

Eye Health – Part One

“See Great Light on a Dark Walk”

I. SCRIPTURE

Matthew 6:22-23 NKJV – **“The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!”**

II. THE LAMP & THE EYE

The lamp is a word used frequently in the bible. It symbolizes life, welfare, and guidance.¹ In today’s scripture, YAHUSHA [Jesus] is telling us that it is through our eyes that we gain the light that is necessary to fill our lamps, our bodies with the light, the spiritual welfare and the guidance, that we need.

III. THE LIGHT

A. THE WRITTEN WORD – A LAMP TO OUR FEET & LIGHT TO OUR PATH

“Forever, O YAHUAH [LORD], Your word is settled in heaven. You, through Your commandments, make me wiser than my enemies; they are ever with me. Oh, how I love Your law! It is my meditation all the day. You, through Your commandments, make me wiser than my enemies. Your word is a lamp to my feet and a light to my path.”²

B. THE LIVING WORD – THE LIGHT OF THE WORLD

“But YAHUSHA [Jesus] went to the Mount of Olives. Now early in the morning He came again into the temple, and all the people came to Him; and He sat down and taught them. Then the scribes and Pharisees brought to Him a woman caught in adultery. And when they had set her in the midst, they said to Him, “Teacher, this woman was caught in adultery, in the very act. Now Moses, in the law, commanded us that such should be stoned. But what do You say?” This they said,

¹. M.G. Easton, *Illustrated Bible Dictionary*, Third Ed., Thomas Nelson, 1897.

². Ps. 119:89,97-98,105; Unless otherwise noted, all Scripture is from the *New King James Version*.

testing Him, that they might have something of which to accuse Him. But YAHUSHA [Jesus] stooped down and wrote on the ground with His finger, as though He did not hear. So, when they continued asking Him, He raised Himself up and said to them, '**He who is without sin among you, let him throw a stone at her first.**' And again, He stooped down and wrote on the ground. Then those who heard it, being convicted by their conscience, went out one by one, beginning with the oldest even to the last. And YAHUSHA [Jesus] was left alone, and the woman standing in the midst. When YAHUSHA [Jesus] had raised Himself up and saw no one but the woman, He said to her, "Woman, where are those accusers of yours? Has no one condemned you?" She said, "No one, Lord." And YAHUSHA [Jesus] said to her, '**Neither do I condemn you; go and sin no more**.'" (John 8:1-11)

Then YAHUSHA [Jesus] spoke to them again, saying, '**I am the light of the world. He who follows Me shall not walk in darkness but have the light of life**.'" (John 8:12)

IV. PAINTING THE PICTURE

As so by now, we start to see the meaning of today's scripture. YAHUAH [God] has shown the author of Psalm 119 that it was His word that was originally settled in His domain in heaven. And that it is through His precepts and His commandments, and our obedience to them, that we become wiser than our enemies... enemies in both the flesh and in the supernatural realm.

The author says that it is YAHUAH [God]'s word, that originates from YAHUAH [God]'s spiritual domain in heaven, that should be our lamp – our guidance, our Spiritual welfare, and our life. Yes! This, that originates from *Him*, from *His* spiritual domain in heaven, is our Light! Yes! We do actually need His word to actually be able to see our feet, to know where our feet are currently planted. We need His light so that we can recognize whether we are actually on YAHUAH [God] path or not. To recognize if maybe we are on our own, or even someone else's path instead. Yes, brothers and sisters! We need *His* light! We need *His* wisdom! And need His guidance! For if we are without Him, we may blind! For without His wisdom, we are on a path that is contrary to the one that He wants us to follow. Without His guidance, we are not able to see where we should walk, and we will not be able to navigate successfully through *all* the obstacles that are put in front of us, to "walk [safely] *through* the valley of the shadow of death, [and to] fear no evil" (Ps. 23:4b). If we don't believe it, then what's the point of praying to our Father to "lead us not into [a path of] temptation, but deliver [to] us from evil" (Matt. 6:13) instead?

And about YAHUSHA [Jesus], the Living Word, it was said about Him by YAHUAH [God]’s His father in the heavenly realm to Isaiah (in Isa. 8:11a), that in Him “the people who walked in darkness have seen a great light; those who dwelt in the land of the shadow of death, [and] upon them a light has shined” (Isa. 9:2).

And so, we now have a woman who was pulled out from the darkness of her sin, being caught breaking YAHUAH [God]’s “thou shalt not commit adultery” law (Exod. 20:14), and now she is cast down in front of this “Great Light”. And how great was her darkness! For it, she was about to be stoned by her accusers, all because she had been led down the wrong path before. And so now, this woman who had previously lived in darkness and who is now cast down and about to experience the shadow of death, now sees this great light YAHUSHA [Jesus]! And although she had lost her light of obedience to and a wisdom to be gained from the YAHUAH [God]’s law, and she had lost her direction... now she is in front of YAHUSHA [Jesus], Who gives her a crash course on process of returning back to YAHUAH [God]. He pulls her out of the shadow of death, and tells her to CONFESS, to RETURN, and to LEARN to be obedient as she is back on and continues of the path He puts before her again. He responds to her, **“I don’t condemn you; [but] go and sin no more”**. She is now back on His path to righteousness, and she must now obey YAHUAH [God]’s law, to **“go and sin no more”**.

