



Stops En Route:

- 1 Cheltenham General Store
- 2 Spirit Tree Estate Cidery — Hard and soft ciders, bakery, bistro, fruit sales
- 3 The Cheltenham Badlands
- 4 Belfountain — Restaurants/cafes, general store
- 5 Forks of the Credit Provincial Park
- 6 Inglewood — Restaurant/cafe, bike shop
- 7 Caledon Trailway (unpaved multiuse trail)

Region: Peel

Distance: 30 km

Experience Level: Moderate to advanced, road and trail ride

Route Surface: Paved and unpaved roads, unpaved trail

Notes to Riders: Hybrid or mountain bikes recommended. This route incorporates some roads with heavy traffic volumes, including Mississauga Road and Forks of the Credit Road. The latter has speed bumps and 30 km/h limit posted. Take care on narrow hairpin descent 2 km east of Belfountain. Unpaved trail surface in Forks of the Credit Provincial Park, suitable for mountain bikes or hikers only. 2 km unpaved road on McLaren south between Forks of the Credit and The Grange Road. Caledon Trailway is unpaved, with a hard packed surface.

Getting There:

GO Transit bus to/from Grimsby.

More tourism information at www.centralcounties.ca

LEGEND

-  **Greenbelt Route**
-  Regional Loop / *Itinéraire régional*
-  Distance marker (2km) / *Distance (2km)*
-  Cultural attraction / *Attraction culturelle*
-  Farm stop (U-pick and on-farm market) / *Marchandises en cueillette et Marché*
-  Sweets & Treats (bakery, artisanal food, etc.) / *Friandises (boulangerie, épicerie fine, etc.)*
-  Shop (general or country store) / *Magasin générale*
-  Beer, Cider, or Spirit / *Bière, Cidre, ou Alcool*
-  Winery or Vineyard / *Entreprise vinicole ou Vignoble*
-  Scenic lookout / *Vue panoramique*
-  Natural Feature / *Point de repère*
-  Conservation area / *Zone de conservation*
-  Information / *Information*
-  Shopping centre / *Centre commercial*
-  Bike shop / *Magasin de vélo*
-  Hospital / *Hôpital*
-  GO Transit station / *Service GO Transit*
-  Town or City / *Ville ou Village*
-  Park or Natural area / *Parc ou Espace naturel*
-  Greenbelt

Route Description:

From the Caledon Trailway and Greenbelt Route, ride into the surrounding countryside to experience the natural heritage and beauty of this area. Load up on a variety of culinary delights at Spirit Tree Estate Cidery before pedaling on to view the red rutted earth of the Cheltenham Badlands, two side stops worth the extra kilometre. Passing through horse country and green pastures, enjoy a gentle ride up to the hamlet of Belfountain, a mecca for day trippers with lots of food options, plus picnicking and nature trails at the conservation area. The next stretch is very scenic but requires caution. Pull over at the scenic viewpoint while enjoying the Escarpment descent. Continuing along the Forks of the Credit Road, this popular route sees a lot of touring vehicle traffic, especially in the Fall. Crossing the river, cycle up the narrow road past a hidden country cottagelike community to hike or bike the rugged trail network in Forks of the Credit Provincial Park. Turn off Forks of the Credit Road and onto the quieter unpaved McLaren Road to ride back under the forested Escarpment cliffs, crossing rivers and streams all the way into the quaint village of Inglewood and rejoining the Caledon Trailway.



Possibility grows here.

Ontario's Greenbelt is almost 2 million acres of protected countryside providing us all with fresh air, clean water, healthy local food and a thriving economy. Learn more at greenbelt.ca