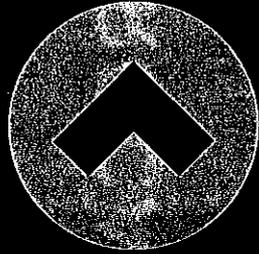


ROCCA



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**ROCA'S MISSION:
TO DISRUPT THE CYCLE OF INCARCERATION
AND POVERTY BY HELPING YOUNG PEOPLE
TRANSFORM THEIR LIVES**



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HOW TRANSFORMATION HAPPENS

ROCA'S INTERVENTION MODEL

- Relentless Outreach and Follow-up

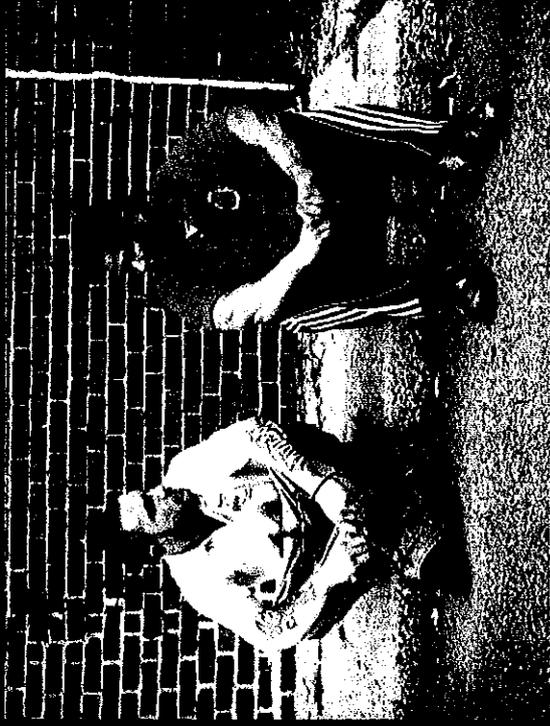
- Transformational Relationships

- Phase 1 – Engagement
- Phase 2 – Behavior Change
- Phase 3 – Sustaining

- Stage Based Programming

- Life Skills/Engagement
- Education/Pre-Vocational Training
- Employment

- Engaged Institutions



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FRAMEWORK FOR CHANGE

Change is a process that happens over time and in stages.

Roca's Stages of Change* include:

- ❖ Pre-Contemplation No
- ❖ Contemplation Maybe
- ❖ Planning Getting Ready
- ❖ Action Acting Differently
- ❖ Sustaining More Than 51%

Roca recognizes Relapse as critical to the change process



*Roca has taken thousands of studies on change and adapted them into a very easy-to-use change management model.

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DRIVING TOWARD CHANGE

Intermediate Outcomes:

- Employment Placement/Retention
- No New Arrests
- No New Technical Violations

Long Term Outcomes:

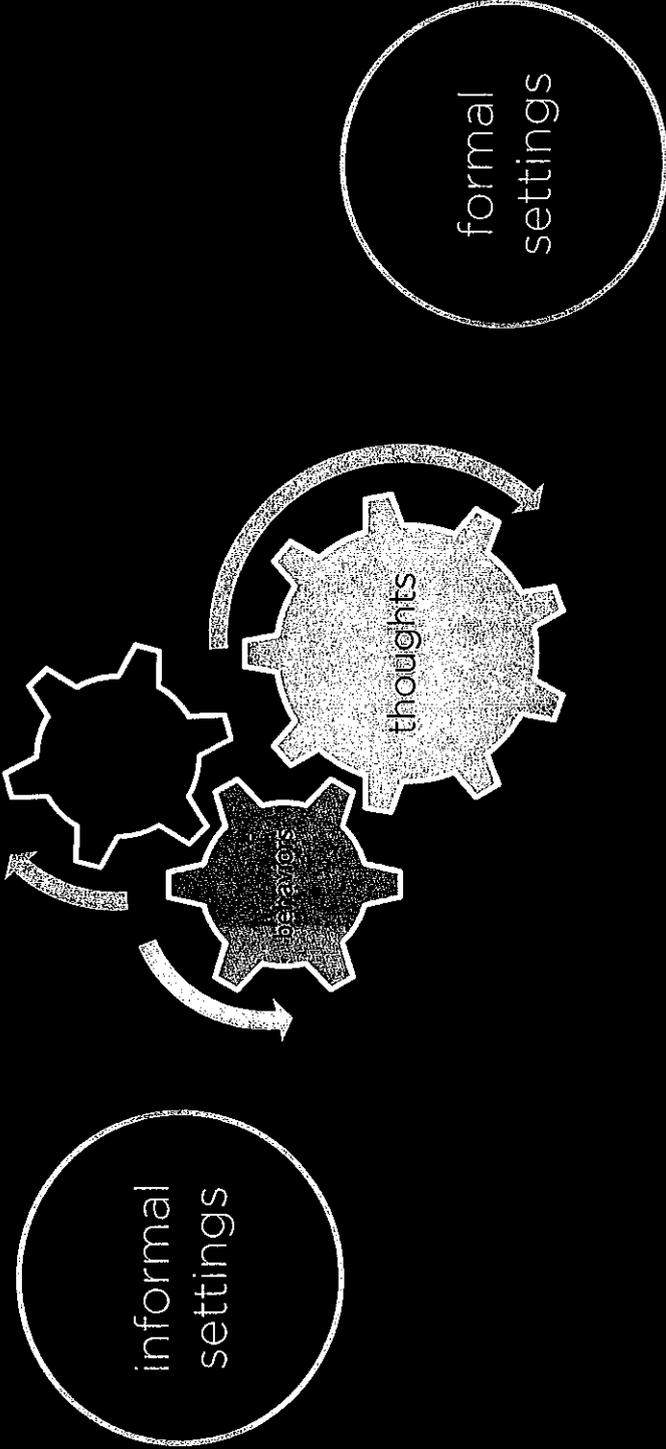
- No Re-Incarcerations
- Retained Employment



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THINK DIFFERENTLY TO ACT DIFFERENTLY

Roca and MGH Community PRIDE are piloting a **Cognitive Behavioral Therapy (CBT) Model** with our young people.



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HOMELESSNESS - FRAMING THE PROBLEM

- Difficult population to place in housing
- High blow-out rate once placed
- Housing changes often destabilize positive behavior change
- Non-availability of public assistance housing services
- Non-utilization of adult public assistance housing services



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HIGH RISK YOUNG MENS PROGRAM



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WHO WE SERVE - HIGH RISK YOUNG MEN

Target Population:

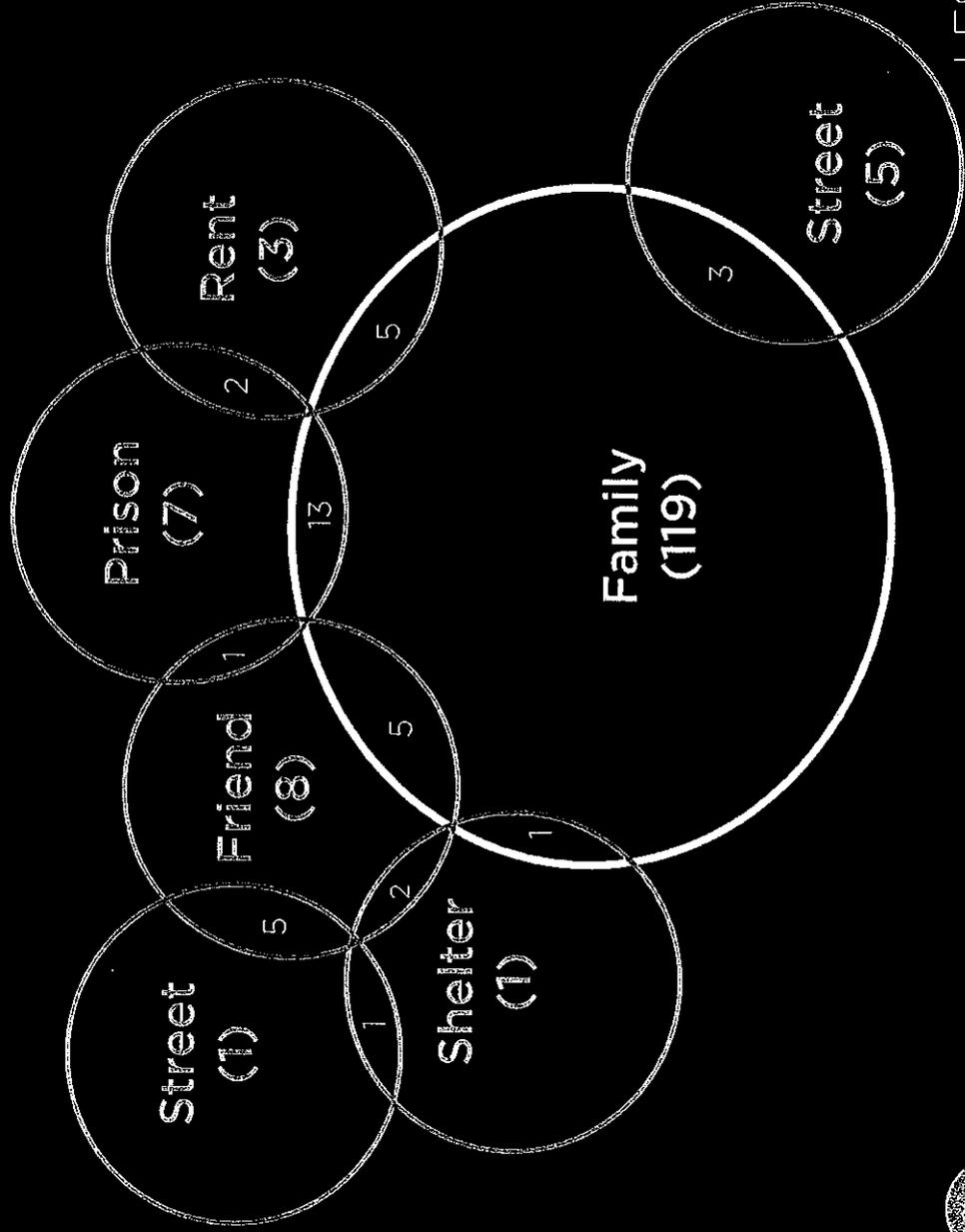
- **Gender:** Male
- **Age range:** 17 - 24 years old
- **Geography:** Live in communities Roca serves
- **Risks:** Adult Criminal Justice System Involved or Juvenile Justice System involved with risk indicators predictive of adult criminal justice system involvement



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HOMELESSNESS - SCOPE OF INSTABILITY

At intake, Roca's High Risk Young Men report having lived in multiple housing situations in the previous three months:



