working with parents that have a history of offending or where there is criminal activity within the family.	Bruce House Wellgate Arbroath DD11 3TS
Likely Dads - Nairn	Contact: Mairianne Nairn email: m.nairn@calachildcare.co.uk and	Baby and toddler groups that are exclusively for fathers/grandfathers/male carers and their pre-school children. 2nd and 4th Saturday of the month year round, 10.30am-12pm	Free North Church Inverness Bank Street, Inverness, IV1 1QU
Likely Dads - Dingwall	Contact: Issy Fowler email: i.fowler@calachildcare.co.uk	Baby and toddler groups that are exclusively for fathers/grandfathers/male carers and their pre-school children. 2nd and 4th Saturday of the month year round, 10.30am-12pm	Dingwall Baptist Church, Tulloch St, Dingwall IV15 9JZ
Livingston Dads Group	Email: lfc@westlothian.gov.uk Tel: 01506 775775	An opportunity for dads who have children under the age of 3 years to spend quality time with their children, to play and experience fun, new activities in friendly, child-centred environments. The dads can socialise with other fathers.	Livingston Family Centre Jackson Place Livingston EH54 6AE
Making Gender Equality Real	makinggenderequalityreal.org.uk/ tel: 0131 222 2440	Promoting the value and importance of involving fathers positively in their children's lives.	Princes House 5 Shandwick Place Edinburgh EH2 4RG

Fathers in school

High levels of interest and expectation by a father in his children's schooling and education, and his greater direct involvement in their learning, are associated with better exam/test/class results; higher levels of educational qualification; greater progress at school; better attitudes towards school; and higher educational aspirations.

"As a father, I am very proud of the school and am very, very much looking forward to the next couple of years that my son is here. The staff are very welcoming to dads all the time and know us all by name. You're on first name terms with them... it's the fact that they can go down to the parents' level whether you're a mum or a dad". (Dad, Prestonpans Infants School)

- ✓ Calderside Academy – Father Figures
- ✓ Dads and Kids Transition Activities in Biggar
- ✓ Dads and Kids Evenings – East Kilbride and Strathaven
- ✓ Prestonpans Infants School
- ✓ Promoting Roles of Father Figures (PROFF)

Non-resident fathers or fathers experiencing contact difficulties

The majority of children whose parents have separated continue to live with their mother. A majority of parents (77%) report face-to-face contact between a child and their non-resident parent (usually the father). Frequency of such contact is high with 89% of children who had a non-resident father and were currently in contact with him, seeing their father at least once a week (Growing Up in Scotland growingupinscotland.org.uk/).

CASE STUDY: Relationships Scotland

"Prior to mediation I had involved a solicitor to resolve the situation which I felt was my only option. But with the help of mediation I feel that matters have improved and after being able to have discussions and reach possible agreement I feel that I will be able to move forward without using a solicitor, which will make things easier for everyone especially in relation to communication.

The mediator was very professional in his approach as were other staff. The process has led to a positive dialogue and agreement between us both. We discussed further mediation but agreed we should try and resolve future issues by ourselves. I'm not saying it will be easy... Seeing my children regularly with no cancellation is all down to the service". (Client dad, Relationships Scotland)

- ✓ Families Need Fathers Scotland
- ✓ Outreach Support, West Lothian
- ✓ Relationships Scotland

Fathers in adversity

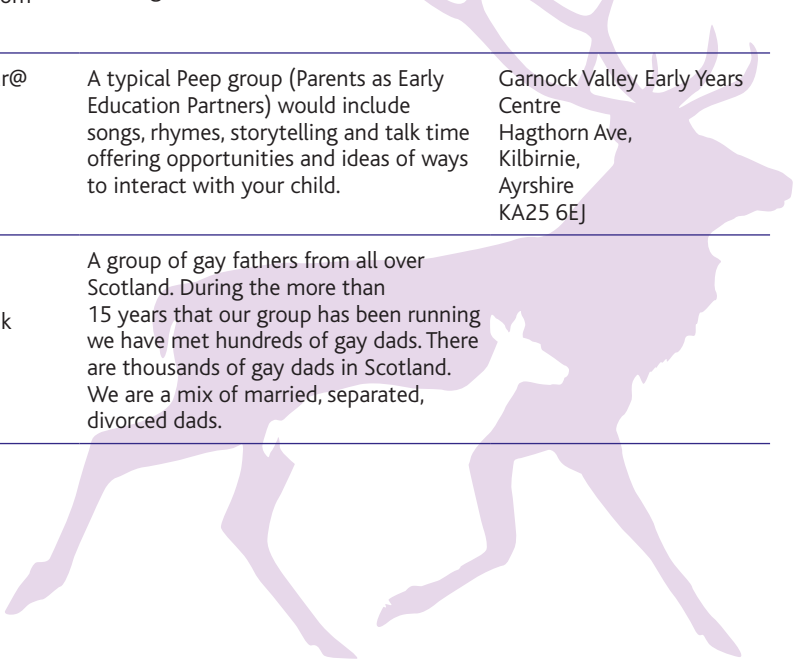
Young fathers

Young fathers face the challenges that all fathers face as regards their relative exclusion from childcare, and on top of this they are often stereotyped as being irresponsible and uncaring. Kiselica argues that: 'For too long, our culture has treated boys who become fathers ... as detached misfits who are the architects of many of our nation's problems, rather than seeing these youth for who they really are: young men trying to navigate a complex array of difficult life circumstances that place them at a tremendous disadvantage' (*When boys become parents, 2008, p. 195*).

