

# FOR OUR KIDS



Thank you for your interest and passion. We have a variety of ways to take your climate advocacy to a new level this month!

1. **Walk:** This Thursday August 19th, take some time for yourself in nature and join us for a Nature Therapy Walk at Britannia Park at 9:30. This will be a walk for adults (babes in arms/carriers included) so that the caretaker can be free to listen to their own thoughts or nature. For Our Kids Ottawa / Gatineau will be partnering with Family Earth for this event. It will certainly be a boost for the soul. ([RSVP](#) by Wednesday at 9 am).
2. **Sign:** [Add your signature](#) in support to our submission to endorse an Ontario wide Natural Gas phase out for our Electricity. Ottawa will be voting to endorse this motion in September and we want them to know that parents support this action to bring a cleaner and emission free future closer for their kids.
3. **March:** Save the Date on September 24 Youth Global Climate Strike. For Our Kids will be supporting the youth in Ottawa as they March for Climate. Join us to make signs, march and make our voices heard.
4. **Read:** Before you read one more IPCC report, we highly recommend [this article](#) about how to process the IPCC reports for parents and adults already committed and involved in climate advocacy.

5. **Vote!** Stay tuned! With the federal election called for September 20, there may be some local actions to take part in. Or if you want to take something on or help lead something, let us know! Check out the [national page](#) for ideas

**Things to listen to:** Learn how [kelp farming](#) may be an excellent climate solution!

**Good news story:** [Panda's no longer endangered due to conservation efforts](#)

**Invite others to join us.** If you like our approach and our projects, please help make our impact stronger by forwarding this message to another parent or grandparent. They can also sign up for our monthly newsletters [here](#).

Marianne,

For our Kids Ottawa/Gatineau.

Visit us on the website: [https://www.forourkids.ca/ottawa\\_gatineau](https://www.forourkids.ca/ottawa_gatineau)

Join our Facebook group: [For Our Kids/Parents for the Planet Action Group](#)