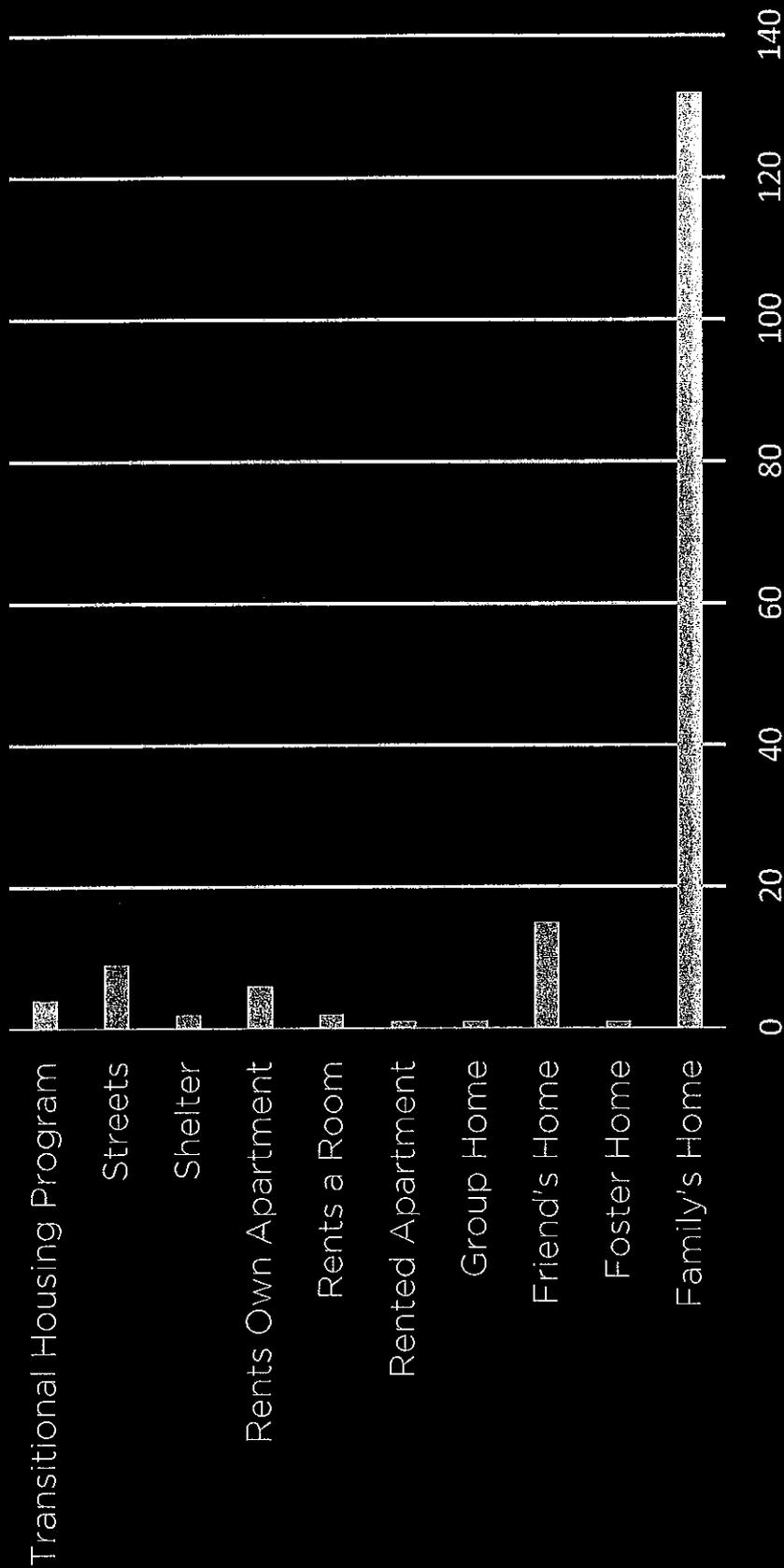
Source: Roca Central Intake FY15 to date
(n = 450; missing 240)



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HOMELESSNESS - SCOPE OF INSTABILITY

Roca High Risk Young Men: Housing Situation at Intake FY15 to Date



n = 450; missing 240



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HIGH RISK YOUNG MOTHERS PROGRAM



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WHO WE SERVE - HIGH RISK YOUNG MOTHERS

Female; pregnant and/or parenting

16 - 24 years old

Live in communities Roca serves

Multiple systems involvement, street/gang involvement, history of victimization, history of trauma, housing instability, substance use, lack of educational and employment attainment

