



Hearst Families,

Kaizen Karate is excited to announce that registration for all Fall 2019 Enrichment Programs opens on [Monday September 2, 2019](#). You can begin registering for Enrichment and PTA sponsored classes on the links provided below.

Registration for PTA Sponsored classes closes on [Thursday September 12, 2019 at 9:00 AM](#).

Link: <https://www.6crickets.com/providerDirectory/US/MD/Silver-Spring/Kaizen-Karate-17c3433fecc21b57/schools/2674/Hearst-Elementary-School?refer&provider=1819>

Registration for Enrichment Programs closes on [Wednesday September 25, 2019 at 9:00 AM](#).

Link: <https://www.signupgenius.com/tabs/4307ed704a1cbe9c06-hearst3>

Note that there are three types of enrichment programs offered at the school.

1. Enrichment Programs - These are vendor led classes and fees are determined by vendors. All instructors and substitutes have a DCPS background check. (e.g., chess, yoga, French, Spanish)
2. PTA Sponsored - These classes are subject to a \$50 fee and are taught by parents and teachers. The system is a random lottery, with preference given to students who have not previously participated in any enrichment classes. Each student will be assigned to one PTA enrichment activity per academic year. (e.g., garden club, jewelry making, creating comics)
3. Teacher-led - These classes are free and are run by teachers. (e.g., chorus, and running)

The enrichment sessions run for 8 weeks, for all classes from Monday through Friday. Make-up sessions for any enrichment classes cancelled because of unexpected school closure or teacher cancelation will be rescheduled. Every effort will be made for each class to have 8 sessions. Please keep in mind that the cancellation policy does not apply to the PTA Sponsored and Teacher led classes.

Registration, enrollment, and payment for the enrichment program will operate as follows:

- For Enrichment Programs payments will be collected at the time of registration. If a child attends the first day of class parents are not subject to a refund.
- For the PTA-sponsored classes, after the registration closes you will receive an email informing you if your child has won a seat or not. If your child wins a seat in a class you will be emailed a link to register and pay the \$50.

Scholarships

We have scholarships available for families unable to pay the administration and supplies fee. To apply, contact the school psychologist who will confidentially handle the scholarship process Ms. Brenda Nishimura (Brenda.Nishimura@dc.gov).

If you have any questions, please feel free to contact Tania Martinez directly at (tania@kaizenkarateusa.com)

PTA Sponsored Programs

Creating Comics (Grades 3-5)

Students learn how to create sketch characters and story lines as they explore the cartoon/comic genre. Students can create new characters and comics weekly or build on one character and create new comic strips each week.

Fabrics and more (Grades 3-5)

In this class, students will use a variety of fabrics and learn no-sew techniques for creating fun, useable crafts.

Garden Club (Grades 2-5)

Fall Garden Club will allow our Owls to learn about and tend to some of the existing garden beds around the school and to plant and care for cool-weather plants such as pansies, kale, and much more! Led by Hearst Parent, Christina Burnett, let's see what our Owls can grow! Seeds, plants, gloves, tools and soil to be provided.

GeoPlunge (Grades 3-5)

Learn about the states and get ready to compete with other area teams in the D.C. GeoPlunge tournament.

Homework Club (Grade 5th)

This enrichment class is an opportunity for 5th graders to work on daily homework assignment or tackle extra math/reading/writing work. A teacher will be available to answer questions that students have and work with them as needed. This new pilot class will meet once or twice a week depending on instructor availability. Currently, the course will be held on Monday's and Tuesday's with Ms. Gray. Email Keri Sikich at kwsikich@gmail.com if you have questions.

Jewelry Making (Grades 3-5)

Learn jewelry making with Ms. Vandivier techniques and create beautiful objects to wear.

Enrichment Programs

Chess (Grades K-5)

Chess class is where the students will learn how to play chess, the basic of chess endings and chess strategies. Our goals include: Improving academic skills and test scores. Increasing children's attention spans. Teaching young people that they have control over much of their environment, so that the decisions that they make will have consequences in the future, even if not all of those consequences are immediately apparent.

