



“There is no remedy for love but to love more.” ~ Henry David Thoreau

Hello Friend!

I'm excited to invite you (and your organization) to join us in engaging with the **#LoveMore** Challenge. I'm sure you'll agree it's time to open our hearts and **#LoveMore**.

Participate in three simple steps:

1. TAKE THE CHALLENGE:

Place a red heart on your hand, make a declaration about how **YOU #LoveMore**, and take a selfie or video. Be creative! Play. Have fun. Post it on Facebook with the hashtags: **#LoveMore** and **#GOODoftheWHOLE**

2. CHALLENGE OTHERS:

When you post your **#LoveMore** picture or video on Facebook, call out FIVE friends by tagging them. Invite them to take the **#LoveMore** challenge. Or better yet, gather with a group, create an event or service project, and take the challenge together!

3. SHARE:

Share **#LoveMore** posts, videos, and tweets on social media. Use your **#LoveMore** picture as your personal profile. Share **#LoveMore** with your friends, family, community and networks. Send an email, snapchat, instagram, or text message. Above all, **#LoveMore for the #GOODoftheWHOLE**.

For more information, resources, suggestions, pictures and ideas, you can go to www.goodofthewhole.com/lovemore. Also, view and share the video: <http://bit.ly/2kxwenQ>

Thank you for your courageous expression! Together, we are grounding the force of love with the intention to **#LoveMore** for the **GOOD of the WHOLE**. I look forward to seeing and sharing your contributions.

Building a Culture of Love,

SIGNATURE