



# Swim Lessons

Swim lessons are designed to introduce the basics of swimming to youth ages 4 -15. Each instructor is limited to 5 students per class. A lifeguard will be on duty in addition to the swim instructor. Focus will be on water safety, survival, and basic swim techniques (stroke and side breathing).

Session Dates	Times	Rates
1. June 3 <sup>rd</sup> – 13 <sup>th</sup>	9:45 am – 10:30 am	1 Session   \$85.00
2. June 17 <sup>th</sup> – 27 <sup>th</sup>		2 Sessions   150.00
3. July 1 <sup>st</sup> – 11 <sup>th</sup>	OR	
4. July 15 <sup>th</sup> – 25 <sup>th</sup>	5:15 pm – 6:00 pm	Member rate   \$70.00
5. July 29 <sup>th</sup> – Aug. 8 <sup>th</sup>		Each session offers 8 classes.

\*Classes are held Monday – Thursday. Fridays are reserved for a weather make-up day if needed. A maximum of 2 make-up days will be provided for weather related cancellations.

\*\* The week of July 4<sup>th</sup>, swim lessons will run Monday – Friday.\*\*

## Private Swim Lessons:

Private swim lessons give children one on one instruction time with a certified swim instructor. Each class will last 30 minutes long. Lessons are offered by the class Monday - Thursday. Please call the pool extension or email [pool@y4all.org](mailto:pool@y4all.org) to register your child.

Times	Rate
10:30 am – 11:00 am	\$20.00 per session
OR	
6:00 pm – 6:30 pm	

**Register Online | [www.FoothillsYMCA.net/aquatics](http://www.FoothillsYMCA.net/aquatics)**