"Peter's relationship with his partner began when they were at school together and his partner got pregnant when she was only 17. As young parents and struggling with their own substance use issues they were unable to care for their daughter, who was placed in a kinship care arrangement. In working alongside the Family Support Worker, Peter was able to acknowledge that he required support in being able to address his dependency issues and explore factors that had negatively impacted upon his relationships. Peter was able to acknowledge that domestic violence had played a significant role in his relationships and he wanted to be able to understand the causes of his behaviour and how he could address these factors that would promote his understanding of his own behaviour and how he could develop positive relationships with Kayleigh's mother and ultimately be able to play a positive and important role in his daughter's life." (Facilitator, Families Affected By Imprisonment, Circle)

- ✓ Families Affected By Imprisonment – Circle
- ✓ Parenting Matters – Barnardo's

Name	Website, email, phone, contact	What we do	Address
FACTfinders (Fathers and Children Together)	email: Kevin.balfour@glow.orkneyschools.org.uk tel: 01856 872650	An opportunity for fathers to have a positive, fun experience with their children. Games, activities and food are provided for all to enjoy. The atmosphere is relaxed and volunteers are on hand to ensure everything runs smoothly.	Life Centre East Rd Kirkwall Orkney KW15 1LX
Families Affected by imprisonment - Circle	email: georgina.lyttle@circle.scot	Working with dads in HMP Addiewell and their families living in Lanarkshire and West Lothian. Circle work with the dads both in the prison and when they return to their families in the communities they live in.	18 West Pilton Park Edinburgh EH4 4EJ
Families Need Fathers Scotland	www.fnfscotland.org.uk/ email: scotland@fnf.org.uk tel: 0131 557 2440	FNF is a charity chiefly concerned with supporting all parents, dads, mums and grandparents to have personal contact and meaningful relationships with children following parental separation. We offer information, advice and support services to help parents to achieve a positive outcome for their children.	10 Palmerston Pl Edinburgh EH12 5AA
Family Support Volunteers - Action for Children	https://www.actionforchildren.org.uk/in-your-area/services/early-years-and-family-support/family-support/family-support-volunteers/ 0141 952 3210	Our centre is suited to the local community they serve providing the best place to help families flourish. We make sure we include everyone, and encourage parents to participate.	Centre 81 2-16 Braes Avenue Clydebank G81 1DP
Familyman Playgroup	www.familymanplaygroup.org/home.html email: familymanplaygroup@outlook.com tel: 07798 620672	A not for profit playgroup set up for dads and their pre five kids to spend quality time interacting and bonding. The group runs weekly on Saturdays from 10am until 12pm.	121 Hillhouse Rd Hillhouse and Earnock Community Centre Hamilton ML3 9TX
Fathers Network Scotland	email: info@fathersnetworkscotland.org.uk	A young, dynamic and respected charity with a passion for dads – because the family and society as a whole benefit when fathers are involved in the life of their children.	The Melting Pot 5 Rose Street Edinburgh EH2 2PR
First Step Community Project	www.firststepmusselburgh.co.uk/home email: firststep1@btconnect.com tel: 0131 665 0848	A community project for families with young children in the Musselburgh east housing estate.	37 Galt Ave Musselburgh EH21 8HU
Garnock Valley Early Years Centre - PEEP Group	Email: gw10garnockvalleyear@ea.n-ayrshire.sch.uk Tel: 01505 681322	A typical Peep group (Parents as Early Education Partners) would include songs, rhymes, storytelling and talk time offering opportunities and ideas of ways to interact with your child.	Garnock Valley Early Years Centre Hagthorn Ave, Kilbirnie, Ayrshire KA25 6EJ
Gay Dads Scotland	gaydadsscotland.org.uk/ email: info@gaydadsscotland.org.uk	A group of gay fathers from all over Scotland. During the more than 15 years that our group has been running we have met hundreds of gay dads. There are thousands of gay dads in Scotland. We are a mix of married, separated, divorced dads.	



