Theory of Change: Ending Youth Homelessness KFLA

To reduce the number of youth in Kingston and area who are homeless, and those at risk of homelessness, by 20% by 2020

- **Primary Beneficiaries**
  - Homeless Youth
  - Youth at Risk
  - Family with Youth at Risk
  - Grade 7+ Pre-Risk

- **Secondary Beneficiaries**
  - Agencies
  - Community
  - School Boards
  - First Responders

### Homelessness Prevention

- **Awareness & universal prevention**
  - Support youth engagement in school & community
  - Establish mechanisms for family counselling & mediation
  - Promote universal mental health prevention & promotion programs

- **Targeted prevention & intervention**
  - Establish systems and protocols to help youth access services easily
  - Create system to collect & share localized research
  - Enhance coordinated access
  - Ensure continuous case management & follow up support
  - Create transition protocol and accountabilities
  - Enhance youth employment & career readiness opportunities
  - Hub for most marginalized

- **Increased range of Housing Options**
  - Enhance role of emergency housing services
  - Increase amount of transitional housing available
  - Make Housing First a housing option for youth
  - Ensure access to affordable housing units

### Integrated System of Care

- **Outcomes**
  - **Short-term**
    - INCREASE
      - # of youth & family identifying and addressing underlying causes
      - Range and # of services
      - Youth at risk staying connected with family
      - Use of available services
      - Access to services and a system that is youth centred and easy to access
      - Competencies and resiliency skills
      - Number of people seeking help
      - Housing stability for youth
      - Services to address causes/concerns
    - DECREASE
      - Recidivism
      - Wait time for services
      - Youth discharged into homelessness
  - **Long-term**
    - Reduce number of youth who are homeless or at risk of homelessness 20% by 2020
    - Change community attitude positively
    - Youth living with self-sufficiency

### Regional Engagement & Coordination

- Align City of Kingston’s housing and homelessness plan
- Develop plans for rural youth in Frontenac, Lennox and Addington

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**Sustainable regional strategy for youth homelessness**

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**Equity Lens**

**Youth Voice Essential**

**Family Voice to be considered**