

# Help!

## “‘The Helper’ is the Secret Ingredient to True Relationship”

### I. SCRIPTURE

Romans 8:26 NKJV – “Likewise, the RUACH [Spirit] also helps in our weaknesses. For we do not know what we should pray for as we ought, but the RUACH [Spirit] Himself makes intercession for us with groanings which cannot be uttered.”

### II. BEING LED BY THE RUACH [Spirit]

As I was preparing to go to bed last night, as I usually do on Friday, I asked YAHUAH [God] what He wanted today’s Shabbat [Sabbath] topic to be. To be sure that my own thought process was not interfering with His communication to me, I laid down and cleared my mind. Within a second or so, as clearly as someone would be saying who was standing next to me, He communicated one word to me: “Help!” At first, I thought that was a little strange, because I was asking Him for help in with today’s topic. But then, He leads me right away to today’s scripture where that exact same word “help” is found. (Read today’s scripture.)

You know, I am totally amazed and humbled at how YAHUSHA [Jesus] and YAHUAH [God] (each and both) are willing to help us and to lead us in our daily lives. Not only is YAHUSHA [Jesus] willing to communicate with you on a one-to-one basis, where He guides you each individually through His RUACH [Spirit], but He is doing this through the messages He provides you through this place, through this channel He is using, whether you are sitting here in person, or whether you are watching this video night now... or not.

Early this morning, as I sat down at my desk in my office, as I usually do, I went to the Scripture to look again at today’s scripture. I found that the Romans 8 chapter had already been bookmarked. At first, I thought that that was a little odd. But then, I remembered that YAHUAH [God] had me nestle a verse from Romans 8 last week. Does anyone remember which one? It was verse 30. Last week, in trying to express a love story, His love story to you, to us, YAHUAH (God)] expressed these words to us: **“Moreover, whom [I] predestined, these [I] also called; whom [I] called, these [I] also justified; and whom [I] justified, these [I] also glorified”**.<sup>1</sup> Last week, I thought it a

---

<sup>1</sup> Romans 8:30.

little odd at first that this verse would be nestled within His “My True Love” message. But today, I see why.

Last week, YAHUAH [God] wanted to express to each of us that He knew each of us before we were even formed in our mother’s womb. He wanted to tell us how He so intimately loved you then, and that He so intimately loves you even now. Last week, He wanted to express to you that “I know the thoughts that I think toward you,” He said, “thoughts of peace and not of evil, to give you a future and a hope.”<sup>2</sup> You know, after the service last week, after I returned home, I got down on my knees in my room and I talked with YAHUAH [God]. I expressed my disappointment to Him. I told Him that I felt that no one seemed to realize that last week He was delivering one of His most loving and prophetic messages yet toward us. I reflected on what I had noticed from the pulpit, that we had one of the lowest turnouts we’ve had in a while. I expressed to Him that I felt that those of us who were here were distracted. We were distracted by our phones, we were distracted by the room temperature, we were distracted by the electronics... I apologized to Him that our minds were on everything and anything else than Him telling us that He loves us... that He has always loved us... that He wanted us to each know that He foreknew us, that He foreknew you, and He foreknew me... He wanted us to know and still wants us to know today that He foreknew each and every hardship that we may be going through lately, even today... and that He has already wept over them. And these are the prophetic words from last week that I am going to repeat now. Please catch them:

Now is the time that we each should reflect on the fact that our YAHUAH [God], our YAHUSHA [Jesus], each and both collectively pre-knew you and me... that they have predestined, they have willed it to be that you and I are destined for greatness: to be alive such a time as we are living in today, in November 2020. Yes, as unique as each of you here today are from each and every other person in this world, there is a purpose for you even today.

He reminds us that it is His will for you to be in the here and now, today, in this particular time and place in your life. It is no coincidence! Remember that He has already looked at you before He even formed you! Remember that He has not made a single mistake in bringing you to this particular time and place in your life! YAHUAH [God] does not make mistakes; YAHUSHA [Jesus], your Creator, does not make

---

<sup>2</sup> Jeremiah 29:11.

mistakes! You are who you are, and you are going through what you are going through today because He planned for it to be that way!