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Dads Baby Massage - Sure Start West Lothian	www.westlothian.gov.uk/surestart email: surestart@westlothian.gov.uk tel: 01506 774700	A 5-week course showing baby massage techniques.	Forestbank Community Centre Ladywell Livingston EH54 6DX
Dads Care	www.dadscare.org.uk email: info@dadscare.org.uk	Supporting Fathers and Children throughout the Northeast of Scotland and beyond.	Aberdeen
Dads Group, Ruchazie - Quarriers	Email: ruchaziefamilysupport@quarriers.org.uk Tel: 0141 774 8202	Work with families to overcome their difficulties, and achieve a more balanced family life. This is achieved through practical programmes to aid bonding, attachment and build positive relationships.	26 Avondale St Ruchazie Glasgow G33 3QS
Dads North Ayrshire- Together We Can - Quarriers	quarriers.org.uk/services/together-we-can-family-support/ email: stuart.provan@quarriers.org.uk	Support in a nurturing environment to empower families to realise and reach their potential within family life. We focus on increasing parental capacity with an aim to support positive change in the lives of children and families.	Hayocks Primary School Lumsden Place Stevenston Ayrshire KA20 4HG
Dads Rock Scotland	dadsrock.org.uk email: Chair@dadrock.org.uk Tel: 0131 442 4662	Scotland's Network of free playgroups for dads and their kids. Ages 0-5 yrs old	Edinburgh
Dads2be	www.westlothian.gov.uk/surestart email: surestart@westlothian.gov.uk tel: 01506 7747000	A 4-week antenatal course for men covering: labour and birth, postnatal depression, coping with a baby crying and baby care - handling, dressing, nappy changing, bathing and baby massage.	St John's Hospital Howden S Rd Livingston EH54 6PP
DadsChat	www.pycp.co.uk/ tel: 0131 332 9815	A new group for Dads in North Edinburgh.	1a W Pilton PL, The Greenhouse Edinburgh EH4 4DG
DadsWork	www.dadswork.co.uk/ email: dadswork@hotmail.co.uk tel: 07883 741 768	Support groups, positive parenting classes, workshops on the role of fathers, home visits, trips and outings for fathers and their children.	37 Galt Ave Musselburgh EH21 8HU
DadsWork Playgroup	www.dadswork.co.uk/ tel: 07833 741768 tel: 0131 665 0848	A playgroup for dads/ male carers and children under 5 to play, sing and have fun.	West Loan Prestonpans EH32 9NX
Dundee Families Service - Action for Children	www.actionforchildren.org.uk/ in-your-area/services/early-years-and-family-support/family-support/dundee-families-service/ tel: 01382 828372	Our centre is suited to the local community providing the best place to help families flourish. We make sure we include everyone, and encourage parents to participate. We see the best results for children when more individuals pull together.	Dundee Families Service 7 St Clement Terrace Dundee EH54 6PP
Dunfermline Dads	Email: DunfermlineDads@gmail.com Tel: 07879 271683 Tel: 07860 413943	A nurturing environment for children from birth to five can play and learn and build family bonding with their dads. Saturday mornings 10:00am till 11:30am.	Touch Community Centre Mercer Place Dunfermline KY11 4UG
Edinburgh Dads Club - One Parent Families Scotland	www.opfs.org.uk/service/ edinburgh-dads-club/ email: brock.lueck@opfs.org.uk tel: 0131 556 3899	If you are a full-time or contact dad with young children, we can help with: activities & Saturday outings, Meeting other lone fathers, support and information.	13 Gayfield Sq Edinburgh EH1 3NX

Fathers in prison or the criminal justice system

Within the criminal justice system, fathering identities and the family responsibilities of fathers tend to remain invisible. According to Families Outside, each year an estimated 16,500 children in Scotland experience a parent's imprisonment. This means that a parent's imprisonment affects more children each year than divorce. The vast majority of these parents are fathers.

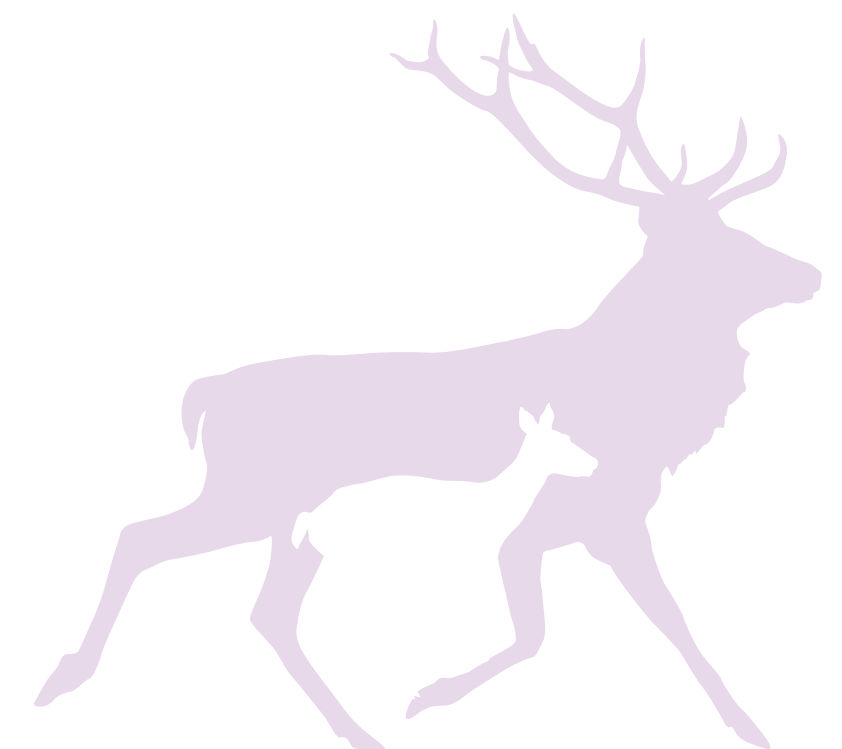
"Barnardo's Thrive responded to one father's request to enable him to form a unique attachment to his developing child.