Cooking and Storybooks (Grades Pre K-5)

This semester our Chefs will focus on making delicious dishes, with ingredients that are in season! We have not always had the luxury of having fruits and veggies ALL year round. Harvest time is a wonderful time of year to make a creamy batch of Butternut Squash Soup, Mini Apple Tarts, Savory Rhubarb Bars and even learn how to pickle! This is a fun and in-depth look at enjoying the season we are in and the delicious food that comes along with it! We hope to see you in the kitchen!

Debate Club (Grades 3-5)

Students learn how to develop persuasive arguments while debating a different topic in every class. Students work in rotating groups and practice their debating skills in a supportive, friendly environment, including:

- Developing arguments
- Issuing rebuttals
- Providing examples
- Rebuilding their case
- Summarizing points of view Students learn to prepare their arguments, prioritize their ideas and think on their feet, developing their public-speaking skills and gaining self-confidence in the process.

French (Grades K-5)

Full-immersion French program includes fun interactive activities, songs, games, and role playing. Beginners will learn basics (days of the week, month, colors, animal names, sports), while more advanced students are challenged with written activities/complex conversations.

[Girl Scouts \(Grades 4-5\)](#)

Junior Girl Scouts for 4th and 5th graders will meet every other Wednesday beginning the first week of enrichment classes. To find out more and sign-up, please reach out to troop leader and Hearst parent Stephanie Lussier homolkalussier@gmail.com.

[Gymnastics \(Grades Pre K-5\)](#)

Power Tots Gymnastics is designed to challenge and educate children in multiple aspects of their lives. Fine and gross motor skills are developed and enhanced along with the overall physical and emotional well-being of each child. Every goal is reached with the effort and execution of our belief in the “Power of a Positive Attitude.” Our challenging and thorough age-appropriate curricula are designed to reach our goals of a healthy self-confidence, a positive association with fitness and increased physical health all while learning muscle groups, shapes, numbers, colors and healthy lifestyle habits.

[Karate \(Grades Pre K-5\)](#)

This class is designed for all belt levels ages 5 -11. Students learn the basic levels of martial arts while participating in a fun, exciting atmosphere. Class is tailored to student’s individual needs and helps them grow to their fullest potential possible. Karate classes not only focus on instruction, but also learning valuable lessons related to discipline, motivation, self-control, and continual improvement.

[Mandarin Chinese \(Grades K-5\)](#)

Open a window to another culture, communicate and make discoveries! Children will build practical Mandarin Chinese language skills in a fun and informal immersion setting. Together we'll explore cultural notes, Chinese characters and Pinyin, ask & answer questions, describe, identify, compare, count, make plans, sing, play games, and more – 全用中文! quán yòng zhōng wén! Some favorite Beginner topics through the year include a birthday party, sports & hobbies, the farm, weather, colors and directions, our families, Lunar New Year, zodiac and pets. Each child receives a Fall Session workbook to support the lesson themes and for early exposure to Chinese characters and how they are pronounced using Pinyin.

[More Than Lemonade \(Grades K-2\)](#)

New projects each session! Kids are creators, innovators and risk takers. Many children unleash their entrepreneurial instinct when they run their first lemonade stand. Join us as your young entrepreneur takes the next step in their entrepreneurial journey. Young entrepreneurs will take the lemonade stand to the next level, create fun crafts using recycled and new materials, and learn the tricks to become a paid party entertainer! Entrepreneurs will also sample delicious lemonade and learn about a teenage lemonade entrepreneur who started her business when she was 4! More Than A Lemonade Stand touches on basic business vocabulary and ideas designed to introduce young entrepreneurs to concepts such as eCommerce, brainstorming, invention & innovation, products, services, etc. Entrepreneurs will be provided materials to create crafts that they will bring home each week. These crafts can be replicated and sold at a 21st Century “Lemonade Stand.” Program participants will be eligible to participate in a vendor opportunity, such as the Tenley Winter Market - <http://www.tenleywinterfest.org/winter-market/>, to sell their crafts and products such as beads, magnets, slime and more!