Maybe you are worried about all the chaos and calamity in the world today. Maybe you are in pain or you are feeling sick today. Maybe you have even been caught up within the COVID-19 outbreak and you have tested positive. Or maybe it is something entirely different...

Maybe it is that you are facing a significant life decision. How many here today, who are hearing this message, are facing a major life choice? Maybe in your life's work? Or maybe you are facing some other significant milestone in your life? Retirement? A terminal illness? Not matter what you are facing today, please remember you're your Creator already knew you would be in this position today and He predestined it. And now, today, He wants you to know that His RUACH [Spirit] – The Helper – is standing by to help you in your weaknesses.

So, it is also not coincidental that the Romans 8:30 text was provided last week. For it becomes clear that last week you were to know that you were predestined and that you were called. This week, you are to know that you are being justified and in the process of being glorified.

### III. ARE YOU PRAYING AS YOU OUGHT? IS YOUR SPIRITUAL FUTURE SECURE?

Today, I know that many of us are facing major decisions in our lives. Today, it seems that life-changing events are happening in greater number among our body than at any time that I remember before. So, I ask you if you have even begun to consider what it is that YAHUAH [God] is trying to communicate to you today in your situation? The answer that I am seeing today has to do with where we each of us are today in our personal relationship with Him. When I say "Him", do you know about Whom I am talking about? For starters, Him can be no other one of the Triune God than YAHUSHA [Jesus] Himself. For starters, I know that Him cannot be YAHUAH [God] the Father. I know this because YAHUSHA [Jesus] tells us **"I am the way, the truth, and the life. No one comes to the Father except through Me."**<sup>3</sup> And then YAHUSHA [Jesus] tells us in John 14, just nine (9) verses later, that **"if you love Me, keep My commandments. And I will pray the Father, and He will give you another Helper, that He may abide with you forever— the Spirit of truth, Whom the world cannot receive, because it neither sees Him nor knows Him..."**<sup>4</sup>

---

<sup>3</sup> John 14:6.

<sup>4</sup> John 14:15.

So, it is here and now that we begin taking the steps that will help us, guide us into an absolute knowledge of how we can secure eternal, spiritual future?

## **A. ENDING A DUALIST LIFESTYLE**

It was just two weeks ago that YAHUAH [God] led us into the knowledge that we can no longer look at our lives in a dualist way. We can no longer look at living our lives in part in the sacred, and in part in the secular. Yes, that right!

### **1. OUR WORK LIFE**

No longer can we live our work lives, our occupations, to live out jobs in a way that is lived out separately, in a secular way, then as a work or job that is specifically lived as a sacred work unto YAHUSHA [Jesus] Himself. That that means is that of our day-to-day tasks performed within our work must precisely glorify YAHUSHA [Jesus]. Yes! It must be that every task, in every day of our life's work, is task that I undertake. Is it not stated in YAHUAH [God]'s word that we are to "obey our earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ? To obey them not only to win their favor when their eye is on you, but as slaves of Christ, doing the will of YAHUAH [God] from your heart? To serve wholeheartedly, as if you were serving the Lord, not people."<sup>5</sup>

### **2. OUR LIFE AFTER WORK**

(Is this one of life's most philosophical questions: "is there life after work?")

No longer can we live our life after work, our leisure time, our time with family, with friends, whether in the hours before or after work each day, or on weekends... whether on vacation, or during retirement at the end of life... or whatever time it is after work... whether our time watching a movie, playing a game, surfing Facebook, or whatever it is...

