

What Does Your Own Experience Confirm?

Great progress has been made in every realm in the past century and a half, but we still have a long way to go. Does the vision of the earth as one planet with no boundaries, as seen from the moonwalk, confirm for you that we are one human family?

The first unifying principle of wholeness says our consciousness expands as we search for truth ourselves, with our own conscious mind. Rather than accepting anything blindly, we should investigate reality on our own.

contemplative practice, reflective writing

- *Reflect on whether your own experience bears out an evolutionary impulse towards wholeness and unity.*
- *Based on your own experience and search for truth, is an interconnected world coming into being?*
- *Is the earth really one planet with no boundaries?*
- *Is the consciousness of the oneness of humanity emerging as the core principle of our time?*
- *What in particular has given you this sense?*
 - *Write down your reflections.*