We were able to negotiate with Perth Prison an opportunity to deliver individual pre-natal sessions for 'a father to be' and his pregnant partner. The Prison staff helped identify an appropriate venue within the visitors' wing of the prison and additional permissions were negotiated for the use of electronic equipment and materials to be used in sessions. The Thrive early years worker designed sessions using NHS pre-natal publications on the growth and development of their unborn child.

These pre-natal attachment sessions took place once a week in the prison with both parents attending. The use of written and video resources gave the couple the opportunity to discuss their new learning in supporting positively both the physical and brain development in their child. The sessions helped the father to feel part of the pregnancy and the importance of him being a father, this additionally helped the mother to feel that she was not alone during this time.

Feedback from the father indicates that the experience helped him to feel positive about the future and his connection with his unborn child which he previously believed would not have been available to him." (Facilitator, Barnardo's Thrive)

- ✓ Barnardo's Thrive
- ✓ Families Affected By Imprisonment – Circle
- ✓ Just Play – Angus
- ✓ Parenting Matters



Lone fathers

In the UK there are three million families headed by one parent and 13.5% of these (400,000) are fathers (The Guardian, 13 June 2013). Research on the experiences, needs and perspectives of lone father families is thin on the ground. However, what is known is that there are many pathways to becoming a lone father, including resolution of a custody issue, divorce, temporary or permanent absence, or death of partner. What is also known is that on top of the known problems of being a single parent such as employment and poverty, lone fathers may need additional considerations as they may find it difficult to develop supportive social networks and may feel stigmatised as a result of being a lone, male carer.

CASE STUDY: Just Play, Angus

"I split up with my ex a while back and was left to bring up my daughter who was only months old when I started. I was on my own and this was a really worrying time because, like I heard people say, there's no rule book! I wanted my daughter to be able to play with other children and I wanted to meet new people. I had a problem with drugs and I wanted away from that but it was difficult to get away from it when the only people I really knew were part of that circle. I was never any good at meeting new people and was always nervous around people. I wanted my daughter to be able to play with other children. Just Play was a godsend because the workers helped to support me and they were easy to get on with.

I started by going to a session where it was just me and the worker, it was really relaxed and having a male worker really helped settle me, I felt comfortable. I liked doing the activities but if I'm honest, I was worried about doing Rhyme Time where you have to sing, although I sing to my daughter all the time now.

I now go to a group with another dad, and I really like that because I have made a pal and we have blether with a coffee or a cup of tea. It's good.

I have started going to a sports group which is great! We get picked up on a minibus and go on different trips. We have been to the swimming, trampolining, indoor play parks, wildlife centres, it's great for the kids and I have met a lot of other people now, I have made new friends. I would never have thought to take my daughter swimming at such an early age, I thought she was too young and I didn't have the confidence to do it. I managed to do it, though, with the help of the staff at Just Play. I have been a few times and now it's not a problem, I feel much more confident."

(Participant dad, Just Play, Angus)

- ✓ Edinburgh Dads Club – One Parent Families Scotland
- ✓ Gilmerton Child and Family Centre
- ✓ Just Play – Angus
- ✓ Us Together – Dundee – One Parent Families Scotland
- ✓ Us Together – Edinburgh – One Parent Families Scotland
- ✓ Us Together – North Lanarkshire – One Parent Families Scotland

Name	Website, email, phone, contact	What we do	Address
Children in Scotland	www.childreninscotland.org.uk/ email: info@childreninscotland.org.uk Tel: 0131 228 8484	Making connections between research and policy, and practitioners' everyday experiences, to influence policy and to develop best practice in working with and for children and young people.	Level 1 Roseberry House 9 Haymarket Terrace Edinburgh EH12 5EZ
Circle Haven - Circle	www.circle.scot/haven.aspx email: info@circle.scot Tel: 0131 332 9269	Tailored support to fathers and fathers-to-be, individually and in group settings. We also have a programme of healthy social activities and outings for dads and their children.	Circle Haven Project c/o Craigroyston Primary School Edinburgh EH4 4PX
Circle Scotland	www.circlescotland.org email: info@circlescotland.org tel: 0131 538 7249	Supporting the most disadvantaged & difficult-to-engage children and families to improve their lives and promote their healthy potential and development.	18 W Pilton Park Edinburgh EH4 4EJ
Clacks. Families Support Service - Action for Children	www.actionforchildren.org.uk/ in-your-area/services/early-years-and-family-support/family-support/clacks-families-support-service/ email: Morag.Letson@actionforchildren.org.uk tel: 01259 214695	Informal dads groups which focus on peer support and discussion to increase confidence and self-esteem as well as bespoke 1:1 sessions which educate and build on existing knowledge in areas such as health, managing challenging behaviour and boundary issues.	Madhouse 77 Newmills Tullibody Alloa FK10 2SE
Dad Matters – West Lothian Sure Start	www.westlothian.gov.uk/surestart email: surestart@westlothian.gov.uk tel: 01506 774700	A six week antenatal programme designed to support dads -to-be with additional health and social care needs.	West Lothian
Dads and Kids Transition Activities in Biggar	Contact: Marie Jennings Tel: 01899 222050	To promote dads and fathers involvement. Over several years a number of programmes aimed at fathers and male carers have been run. Family Man Sculpting and Family Man Cooking programmes offered.	Biggar High School Market Road, Biggar, Lanarkshire, ML12 6FX
Dads & Kids Group	www.dundeesportsdevelopment.com/sport-activities/term-time/early-years/dads-kids-group email: megan.sands@leisureandculturedundee.com tel: 01382 436982	Allows children under the age of 5 to participate in fun, structured physical activities with their father/male carer.	Grove Swim and Sports Centre Claypotts Road Dundee DD5 1AB
Dads and Lads (and Lassies!) Who Let The Dads Out? - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ email: calumdgraham@btinternet.com tel: 07729 242233	An effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month	Bishopbriggs Community Church 21 Park Avenue Bishopbriggs G64 2SN
Dads and Kids Evenings	Contact: Caroline Stewart or Liz Highet Tel: 01357 528719	The 3rd Thursday of the month in East Kilbride schools and the last Wednesday of the month in Wester Overton PS Strathaven which is open to all the primary schools in Strathaven and surrounding areas. Promoting the role of Father figures and allowing Dads to spend time with their children.	East Kilbride and Strathaven

