



Take the **#LoveMore** Challenge In Three Simple Steps

1. TAKE THE CHALLENGE:

Place a red heart on your hand, make a declaration about how **YOU #LoveMore**, and take a selfie or video. For example, "I've taken the **#LoveMore** Challenge for the **#GOODoftheWHOLE.**" Be creative! Play. Have fun. Post it on Facebook with the hashtags: **#LoveMore** and **#GOODoftheWHOLE**

2. CHALLENGE OTHERS:

When you post your **#LoveMore** picture or video on Facebook, call out FIVE friends by tagging them. Invite them to take the **#LoveMore** challenge. Or better yet, gather with a group, create an event or service project, and take the challenge together!

3. SHARE:

Share **#LoveMore** posts, videos, and tweets on social media. Use your **#LoveMore** picture as your personal profile. Share **#LoveMore** with your friends, family, community and networks. Send an email, snapchat, instagram, or text message. Above all, **#LoveMore** for the **#GOODoftheWHOLE.**