



# ADVENTURE 1

## SPACE

Are you ready for  
an adventure?

3-2-1 BLAST OFF



What will  
you pack?



**Activity 1** - Have you got what  
you need at home for an  
**astronaut adventure**? Is  
there's a saucepan space  
helmet in the kitchen?

Pack a bag for  
your trip to  
space!

**Activity 2** -  
Make a den with your family  
and pretend it's a **space  
station control centre**.



**Activity 3** - What's the  
funniest, **wackiest alien** you  
and your family can think  
of? What do they look like,  
what they sound  
like, where do  
they live? Paint  
a picture of  
your alien  
together!



Read together...

**Rocketmole** by Matt Carr

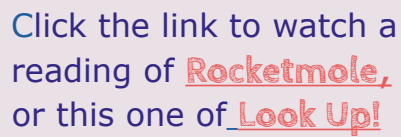
**Look Up!** by Nathan Bryon & Dapo Adeola







## More fun things to do!



Click the link to find out what a real astronaut can see from the [International Space Station](#).

How many stars  
can you count in this  
doodle drawing?



Finished all the activities?  
Why not do some **colouring in**.







# STUFF FOR GROWN-UPS

## What is the Summer Family Adventure?

To celebrate the Year of Childhood **Fathers Network Scotland**, **Children's Parliament** and **Scottish Book Trust** have come up with seven adventures the whole family can enjoy together. Take a trip into space or under the sea, this summer you won't even need passport.

## What is the Year of Childhood?



It's a year-long celebration of childhood running throughout 2021, hosted by **Children's Parliament**. It aims to encourage grown-ups to listen to and share ideas and experiences with children.

## Why play outdoors?



We know this year has been tough for you and your children. The good news is getting your kids outside to play will really help.

Outdoor play gets kids active and lets their imaginations run wild. Play can help kids of all ages to manage their emotions and feel better. It helps kids develop both mentally and emotionally, stay healthy, and have fun. It'll stop them bouncing off the walls at home, and the fresh air even helps them sleep. Getting outside is just as important for grown-ups physical and mental health, too!

Your family doesn't need a great big open park on your doorstep or even a garden to enjoy the outdoors. You can play outdoors anywhere, even just a walk along the street can be a great chance to have some fun together.

## Need more toys?



Do your kids want some different toys to play with? Did you know there are toy libraries across Scotland. You can find them at: [Playworks Dumfries](#) • [Lorn Toy Library](#) • [Play Borders](#) • [Gorgie/Dalry Toy Library](#) • [Blackness Toy Library](#) • [Shetland Pre-School Play](#) • [Campbelltown Toy Library](#) • [Midlothian Play Base](#) • [Play Plus Toy Library](#) • [Merry Go Round Toy Library](#)

Find out more from the [Smart Play Network](#).



We'd love to hear what you get up to!  
Hashtag:

**#SummerFamilyAdventure**  
**#YearofChildhood2021**

## Why learn together?

We are sure you deserve a huge pat on the back for all the playing and homeschooling you have done this year. But do you know how much it matters? Spending time helping your kid's learn is one of the best ways to improve how well they do at school!

We've use the **Bookbug** and **Read, Write, Count** books gifted to children across Scotland to inspire each adventure. There are some fun books to read together and easy writing and counting activities each week. Scottish Book trust have also created a great resource to help make the most of your **Bookbug explorer bag** as well as a **home activities hub** for children of all ages.

All of the books detailed are also available in libraries across Scotland. Libraries are a wonderful, free resource for readers and writers of all ages. Find out about everything libraries can offer, including Scottish Book Trust activities, [HERE](#).

