



Prepare for Your Trip – A Checklist for All Participants

Here are some helpful tips to make your trip to a Greenbelt farm or nature area a fun, enjoyable success. Don't forget to always bring enough water, protect yourself from the sun or rain, and dress appropriately!

Tips for every trip:

- Check the weather before you go.
- If it looks like rain, pack a raincoat and hat and try to use a waterproof bag to carry anything else. Pack extra socks.
- If the weather is hot, please pack sunscreen and a hat for everyone. Wear light clothes.
- Everyone should bring a full water bottle and refill it during the day.
- Shoes must be comfortable to walk on nature trails and farm fields. Wear something that is okay to get dirty.
- Bring bug repellent.
- Pack some snacks and a picnic lunch.
- Do not bring any animals/pets.

Fun things to bring:

- Pack a swimsuit and towel if you are going to the beach.
- Prepare a picnic lunch, and ask if a BBQ will be available for your group to use.
- Bring containers if you are going fruit or vegetable picking. Farms also have containers, but it saves money if you bring your own.
- Don't forget your camera, sketchbook, ball or other toys – whatever you need to have fun!

Into the Greenbelt is a project of the Friends of the Greenbelt Foundation, in partnership with RBC, The Stop Community Food Centre and regional Conservation Authorities to bring new Canadians into Ontario's Greenbelt for fun, educational day trips. Eight itineraries have been developed for unique, enriching experiences in the Greenbelt. Most sites require reservations for guided group tours and picnic areas.

Share photos and stories from your Greenbelt experience on social media!



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