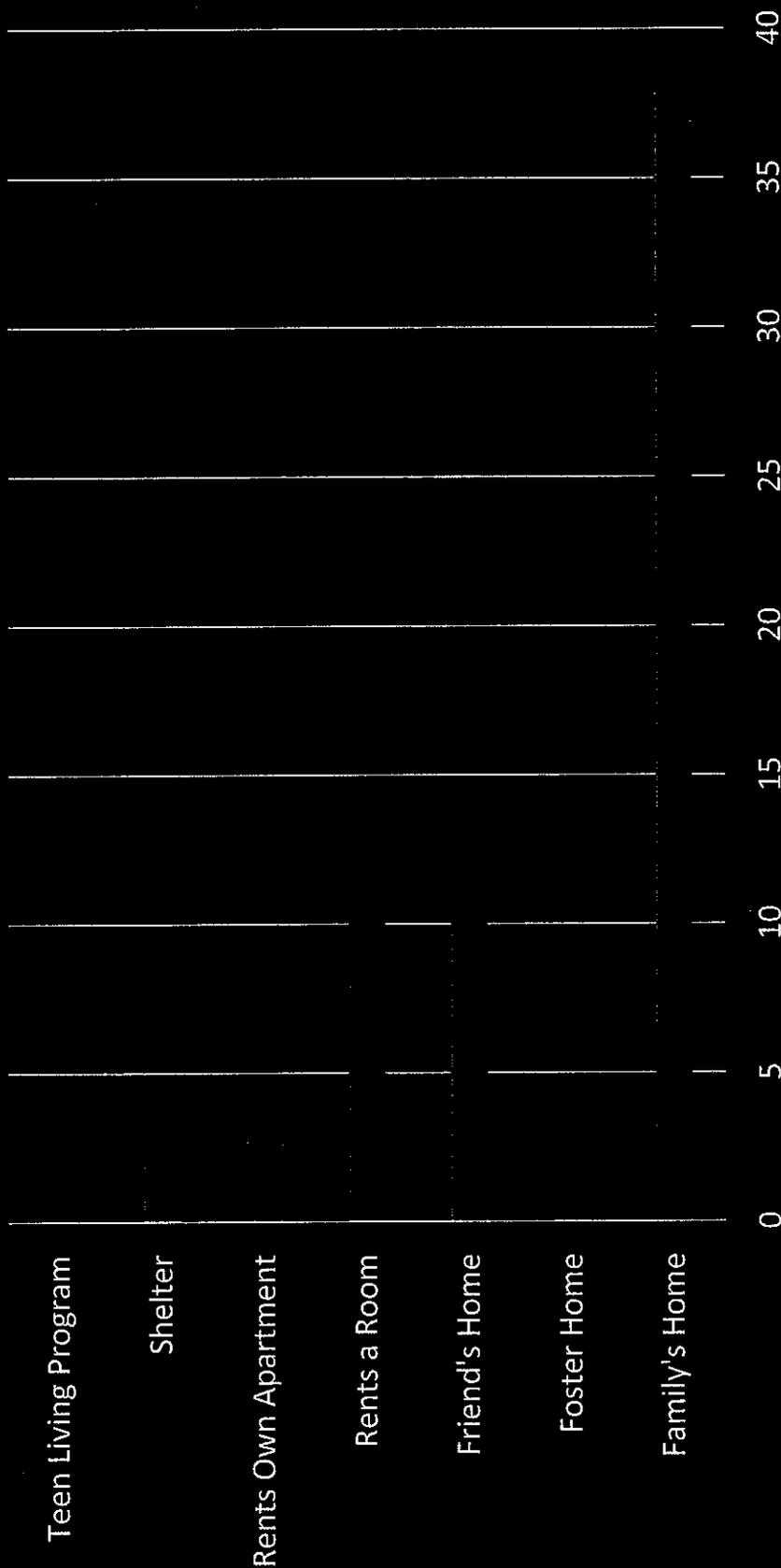
- Defiant, defeated, disconnected and detached



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HOMELESSNESS - SCOPE OF INSTABILITY

Roca High Risk Young Mothers: Housing Situation at Intake FY15 to Date



n = 86; missing 15



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HOMELESSNESS & THE YOUNG MOTHERS:

A CASE STUDY

- In 2014, 84% the High Risk Young Mothers (n = 96) reported experiencing homelessness or housing instability during the year. Of these women:
- A disruption in housing situation can often be the difference between sustained success and relapse for the



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DISCUSSION - ROCCA'S EXPERIENCES