Scottish services, resources and supports for fathers

Name	Website, email, phone, contact	What we do	Address
Barnardo's South Ayrshire Families Service	www.barnardos.org.uk/southayrshirefamilies.htm Email:southayrshirefamilies@barnardos.org.uk Tel: 01292 610479	Support to families with children aged 0-12 in a range of areas such as parenting support, financial support, managing behavior, setting routines; group work specific for mothers, fathers and mixed groups as well.	62 Viewfield Road Ayr Ayrshire KA8 8HH
Barnardo's Thrive	Tel: 01241 873146 (Arbroath) Tel: 01738 472142 (Perth)	Families with young children, aged 4 or under or where there is a baby on the way where a parent is in prison. Additionally, Thrive support families during the transition of the imprisoned parent returning to their family and community.	The Grenfell House Centre, 290 High Street, Arbroath, DD11 1JF Riverview House, Friarton Road, Perth, PH2 8DF
Barrhead Man and Toddler group	Email: Barrheadmanandtoddler@outlook.com Tel: 07455 350605	For and by males to have a safe place to spend time with their children. Open to all males within the East Renfrewshire area who have an active role in a child's life be they fathers, uncles or other male role models.	Arthurlie House Springhill Road Barrhead G79 2SE
Books for Babies	www.craigmillarbooksforbabies.org.uk Email: info@craigmillarbooksforbabies.org.uk Tel: 0131 621 2621	Craigmillar Books for Babies is a multi-agency project which aims to encourage and support parents and carers to share books and stories with their babies. We promote reading as a relevant and worthwhile source of pleasure which enhances children's early development.	Castlebrae Community High School 2A Greendykes Road Craigmillar Edinburgh EH16 4DP
Boys, Bairns And Blether - Who Let the Dads Out? South Lanarkshire - Bible Reading Fellowship	www.wholetthedadsout.org.uk/ Tel: 01357 520406	An effective way to engage with dads, father figures and their children. The groups are set up by and accountable to a Christian church or a Christian organisation. Meets on the first Saturday of the month.	Strathaven Evangelical Church 10 Lethame Road Strathaven ML10 6AD
Busy Dads - Shetland Council	www.shetland.gov.uk/childrens_resources/bruce_family_centre.asp Email: BruceFamilyCentre@shetland.gov.uk Tel: 01595 74 5400	A fun, activity-based group for all dads and their pre-school children. The aim is to enhance the relationship between dads and their pre-school children by giving them a new environment to interact and play in.	Bruce Family Centre Services Bruce Family Centre Lovers Loan Lerwick Shetland ZE1 0BA
Calderside Academy Father Figures	Contact: Rob Milligan Tel: 07795 090793	On a weekly basis, father figures are part of the volunteer programme within Calderside Academy. They offer support within the classroom setting, information workshops for school events, coach the school football team and are part of the Calderside Garden Project.	Calderside Academy Calder Street Blantyre G72 0AX
Challenge Dad - Family Learning Aberdeen	www.familylearningaberdeen.com/ Tel: 01224 764700	The project aims to support Dads/ Male carers to recognise and value their parental and educational role in bringing up children.	Ground Floor Frederick Street Centre Frederick Street Aberdeen AB24 5HY

Fathers in poverty

The rise of foodbanks (a 56% increase year on year to 117,689 referrals - over 36,000 of these including children, *The Herald Scotland*, 26 April 2015), welfare sanctions and general tightening of austerity measures makes being a mother or a father harder. But even in these conditions involved fathers can make a difference. A father's interest in his child's education, particularly at age 11, has been found to have more influence than family background, the child's personality or poverty on education success. On the other hand, relating to gender differences and fathers, a father's low interest in his son's education reduces that boy's chances of escaping poverty by 25% (for girls, the impact of having a mother with little or no interest reduces the chances of bucking the trend by a similar amount).

