



FOOTHILLS YMCA PARENT CHILD SWIM LESSONS | 2019

Parent Child swim Lessons are designed to teach children ages 6 months – 48 months basic water skills. Instructors work on blowing bubbles in the water, kicking, and other basic water skills.

As children learn these new skills, parents are able to learn new strategies and techniques to use at home to help their child learn.

Each week you will be given a new skill to try at home: such as sprinkling water over the child's head or blowing bubbles in the bathtub.

This fun and exciting experience will help to prepare you child for a life time of fun and safety in the water!

Ages	Rate	Dates
6 months – 48 months	Pool Members \$40	10:30 am – 11:00 am
Parents must be in the pool with their child	Non-members \$45	Session 1: June 4 th , 6 th , 11 th , and 13 th
Each parent may only be responsible for 1 child	2 Sessions \$70	Session 2: July 9 th , 11 th , 16 th , and 18 th

Why Parent Child Swim Lessons?

- Build a foundation of confidence for a lifetime of fun and safety in the water
- Help your child become comfortable in and around the water
- Participate in a bonding experience with your child in a new environment
- Create a safe learning environment for your child
- Share in the joy of new exploration and learning for your child
- Learn fun new strategies and skills to help you child learn to swim