[Multi-Sports \(Grades K-5\)](#)

This multi-sports program teaches the basics of multiple, different sports, including basketball, soccer, flag-football, capture the flag and other sports. The program is designed to enhance your students' athletic diversity while teaching important lessons in teamwork, positive attitude and respect.

[My First Business \(Grades 3-5\)](#)

Have a great idea or solution to a problem? Turn your idea or solution into a business, make money and grow it big! During My First Business young entrepreneurs use brainstorming to identify a business idea from a passion, hobby, interest or problem. Young entrepreneurs will explore how to use design thinking to visualize the idea as a thriving, profitable business. From designing a logo to creating a marketing plan to develop a financial plan, we will guide our students on learning the basics in starting a business, while incorporating social responsibility concepts. My First Business highlights successful young people who have started and grown multi-million dollar businesses, explores basic business concepts, and is designed to introduce young entrepreneurs interested in making money or starting a socially conscious venture the first step toward creating a viable business. Young entrepreneurs will receive a workbook they will update each week and keep at the end of the session. Program participants will be eligible to participate in a vendor opportunity, such as the Tenley Winter Market -<http://www.tenleywinterfest.org/winter-market/>, to sell products or promote a service-related business. Families will also be invited to a “Pitch Party” on the last day of the program.

Pop Stars (Grades 1-3)

Get ready to turn your classroom into a stage and dance like your favorite pop stars! In this high energy, age-appropriate class, students 1st-3rd will learn popular jazz techniques including turns, jumps, and kicks that they see their favorite pop stars doing! Teachers will play popular music from recent children's movies and soundtracks to encourage students to sing along while they dance. All students receive a Tippi Toes t-shirt and have the opportunity to participate in our recitals (Dec & Jun). Participation in recitals is Optional but it is a fantastic confidence-building opportunity! There is a separate recital fee charged (October & March).

Scratch (Grades K-5)

Coders will learn to create stories, games, and animations using a visual programming language called Scratch. With Scratch, the children will be introduced to fundamental programming concepts while learning to think creatively, work collaboratively, and reason systematically. Scratch is designed and maintained by the Lifelong Kindergarten group at the MIT Media Lab.

Soccer (Grades K-5)

Coaches teach dribbling, trapping, passing, kicking, and defensive skills. Students play games and use drills to have fun while learning one of the most popular sports in the world! Our dedicated team helps develop each student to be the very best they can be. Lessons are customized to meet the needs of students. Valuable lessons in teamwork, sportsmanship, and discipline will be taught while having fun.

Spanish (Grades K-5)

Open a window to another culture, communicate and make discoveries! Children learn to speak Spanish in a fun, informal, immersion setting and build practical language skills through interactive activities, games, classroom routines, songs and a workbook. FLES teachers who are native speakers of the language introduce cultural notes, customs and traditions to explore. Favorite beginner topics include families and pets, body parts, colors, counting, directions, weather, birthday party, farm animals, sports & hobbies, breakfast and more. Join us for a language learning experience that lasts a lifetime!

STEM (Grades K-5)

During STEM (Science, Technology, Engineering & Math) Quest & Adventures, students will participate in interactive and engaging experiences through our hands-on lessons and fun activities. Students will explore real-world careers such as graphic and product designer, food scientist, archaeologist, or being an astronaut. Activities may include: designing a backpack, lunchbox or pet carrier; constructing a jungle zipline; creating wacky designs; or exploring the science of food.

Tippi Jam (Grades Pre K & K)

This high-energy dance class is designed to keep boys and girls ages 3-6 years engaged in continual motion while they learn the basic elements of dance including positions and terminology. We incorporate an even mix of the three types of dance over the class time in a way that is fun and healthy for active children including exercising their bodies, imagination and singing voices!

Ukulele (Grades K-5)

Group Ukulele class is a great introduction to music. Students will learn basic chords and melodies through popular songs. The class will culminate in a recital at the end of the 8 weeks. A ukulele is required for the class.

Yoga (Grades K-5)

Develops focus, flexibility, strength, and coordination through yoga poses, stories, songs, drawings, and games. Classes enhance energy while teaching children how to remain calm and centered. Children learn basic movements in a fun, relaxed setting. Benefits increase patience, posture, confidence and self-esteem. Poses are learned individually, with partners, and groups.