If families are to escape poverty, mothers must be able to participate in paid work. If relationship breakdown (a powerful predictor of family poverty) is to be avoided, fathers must be supported to take care of the home and to value that role, on the 'home front'.

CASE STUDY: Thomas, Ruchazie, Quarriers

"Thomas is a single dad of two children – a boy aged 7 and a girl aged 12. Thomas has an acquired head injury from falling off a bike when he was a teenager. He was very withdrawn and his speech difficult to understand at times. When he started the group he did not speak much and when he did, he stuttered and did not really join in.

One day, the writer noticed he always carried a camera with him. An off-the- cuff remark that he could become 'the group photographer' was taken seriously. He started taking photos of the dads doing various activities and at outings. After several months he felt confident to display these in the Centre where everyone passed comments on his skills.

Thomas continued to blossom and ask advice regarding his children ranging from how to put his daughter's hair in bunches, to help with organising his son's birthday party. He also asked how to deal with talking to his daughter about puberty and her periods as there were no female relatives in his family to help him. Thomas also asked the writer to accompany him to the shops to buy the appropriate sanitary products for his daughter so he could be prepared.

Now Thomas is a very important member of the Group. He takes charge of the Flipchart when things need to be written and fully contributes to all discussions. His speech is much clearer and is easy to understand. He has banter with the other dads and is not afraid to pass his opinion on various topics.

By supporting Thomas in a safe environment he has grown into a confident person who in his own words says 'I don't feel judged here and don't feel a rubbish dad. I have the confidence to speak to my children about anything now and take them places I would never have dreamed of. We have even been on a day trip to the beach on a train!!!!' Thomas never misses a group. Social Work are no longer involved in his family's life. And he has stopped smoking now for 9 weeks."
(Facilitator, Dads Group, Ruchazie, Quarriers)

- ✓ Dads Group, Ruchazie - Quarriers
- ✓ Home-Start Glasgow South
- ✓ North Glasgow Family Support - Action for Children

Fathers with illnesses and addictions

Men’s fatherhood can be a motivating factor to help them change their behaviour if they misuse drugs or alcohol. Practitioners who engage with families need to be aware of the signs of chronic illness in fathers and aware of services and resources that they can signpost them to.

Low-income new fathers, including young fathers, are particularly vulnerable to depression.

CASE STUDY: Postnatal Depression Borders

“I was concerned for my wife’s situation. The group was a good place for me to off-load anxiety and problems. A group of four was a good size though it might have benefitted from being slightly larger to allow for absences. Six weeks was too short because we started on some things and didn’t complete or get a chance to come back to them. I would recommend it as it is useful to get other fathers’ perspectives.

Because I was depressed I was unable to bond with my younger son and my relationship with my 5 year old was, at times, very difficult. The children are much happier now as there are improved relationships within the household. I am trying to establish friendships, meet more people and get out more individually and with my partner. Initially I was apprehensive about coming to the group but after the first session I felt at ease with them. More time to explore some theory/modelling might be helpful, or art/writing ideas etc. I found it helpful though daunting at first. A male counsellor with male group works well. Group members are honest and speak freely with appropriate language.”
(Participant, Postnatal Depression Borders)

National

- ✓ Circle Scotland
- ✓ One Parent Families Scotland
- ✓ Postnatal Depression Services – CrossReach
- ✓ Relationships Scotland

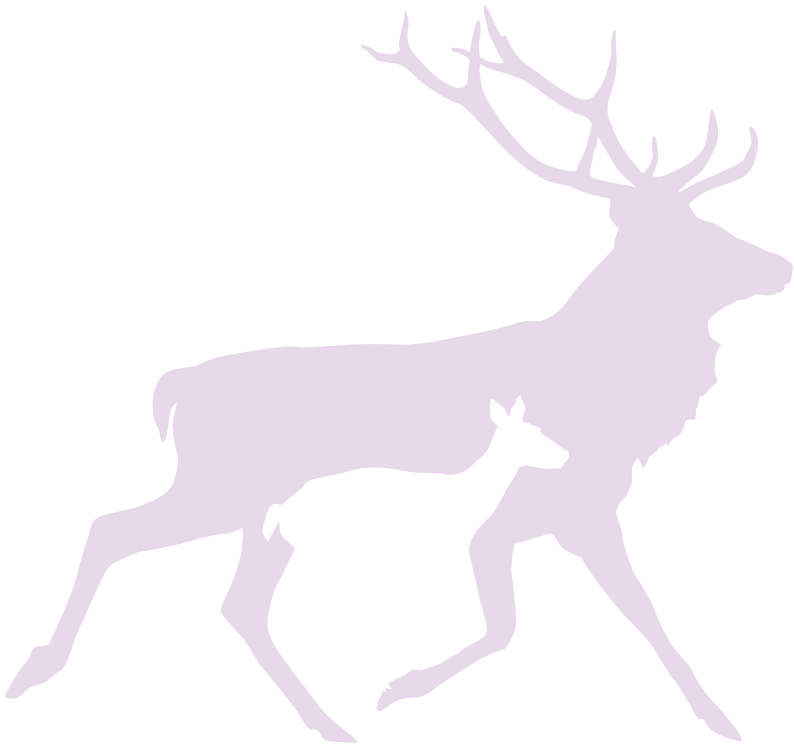
As can be appreciated, like the fathers’ services listed above, overlaps occur frequently (and necessarily) in supporting fathers. So too can Policy and Training – for example One Parent Families is a national organisation that runs specific policy campaigns relating to lone fathers and offers training. There are also UK-wide sources of support and advice, for example the Fatherhood Institute (www.fatherhoodinstitute.org) or to name one of many, ‘Only Dads’ (www.onlydads.org) which advises on fathers going through separation and divorce.

