

NOW ON TUESDAYS

~~**THURSDAYS**~~

1:30-4:30PM

WOMEN'S SPACE

*Women's walk-in legal
Addiction health promotion
Wellness activities
Family violence support
Financial advice
Internet access and more.*

MORE INFO: 9537 3177

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FIRSTSTEP

First Step Women's Space

First Step is a not-for-profit mental health, addiction and legal services hub located in the heart of St Kilda.

Who is the space for?

If you identify as female, this is a safer space for you. Our team are non-judgemental and respect the uniqueness of every individual.

Services available

Services include, but are not limited to:

- Walk in legal advice (referral and representation)
- Onsite GP's and nurses
- Wellness activities
- Drug and alcohol support
- Gender and family violence support
- Financial advisors

When and where?

Thursday afternoon 1:30pm until 4:30pm
at the First Step - 42 Carlisle Street St Kilda.

For more information phone 9537 3177
or email info@firststep.org.au

www.firststep.org.au