

Candidate Liz John-West - Ward Metis

I appreciate all the advocacy work you are doing in the 5 areas which you have identified. During COVID the dialogue around mental health of people and communities has come out into the mainstream. This is good. I work with the vulnerable and marginalized population and therefore all your 5 values resonate with me and I would be a strong advocate of these values. I also recognize mental health challenges are experienced by all people in all sectors of society but some of us have benefits which allow us to access mental health support while others do not have this privilege.

Many of your questions had the phrase “meeting and working with GEA”. This is where I am not able to make a commitment without knowing the full scope of my responsibilities as a counsellor. However please do know that my background in community development and working with vulnerable populations and living in a marginalized community all leads me towards paying attention to the mental health of our society. Thank you for reaching out to me and I look forward to connecting with you in the future.