Some observations

Specific services for other categories of fathers such as adoptive fathers, stepfathers, grandfathers, father figures, black and minority ethnic fathers, fathers whose first language is not English, are not in this first version simply because we have not been informed about them. Undoubtedly, news of services and resources for these groups will feature in what we hope will become a regular and growing publication. Meanwhile, we also run a parallel online resource called the FNS Directory of Father-friendly groups and organisations, which can be accessed and updated freely by groups wishing to publicise their services. You’re invited to visit and contribute to this ever-expanding directory at: www.fathersnetwork.org.uk/directory/

Acknowledgements go to the Fatherhood Institute’s research work which has been invaluable, and to the Scottish Government for providing a researcher to help with the compilation.

April 2016



Policy, Training, Campaigning for fathers

CASE STUDY: Improving Dads Engagement Partnership

"As part of the Partnership's action plan a workshop called 'Where's Dad?' has been developed to support practitioners working with families and children implement a more father-inclusive approach.

The three-hour workshop starts by sharing the research that demonstrates the value of professionals engaging with fathers at the earliest stages of a child's life. Participants also explore the personal and cultural issues that shape perceptions of men and beliefs about gender roles, parenthood and family including subliminal messages portrayed by organisations and partnerships within family and children's services.

Building on that understanding, participants are then asked to look at their own practice before being supported to identify any changes they could implement to engage male carers and to encourage co-parenting.

'I've learned how a small change in practice can encourage dads to be involved in the contact we have with families.' 'Where's Dad? workshop' Participant

'This training has had a positive impact on my engagement with Dads. I try to involve Dads more now.' 'Where's Dad? workshop' Health Visitor Participant

- ✓ Children in Scotland
- ✓ Fathers Network Scotland
- ✓ Making Gender Equality Real
- ✓ Improving Dads Engagement Partnership

CASE STUDY: Dads North Ayrshire, Together We Can - Quarriers

"In May 2014, the Vulnerable Pregnancies Midwife Team referred the family of Peter to 'Together We Can'. Peter's girlfriend Jane was pregnant at the time with a second child for both partners, the first for Peter and Jane together. Jane and Peter had previously experienced mental health difficulties and Peter himself had suffered from addictions.

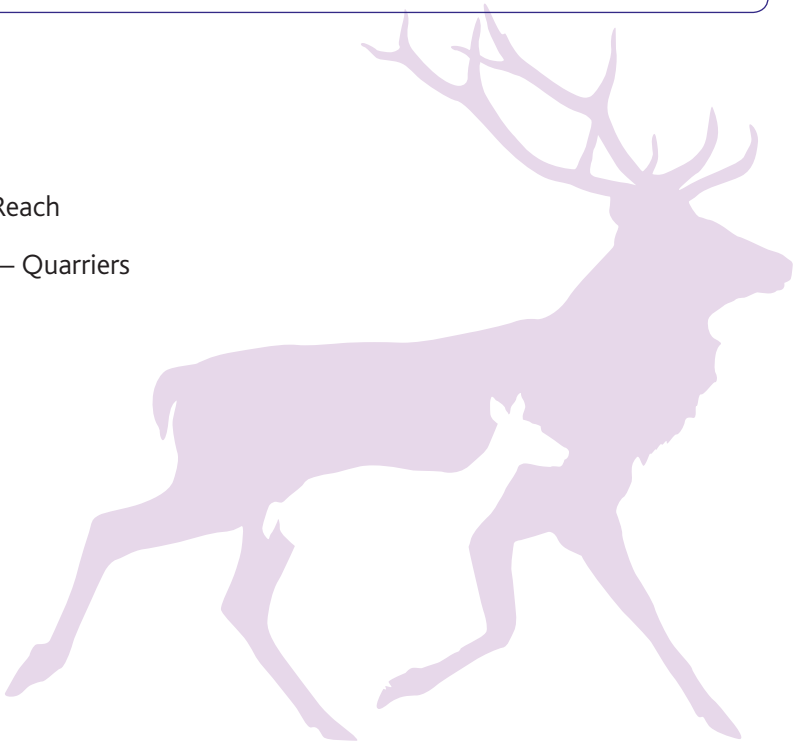
In the initial stages of support Jane engaged well although it was apparent to staff that Peter would only engage 'as he saw fit' and was very distrusting of services. Over the months that followed Jane and Peter continued to work with the service and as a relationship developed between the family and their worker, Peter became less guarded and more willing to engage in support. During support time, Peter, who could be described as a very masculine gentleman, would regularly discuss how support services for families were primarily aimed at mothers and children and did not cater to the needs of fathers. This had been an issue noted by a number of dads using the service. At this time Peter was asked if he would be interested in meeting up with some of the other dads in order to look at and support the development of the services available to dads within North Ayrshire. Peter agreed.