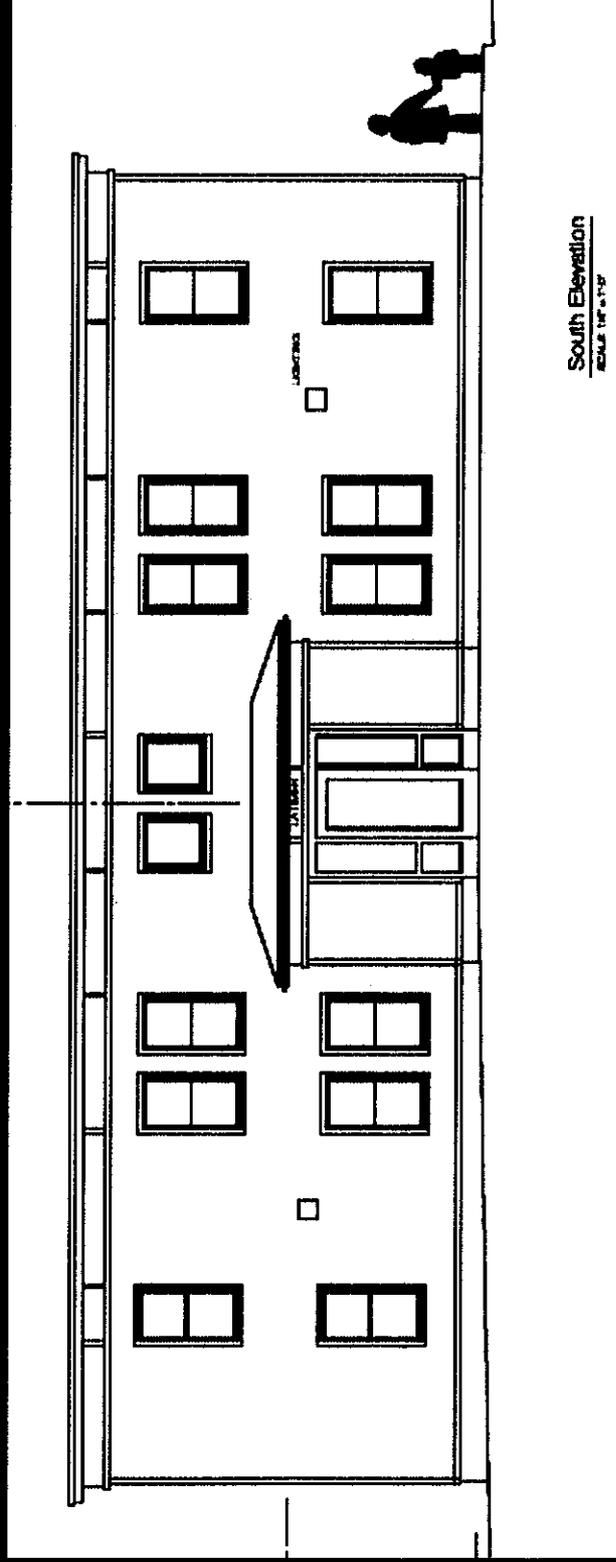
- What do we experience with homelessness?
 - Housing instability?
- What do we try to do about these issues?
- What isn't working?
- What can we try that could work?



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LEWIS LATIMER HOMES

- 4 new construction apartments for high-risk young parents
- Permanent, affordable, supportive housing



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LEWIS LATIMER HOMES - Development Costs

Total Development Cost: \$1,466,000.00 (\$366,500/unit)

SOURCES	INVESTMENTS
North Suburban Consortium (HOME funds)	\$200,000.00
DHCD Housing Preservation & Stabilization Trust Fund**	\$300,000.00
DHCD Housing Innovations Fund	\$300,000.00
City of Chelsea CDBG	\$326,000.00
TND Revolving Loan Fund	\$80,000.00
First Mortgage	\$260,000.00



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LEWIS LATIMER HOMES - Operating Costs

- Rent is supported with Mass Rental Voucher Program project-based rental subsidies
- Families pay 30% of income for rent

OPERATING EXPENSES	BUDGET
Gross Rent	\$64,917.00
Less Operations	\$35,832.00
<u>Less Debt</u>	<u>\$24,390.00</u>
Cash Flow (required ratio to support debt)	\$4,684.00

SERVICES	BUDGET
HPSTF Service Support (\$2,500/unit/year)	\$10,000.00
<u>ROCA estimated in-kind</u>	<u>\$7,884.00</u>
Total Services	\$17,884.00



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LEWIS LATIMER HOMES - Operating Costs

- Opportunity: we have assembled the resources to test and refine a model that supports at-risk young parents move to self-sufficiency
- Our community has deep need for more housing of this type
- Challenge: we need resources to expand the model
 - Capital development to leverage other resources
 - Services to stabilize families in the housing



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FOR FURTHER DISCUSSION

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