...no longer can we say that this time, whether our work or our life after work time... that we are entitled to live it in a way that is lived out separately from a sacred time unto YAHUSHA [Jesus] Himself. You may say that, "I have the right to do anything', but not everything is beneficial. You may say, 'I have the

---

<sup>5</sup>. Ephesians 6:5-7.

right to do anything', but not everything is constructive."<sup>6</sup> For we are told, "so whether you eat or drink or whatever you do, do it all for the glory of God."<sup>7</sup>

The part of what YAHUSHA [Jesus] is telling us is that **"if you love [Him, you will] keep [His] commandments,"** and that is at all times, which from now are His sacred time, for you as His disciple, in a 24/7 relationship with Him, are not entitled to your own secular time apart from Him. For then, and only then, will you be able to claim He promise to you and me, that He **"will pray the Father, and [The Father] will give you another Helper, that He may abide with you forever — the Spirit of truth, Whom the world cannot receive, because it neither sees Him nor knows Him..."** For if you are of the secular, and not of the sacred, for any of a 24/7 time in a relationship with Him, then it is a time that the promised Helper, the RUACH HA'QODESH [Holy Spirit] will not be included to abide within you, because even if He did want to abide within you, you would not be not be able know or receive Him during that time.

## B. ASKING FOR "THE HELPER" AFTER A 24/7 COMMITMENT

When one thinks of the Book of Romans, including Chapter 8 where today's scripture comes from, one usually thinks of it being the book of salvation by faith and not of works. To prove my point, I did a search of "what is the theme of Romans 8?" The first response from a reputable source was that the theme is that it is **"'no condemnation' by the wrath of God (v. 1) and ends with 'no separation' from the love of God in Christ (v. 39). So that the overarching theme is assurance."**<sup>8</sup>

Yet I find that a lesser known source is more accurate, that the **"theme, the Holy Spirit, makes living the Christian life possible in spite of the flesh and the curse on creation; and the Father secures us in His love from start to finish, because Jesus died, was raised, ascended, and intercedes for us; and no one or nothing can separate us from God's love that is in Christ Jesus our Lord."**<sup>9</sup>

---

<sup>6</sup> 1 Corinthians 10:23.

<sup>7</sup> 1 Corinthians 10:31.

<sup>8</sup> Romans 8: Teaching the Bible, The Olive Tree blog, accessed 11/21/2020, <https://www.olivetree.com/blog/romans-8-teaching-bible/#:~:text=Romans%208%20begins%20with%20%E2%80%98no%20condemnation%E2%80%99%20by%20the,Christ%20%28v.%2039%29.%20The%20overarching%20theme%20is%20assurance.>

<sup>9</sup> Romans 8 Theme, Argument, Outline, Applications, Spokane Bible Church, March 25, 2019, accessed November 21, 2020, <http://spokanebiblechurch.com/books/romans-8-theme-argument-outline-applications>

Although it is normal and good that we desire to want the “assurance” of no condemnation by YAHUAH [God] wrath and the “assurance” that nothing can separate us from the love of YAHUAH [God], we must absolutely not skip the process through which we attain that assurance. And as I read through Romans 8 again, I kept seeing the name of Spirit name of God, the “RUACH” over and over again as being the One with Whom we could gain these beautiful “assurances”. I counted that the name of HA’QODESH RUACH [Holy Spirit] was mentioned no less than 19 times in the chapter. And we learn by reading through Romans 8 verse-by-verse that these “assurances” can not be gained except that they are gained through a relationship with YAHUSHA [Jesus] through a walk with Him in the RUACH [Spirit].

Romans 8:9-11, says that “you are not in the flesh but in the RUACH [Spirit], if indeed the RUACH [Spirit] of God dwells in you. Now if anyone does not have the RUACH [Spirit] of Christ, he is not His. And if Christ *is* in you, the body *is* dead because of sin, but the RUACH [Spirit] *is* life because of righteousness. <sup>11</sup> But if the RUACH [Spirit] of Him who raised YAHUSHA [Jesus] from the dead dwells in you, He who raised HA’MASHIACH [Christ] from the dead will also give life to your mortal bodies through His RUACH [Spirit] who dwells in you.”

