

# Tips on having your voice heard

Write an email or letter, pick up the phone, visit your MP.

Your State Parliament may soon debate a Voluntary Assisted Dying Bill. Let your MPs know your thoughts. Also discuss the issue with your family and friends and ask them to contact their MPs as well. We each only have one chance to be heard. Remember, approximately **85% of Australians want this law passed**. Our politicians must hear this message.

## Write to or call your local politicians

Look up your MP's contact details on our website, using our [MP Lookup Tool](#).

1. In a letter, include your address and the date.
2. Use your local MP's name.
3. State simply at the beginning WHY you are writing to them.
4. Personal stories are powerful.
5. Sign your letter and print your name (include your phone number if you wish).

What you could say:

**"I am contacting you to let you know that I strongly support the new voluntary assisted dying laws."**

**"I want my own choice on how I die if I have extreme suffering and there is no hope of recovery or respite."**

**"As my MP, I would like you to support the Inquiry recommendations."**

## Visit your state MPs in their office

Call your local MP's offices and request an appointment. They are your elected representative and are obliged to try and make time to see you. Find their office location using our [MP Lookup Tool](#).

1. Call and request an appointment.
2. If the office can't offer a time, ask what hours the office is open.
3. Drop in and tell the staff your message in person.

What you could say:

**"I want to tell you personally my thoughts because this is very important to me."**

**"I want my own choice on how I die if I have extreme suffering and there is no hope of recovery or respite."**

**"We are constituents and expect our elected representatives to vote as the majority requests."**

## Organise a bus trip to your local MPs' offices - and tell the local newspaper

Strength in numbers! Organise an appointment and take the bus. You should be seen as you are all local constituents.

1. Call and request an appointment – explain you have a bus-load of voters.
2. Book a bus or take the local service.
3. Ask your friends and neighbours to join you.

## Learn more and connect on social media

For more information, including the latest publications, news and other resources, visit our website:

[www.GoGentleAustralia.org.au](http://www.GoGentleAustralia.org.au)

Find us on:

[Facebook](#), [Instagram](#) and [Twitter](#).

Thank you for your support.