V. OVERCOMING OUR BLINDNESS

And so now we turn our attention to those pious church leaders, those scribes and Pharisees, those hypocrites! who had accused her... who had brought her in her darkness, in her pitiful sinful condition to YAHUSHA [Jesus]. And now YAHUSHA [Jesus] described these self-righteous leaders (and others who are like them). He says, **“judge not, that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you. And why do you look at the speck in your brother [and sister]’s eye, but do not consider the plank in your own eye? Or how can you say to your brother [and sister], ‘let me remove the speck from your eye’; and look, a plank is in your own eye? Hypocrites! First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother’s eye.”** (Matt. 7:1-5)

If you and I are so busy looking at and judging others, then what frame of mind are we in and how much time are we spending on looking at and removing our own planks, our own disobedience to YAHUAH [God]’s law? Or maybe instead, we are distracted by our accusers. And so rather than focusing on ourselves and our own

adulterous walk, we are instead spending our time worrying about the hypocrites in our life? We think, “why attend church, because they’re all hypocrites anyway?” And so, instead of taking the time to see and remove the specks that remain in our own eyes, we attempt our daily walk with obstructed vision, and we are too busy blaming others for our condition... when we should rather be throwing ourselves and our sinful condition at the feet of our ADONAI YAHUSHA [Lord Jesus]. And so, we continue to walk around aimlessly. YAHUSHA [Jesus] is telling us that we need to buy from Him some **“eye salve to anoint [our] eyes so that [we] may see”** (Rev. 3:18). He is saying that buying this salve from Him is necessary so that we can cure our blindness and see ourselves as we truly are, as He sees us. For if our blindness is cured, then we would see that we are in a condition not much different than the adulterous woman who was caught in her darkness, who was “miserable and pitiable and poor and blind and naked” (Rev. 3:17). And would see that our condition to YAHUSHA [Jesus] is nothing more than vomit about to be spewed out of His mouth, when instead we could choose rather to have Him view us as forgiven, as tried gold adorned with fine white linen, and *learnable* ... as we allow Him to put us back on His Father’s path for us. (Contrast our path to the paths set before by ourselves, our spouses, our parents or children, or others of this world or of the demoniac.)

VI. FINDING THE GATE – WALKING THE LIGHTED PATH

And so now I ask you, “what is the condition of your lamp? Do you know what your righteous path looks like, that you must face each day, each week, each month, each year, until the moment that you finally reach your destination? Do you have enough light to be able to find the narrow gate that leads you to the path on the other side? **“Because narrow is the gate”** and difficult to find, **“for wide is the gate and broad is the [path] that leads to destruction and there are many who go in by it [instead] because narrow is the gate and difficult is the way which leads to [eternal] life, and there are few who find it”** (John 7:13-14). And so, as we look to find this gate, we must be certain that our eye health is at its best. For unlike the adulterous woman, we may not have the ultimate good fortune of having our accusers through us at YAHUSHA [Jesus]’s feet, Who is actually the one to lead us to and open this narrow gate for us. Do you remember His words, **“most assuredly, I say to you, he who does not enter ... but climbs up some other way, the same is a thief and a robber? But he who enters by the door is the shepherd of the sheep? To him the doorkeeper opens, and the sheep hear his voice; and he calls his own sheep by name and leads them out. And when he brings out his own sheep, he goes before them; and the sheep follow him, for they know his voice.”** (John 10:1-4) And so now, we have YAHUSHA

[Jesus], Who has healed us of our blindness, and is now filling us with His light, taking care of our spiritual welfare while He guides us along the obstacle course on our path that leads us to a life more abundant, and one that is ultimately eternal for us.

VII. CLOSING PRAYER

Our Father, Whose word is settled in heaven. Hallowed by Thy name. As Thy Kingdom comes, we pray that Thy will be done, here on earth as it is done in heaven. Make us wise by Your word, by obedience to your law. For Your word is a lamp until my feet and a light to my path, dear Father. Give us today, our daily Bread... our daily portion of your Son YAHUSHA HA'MASHIACH [Jesus Christ], the Bread of Life, that we may believe in Him, that we might not hunger or thirst ever again. Forgive us our sins and remove the specks from our eyes so that we may see clearly as we forgive all others, including those that I perceive as hypocrites. And now, as we ask you to put us back on the difficult path that you intend that we travel, lead us not into temptation we ask... but deliver us from all obstacles, from all evil. For we know that You are with us, for your rod and your staff, they comfort us. For surely your goodness and mercy shall follow us all the days of our lives, until that day that we will ultimately dwell in your O ADONAI [LORD]. Thank you.

Amen.