LESS JAIL, MORE FUTURE.
ROCA'S MISSION:
TO DISRUPT THE CYCLE OF INCARCERATION AND POVERTY BY HELPING YOUNG PEOPLE TRANSFORM THEIR LIVES
HOW TRANSFORMATION HAPPENS

ROCA'S INTERVENTION MODEL

- Relentless Outreach and Follow-up

- Transformational Relationships
  - Phase 1 - Engagement
  - Phase 2 - Behavior Change
  - Phase 3 - Sustaining

- Stage Based Programming
  - Life Skills/Engagement
  - Education/Pre-Vocational Training
  - Employment

- Engaged Institutions

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FRAMEWORK FOR CHANGE

Change is a process that happens over time and in stages.

Roca's Stages of Change* include:

- Pre-Contemplation: No
- Contemplation: Maybe
- Planning: Getting Ready
- Action: Acting Differently
- Sustaining: More Than 51%

Roca recognizes Relapse as critical to the change process.
DRIVING TOWARD CHANGE

Intermediate Outcomes:
- No New Arrests
- No New Technical Violations

Long Term Outcomes:
- No Re-Incarcerations
- Retained Employment
THINK DIFFERENTLY TO ACT DIFFERENTLY

Roca and MGH Community PRIDE are piloting a Cognitive Behavioral Therapy (CBT) Model with our young people.
HOMLESSNESS - FRAMING THE PROBLEM

• Difficult population to place in housing
• High blow-out rate once placed
• Housing changes often destabilize positive behavior change
• Non-availability of public assistance housing services
• Non-utilization of adult public assistance housing services
WHO WE SERVE - HIGH RISK YOUNG MEN

Target Population:
- **Gender:** Male
- **Age range:** 17 - 24 years old
- **Geography:** Live in communities Roca serves
- **Risks:** Adult Criminal Justice System Involved or Juvenile Justice System involved with risk indicators predictive of adult criminal justice system involvement

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HOMELESSNESS - SCOPE OF INSTABILITY

At intake, Roca’s High Risk Young Men report having lived in multiple housing situations in the previous three months:

- Street (1)
- Friend (8)
- Shelter (1)
- Family (119)
- Prison (7)
- Rent (3)

Source: Roca Central Intake FY15 to date
n = 1450, missing 240

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HOMELESSNESS - SCOPE OF INSTABILITY

Roca High Risk Young Men: Housing Situation at Intake FY15 to Date

Transitional Housing Program
Streets
Shelter
Rents Own Apartment
Rents a Room
Rented Apartment
Group Home
Friend’s Home
Foster Home
Family’s Home

n = 450; missing 240

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WHO WE SERVE - HIGH RISK YOUNG MOTHERS

Target population:

Female; pregnant and/or parenting

16 - 24 years old

Live in communities Roca serves

Multiple systems involvement, street/gang involvement, history of victimization, history of trauma, housing instability, substance use, lack of educational and employment attainment

What does it mean to serve a young woman?

- Defiant, defeated, disconnected and detached
HOMELNESS - SCOPE OF INSTABILITY

At intake, families and young men report an even higher degree of housing instability in the previous three months than the Young Men:

Family (37)

Source: Roca Central Intake FY15 to date. 131 missing.

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HOMELESSNESS - SCOPE OF INSTABILITY

Roca High Risk Young Mothers: Housing Situation at Intake FY15 to Date

- Teen Living Program
- Shelter
- Rents Own Apartment
- Rents a Room
- Friend's Home
- Foster Home
- Family's Home

n = 86; missing 15

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HOMELESSNESS & THE YOUNG MOTHERS: A CASE STUDY

• In 2014, 84% the High Risk Young Mothers (n = 96) reported experiencing homelessness or housing instability during the year. Of these women:

• A disruption in housing situation can often be the difference between sustained success and relapse for the individuals.
DISCUSSION - ROCA'S EXPERIENCES

• What do we experience with homelessness?
  – Housing instability?

• What do we try to do about these issues?

• What isn’t working?

• What can we try that could work?
LEWIS LATIMER HOMES

- 4 new construction apartments for high-risk young parents
- Permanent, affordable, supportive housing
LEWIS LATIMER HOMES - Development Costs

Total Development Cost: $1,466,00.00 ($366,500/unit)

<table>
<thead>
<tr>
<th>SOURCES</th>
<th>INVESTMENTS</th>
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<tbody>
<tr>
<td>North Suburban Consortium (HOME funds)</td>
<td>$200,00.00</td>
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<tr>
<td>DHCD Housing Preservation &amp; Stabilization Trust Fund**</td>
<td>$300,00.00</td>
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<td>DHCD Housing Innovations Fund</td>
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<td>City of Chelsea CDBG</td>
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<td>TND Revolving Loan Fund</td>
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<td>First Mortgage</td>
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**LEWIS LATIMER HOMES - Operating Costs**

- Rent is supported with Mass Rental Voucher Program project-based rental subsidies
- Families pay 30% of income for rent

<table>
<thead>
<tr>
<th>OPERATING EXPENSES</th>
<th>BUDGET</th>
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<tbody>
<tr>
<td>Gross Rent</td>
<td>$64,917.00</td>
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<tr>
<td>Less Operations</td>
<td>$35,832.00</td>
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<tr>
<td>Less Debt</td>
<td>$24,390.00</td>
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<td>Cash Flow (required ratio to support debt)</td>
<td>$4,684.00</td>
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<table>
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<tr>
<th>SERVICES</th>
<th>BUDGET</th>
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<tr>
<td>HPSTF Service Support ($2,500/unit/year)</td>
<td>$10,000.00</td>
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<tr>
<td>ROCA estimated in-kind</td>
<td>$7,884.00</td>
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<tr>
<td>Total Services</td>
<td>$17,884.00</td>
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LEWIS LATIMER HOMES - Operating Costs

- **Opportunity:** we have assembled the resources to test and refine a model that supports at-risk young parents move to self-sufficiency

- Our community has deep need for more housing of this type

- **Challenge:** we need resources to expand the model
  - Capital development to leverage other resources
  - Services to stabilize families in the housing

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FOR FURTHER DISCUSSION

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