Young Diplomats (Grades K-2)

In today's increasingly interconnected world, it's critical for students to develop a global mindset and build international and cultural awareness early in life. Topics include:

- Cultural differences across countries (e.g., food, clothes, traditions, languages)
- World currencies
- Economic development
- Current global events
- International trade and exchange rates
- The role of international institutions, such as the UN and The World Bank
- The role of the internet in globalization
- Controversial parts of globalization

DETAILED ENRICHMENT POLICIES AND PROCEDURES

At the back to school night on September 11, 2019 you will meet with the new On-site coordinator and Assistant coordinator. Their role is to ensure that all clubs run smoothly and all children are in the right place at the right time!

Arrival/Dismissal

All students are dismissed from their classroom teacher to the coordinators at the gym at 3:15pm dismissal. The onsite staff will meet them, take attendance, and arrange for students to get to each class.

At the end of each session, the instructor will escort the students back to the onsite coordinator located at the PreK-K classroom hallway. The onsite staff will dismiss all students to parents and guardians. Innis employees will come there to pick up the students in the Innis aftercare program. Please do NOT go to the individual classrooms to collect your children. We discourage parents from sitting in on enrichment classes as it is a disruption to the class. If you would like to volunteer for a class that your child is taking, please contact Tania Martinez at tania@kaizenkarateusa.com.

The Enrichment Classes are not a substitute for aftercare. It is your responsibility to make sure your child is picked up promptly when class ends or that he or she is enrolled in Innis or the Rec Center. If a situation arises where your child is left without aftercare and someone is not there to pick up your child, you will have to come and pick up your child immediately. Your child will not be able to return to the enrichment class until you have made an arrangement for aftercare.

For classes that start at 4:45 p.m., the onsite staff will collect the students from the Rec program, Innis, or their 3:30 pm enrichment class and take them to their 4:45pm classes.

IMPORTANT: If your student is in a 4:45pm class but not a 3:30 p.m. class you **MUST** make childcare arrangements for them (e.g., the Rec, Innis, or supervision by a parent on the playground). Neither the school nor PTA will be responsible for your children during that time.

Also, for the safety of all children, it is important that parents keep us up-to-date on the pick-up arrangements for their child. If you have any change in your child's pick-up plans, please update you Aphelia profile. If you need help creating a profile please contact Tania Martinez at tania@kaizenkarateusa.com.

Late Pick-Up Fee

It is critical that children be picked up on time. Our Enrichment Program teachers have other commitments and responsibilities after their classes are over, and we must respect their time. For this reason, a late fee of \$1 per minute per child will be assessed for all parents who pick up their child(ren) late.

Discipline

Participation in the enrichment clubs is a voluntary activity. We ask that all students participate willingly in class, avoid causing disruption to others, and behave in a respectful manner to all! In the event of a problem, a child may be pulled from the enrichment club by the onsite staff and the child's parent or guardian will receive a phone call. In the event of a third occurrence requiring a student to be pulled from class, that student will no longer be able to participate. We hope to have a problem-free program but also want to make our discipline policy clear for all!

Attendance

Attendance will be tracked.

If your child is out sick from school on the day of an enrichment class, or cannot attend the enrichment class for some reason, please notify us as quickly as possible. Please email Tania Martinez at tania@kaizenkarateusa.com.

Snack

If you would like for your child to have a snack, please make sure to include one in his or her backpack the day of the class. Water fountains will be available for students, but your child may bring his or her own water bottle. Parents whose children go to Innis please note that they will NOT get a snack from Innis before going to a 3:30 p.m. enrichment class; if you feel that your student would benefit from having a snack at 3:15 p.m. please put one in their backpack for them to eat then.

Medical needs

If your child has any particular medical needs (e.g., allergies, epi-pens, etc.) it is your responsibility to notify the Tania Martinez with Kaizen Karate at tania@kaizenkarateusa.com.

Contact information for questions

General enrichment questions: Tania Martinez tania@kaizenkarateusa.com.

Webpage: http://www.hearstes.org/enrichment_programs