Before He left His disciples, before He left us, YAHUSHA [Jesus] said “**I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you. And when He has come, He will convict the world of sin, and of righteousness, and of judgment.**”<sup>10</sup> And so how do we receive this God [RUACH] within us? To help us, to guide us in the sacred lifestyle? YAHUSHA [Jesus] gives us the answer to this question, too. He says, “**if you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the RUACH HA’QODESH [Holy Spirit] to those who ask Him!**”<sup>11</sup>

We receive the RUACH HA’QODESH [Holy Spirit] after we ask YAHUAH [God] our Heaven Father for Him... *after* we have committed ourselves to Him in a 24/7 sacred relationship with Him. In the context of what MESSIAH [Christ] is saying to us, that we will receive the RUACH [Spirit] as a good gift that our heavenly Father gives “**to those who ask Him!**”, we must actually as for the Helper RUACH [Spirit]. We are asking for so many things these days, but our priorities are in wrong order.

---

<sup>10</sup> John 16:7-8.

<sup>11</sup> Luke 11:13.

We are asking YAHUAH [God] for a better job, we are asking YAHUAH [God] for bread, for better stuff... we are asking YAHUAH [God] to be free from our pain and illnesses... we are asking YAHUAH [God] for a better world to live in... we are asking YAHUAH [God] for a rest, for nice vacation... we are asking YAHUAH [God] a better this or a better that... when all along it is YAHUAH [God], Who already knows what you need and what is best for you, Who wants to **“give the RUACH HA’QODESH [Holy Spirit] to those who ask Him!”**

And by the way, if you are praying to YAHUAH [God], and you are praying outside of the name of YAHUSHA {Jesus}, then you are not praying appropriately and your request will go nowhere. For as YAHUSHA [Jesus] has told us, He is **“The Way, The Truth, and The Life. [And] no one comes to the Father except through Him.”** And as we have read the text in Romans (in verses 9- through 11), the RUACH [Spirit] is call both the RUACH [Spirit] of YAHUAH [God] as well as the RUACH [Spirit] of YAHUSHA [Jesus]. So again, before I would approach the Father, or when I approach the Father, I would ask in the name of **“The Way, The Truth, and The Life.”** And before I would ask YAHUSHA [Jesus], then I would make sure that I am in a first love relationship with YAHUSHA [Jesus] that is proven by a 24/7 commitment to Him. For He is The One who promises us that **“if you love [Him, then we will] keep [His] commandments. And [then, He] will pray the Father, and [The Father] will give you another Helper, that He may abide with you forever — the Spirit of truth, Whom the world cannot receive...”**

#### IV. CONCLUSION

There is a reason that many of you, many of us are faced today with big decisions: what your new job should be? What you should do after you are healed of a sickness? Or even more generally, what you should be doing with the rest of your life, what your calling is? We know that our Heavenly Fathers has **“thoughts of peace and not of evil [toward us], to give [us] a future and a hope”**, but we don’t know much more than that. But most likely until recently, you didn’t know that your Heavenly Father has a special calling for you, that you have been called for just a time as this. He is giving you another chance. He is giving you a clean break. He is still softly knocking at your door, still gently tugging at your rein, and saying to you that you should pray to Him as you ought by:

1. We cry out for “Help!” We confess our sins; we give Him our weaknesses. We give up our dualist lifestyle. We make sure that everything we do is capable of fitting into a sacred relationship with YAHUSHA [Jesus]. We commit our work,

**we commit our life after work, we commit all that we are and all that we do to YAHUSHA [Jesus] 24/7 (without exception). We now have a true, personal relationship with YAHUSHA [Jesus]. Then...**

- 2. We then ask the YAHUSHA [Jesus] and also the Father through YAHUSHA [Jesus'] for the their promised RUACH [Spirit] of Truth. We do not receive because we do not ask. So, let's start asking YAHUSHA [Jesus] today. Then...**
- 3. We start asking for the RUACH [Spirit]'s guidance. For we do not know what we should pray for as we ought, but the RUACH [Spirit] Himself will make intercession for us with groanings which cannot be uttered before our MESSIAH and before our Father who art in heaven.**

**Please remember today, dear brothers and sister, that it is the RUACH [Spirit], who is "The Helper", Who is the Secret Ingredient to True Relationship with YAHUSHA [Jesus] and with The Father. I pray that you will commit to following these steps today, before you begin asking for any other guidance in your life. That way you will know what direction you are to walk, and what decisions you should make on your life's path, particularly during this time in the end of our age.**

**Amen.**