As part of this planning session the dads agreed they would begin to meet on a regular basis to begin to form peer support networks for dads within North Ayrshire. This group would also work to improve the social inclusion of isolated fathers within the area.

In May of 2015 Together We Can began to facilitate DNA (Dads North Ayrshire). The group is facilitated by 2 members of staff from the service although is led by the wishes and needs of the fathers we support.

Peter has since taken part in regular group sessions and outings with DNA. He has also recently expressed an interest in gaining professional qualifications in order to enable him to better support his peers and further his own education. Together We Can have supported Peter to access training and courses in order to allow him to achieve this goal." (Facilitator, DNA, Together We Can – Quarriers)

- ✓ DadsWork Playgroup
- ✓ Postnatal Depression Borders
- ✓ Postnatal Depression Services – CrossReach
- ✓ Dads North Ayrshire,Together We Can – Quarriers



Fathers in law, legal advice

Father involvement can protect children in separated families against later mental health problems. Involvement of the father or a father figure has a significantly protective role against psychological problems in adolescents in families where parents have separated.

- ✓ Families Need Fathers Scotland

Gay fathers

- ✓ Gay Dads Scotland

Faith-based fathers

- ✓ Boys, Bairns and Blether – Who Let The Dads Out? South Lanarkshire – Bible Reading Fellowship
- ✓ Dads and Lads (and Lassies!) Who Let The Dads Out? – Bible Reading Fellowship
- ✓ Who Let The Dads Out? Aberdeen – Bible Reading Fellowship
- ✓ Who Let The Dads Out? Claremont – Bible Reading Fellowship
- ✓ Who Let The Dads Out? Dumfries – Bible Reading Fellowship
- ✓ Who Let The Dads Out? Ellon, Aberdeenshire
- ✓ Who Let The Dads Out? Inverness

General support

At any one time fathers can fall into a number of the categories above but not all adversity lasts if parents get the support they need. The following fathers' resources cover all of the above and more!

CASE STUDY: Parenting Matters – Barnardo's

"A dad was open to the service with his parent along with their newborn child. The parents' relationship broke down and Dad had care of the child for 3/4 days a week. Support was provided around his parenting of the child in home around child development using a Five to Thrive approach focusing on five building blocks for healthy development – Respond, Cuddle, Relax, Play, Talk.

Along with the weekly home visits from the Dads' Development Worker the father & child attended a parenting group further exploring positive parenting. From this, further support was provided as Dad now had a secure understanding of child development and the importance of his parenting approach to his child's overall well-being. Dad & child then attended our Dads' Group where there was a chance to access 1:1 support from staff, spend time with other dads & get involved in group activities with other dads & their children." (Facilitator, Parenting Matters – Barnardo's)

CASE STUDY: DadsWork

"Mr A is a recently single dad with a young child. Due to prior historical reasons his ex-partner and mother of his child is unable to take care of the child and so Mr A has custody.

Mr A had to leave the family home and spend some time in temporary accommodation but has now obtained a permanent tenancy. Dadswork has been involved with Mr A since his child was a baby, as both parents have learning disabilities. Our involvement has included attending children's hearings, housing support, parenting classes, educational classes, cookery skills, counselling support, providing dad and child activities, referrals to food banks, assistance with form filling and paperwork, providing a residential holiday for father and child, and providing group meetings and individual support. Mr A also frequently uses our season tickets to attend local football matches. We recently supported Mr A with some issues he was having with his employer and we also supported him in a visit to his new property and will continue to offer support in any way we can." (Support worker, DadsWork)

- ✓ Barnardo's South Ayrshire Families Service
 - ✓ Circle Haven
 - ✓ Dads Care
 - ✓ DadsChat
 - ✓ DadsWork
 - ✓ DadsWork Playgroup
 - ✓ FACTfinders (Fathers and Children Together)
 - ✓ Family Support Volunteers – Action for Children
 - ✓ Garnock Valley Early Years Centre PEEP Group
 - ✓ Men in Childcare
 - ✓ Midlothian PEEP – Peeple
- ✓ Parenting Matters – Barnardo's
 - ✓ Parent Network Scotland
 - ✓ Pater Patter
 - ✓ Reach Out Fathers
 - ✓ South West Fife Family Nurture Hub
 - ✓ South Lanarkshire Community Learning And Home School Partnership
 - ✓ Stepping Stones North Edinburgh
 - ✓ The Likely Dads – Care and Learning Alliance
 - ✓ The Westhill Men's Shed
 - ✓ Working With Dads

Two other categories were generated by our search for fathers resources and services. These were all-Scotland or local policy initiatives and national agencies that declared a specific commitment to developing father-inclusive policy and practice.

