

## **SPRING 2020 - PRIVATE VENDOR CLASSES**

**CHESS:** Thursdays 3:30-4:30 (PreK-1st), 4:45-5:45 (1st-5th)

To Register: Email Ziko directly at [zikochess@gmail.com](mailto:zikochess@gmail.com)

Chess class is where the students will learn how to play chess, the basics of chess endings and chess strategies. Our goals include: Improving academic skills and test scores. Increasing children's attention spans. Teaching young people that they have control over much of their environment, so that the decisions that they make will have consequences in the future, even if not all of those consequences are immediately apparent.

---

**COOKING:** Wednesdays 3:30-4:30 (PreK-1st), 4:45-5:45 (1st-5th)

To Register: <https://forms.gle/DzKFm4SCCF1DpvWA8>

Take a trip around the world in our World Cooking Club! We will learn about different cultures and then eat a dish from that region! Kids will learn how to use kitchen tools appropriately and safely, how to make dishes from around the world using simple ingredients that are easy to find at home, how to clean up after making big messes in the kitchen, and ideas about nutrition and feeding their bodies in a healthy manner. Students will keep track of the things they make on a weekly basis. At the end of the class, the students will have their very own cookbook!

---

**FRENCH:** Mondays 3:30-4:30 (Beginner K-5th), 4:45-5:45 (Intermediate/Advanced K-5th)

To Register:

<https://www.frenchacademy.us/french-for-kids-and-teens/schools---day-care---communities/registration-french-hearst-elementary/>

Full-immersion French program includes fun interactive activities, songs, games, and role playing. Beginners will learn basics (days of the week, month, colors, animal names, sports), while more advanced students are challenged with written activities/complex conversations.

French Academy DC is returning to offer two sessions of French lessons. The earlier class is for beginners and the later class is for intermediate/fluent students.

---

**FLOOR HOCKEY:** Thursdays 3:30-4:30 (1st-3rd)

To Register: <https://forms.gle/DzKFm4SCCF1DpvWA8>

Dribble, pass, shoot and score this Spring with ActivePLAY! Students will test their hockey skills as they compete against each other in various games and drills. This class is a fun, high energy and high endurance activity. Sign up to see if your kid has what it takes to be a Stanley Cup Champion.

---

**KAIZEN KARATE:** Fridays 3:30-4:30 (PreK-K), 4:45-5:45 (1st-5th)

To Register: <https://kaizenkaratemd.sportssignup.com/site/>

Kaizen Karate offers two youth classes at Hearst which provide safe, structured training that teaches students the proper form, style, and technique. Classes are tailored to each student's individual needs and help them grow to their fullest potential. Karate classes not only focus on instruction, but also learning valuable lessons related to discipline, motivation, self-control, and continual improvement.

---

**LEGOS:** Mondays 3:30-4:30 (1st-3rd)

To Register: <https://forms.gle/DzKFm4SCCF1DpvWA8>

If you love Legos, then this is the enrichment for you! We will build a wide variety of Legos that could range from cars, trucks, and city scenes, to famous buildings, pirate scenes, and spaceships! Each week students will have a different Lego set to work on. Everyone will have a great time building and creating, while also practicing following directions, working in groups, and developing small motor skills. Offered by ActivePlay.

---

**MANDARIN CHINESE:** Wednesdays 3:30-4:30 (1st-5th)

To Register: <https://biglearning.asapconnected.com/default.aspx?org=2380>

Open a window to another culture, communicate and make discoveries! Children will build practical Mandarin Chinese language skills in a fun and informal immersion setting. Together we'll explore cultural notes, Chinese characters and Pinyin, ask & answer questions, describe, identify, compare, count, make plans, sing, play games, and more - 全用中文! quán yòng zhōng wén! Some favorite Beginner topics throughout the year include a birthday party, sports & hobbies, the farm, weather, colors and directions, our families, Lunar New Year, zodiac and pets. Each child receives a Spring Session workbook to support the lesson themes

and for early exposure to Chinese characters and how they are pronounced using Pinyin.

---

**MUSIC WORKSHOP:** Fridays 3:30-4:30 (PreK-K)

**To Register:** Email Mrs. Migunov directly at [elenamig11@gmail.com](mailto:elenamig11@gmail.com) with the following information: Child's first and last name, Parents' names, Child's D.O.B., Family mailing address, Phone number. Payment (\$150) may be made by Check to Elena Migunov, 10676 Weymouth St. #202, Bethesda, MD 20814 or by PayPal to Mrs. Migunov's email address (choose "friends and family" not "business").

Elena Migunov's Music Workshop classes for children aim to develop musical abilities, strengthen listening skills, improve attention span, and cultivate an appreciation and love of classical music. Through a mix of hands-on activities, children learn:

- Music of the great composers: Tchaikovsky, Chopin, Beethoven, Mozart, Bach, Grieg, Schumann, Haydn, Schubert, Rachmaninoff, Strauss, Prokofiev, and Brahms.
  - Names and sounds of instruments of the orchestra.
  - Music theory, including names of notes, names of piano keys, note values, time signatures, in preparation for private instrument lessons.
- 

**PIANO:**

Mr. Eric McGee is a music professional who has been offering half hour private piano lessons at Hearst for over 15 years. Classes are offered by appointment after school. Contact Mr. McGee for availability and openings ([ercm0229@aol.com](mailto:ercm0229@aol.com), 202-669-5918).

---

**GYMNASTICS (PowerTots):** Thursdays 3:30-4:30 (PreK-2nd)

**To Register:** Visit [powertotsinc.com](http://powertotsinc.com). Please note PowerTots charges a \$20 registration fee, however, it's a one-time fee good to cover any and all future sessions.

Power Tots Gymnastics is designed to challenge and educate children in multiple aspects of their lives. Fine and gross motor skills are developed and enhanced along with the overall physical and emotional well-being of each child. Every goal is reached with the effort and execution of our belief in the "Power of a Positive Attitude." Our challenging and thorough age-appropriate curricula are designed to reach our goals of a healthy self-confidence, a positive association with fitness and increased physical health all while learning muscle groups, shapes, numbers, colors and healthy lifestyle habits.

---

**SENSATIONAL SCIENCE (Mad Science):** Wednesdays 3:30-4:30 (PreK-K), 4:45-5:45 (1st-5th)

To Register: <https://dc.madscience.org/parents-afterschoolprograms.aspx>

Children will harness heat energy, learn the science behind heat and explore the properties of both light and color. Your Mad Scientists will experiment with magnets, examine curious optical illusions, and explore energy! They will get to learn all about robots and witness a hair-raising demonstration of static electricity.

---

**SOCCER (ActivePlay):** Tuesdays 3:30-4:30 (PreK-K)

To Register: <https://forms.gle/DzKFm4SCCF1DpvWA8>

Introduces fundamentals such as dribbling, passing, and kicking while also emphasizing play. There will be a brief game at the end of each practice so players can develop skills in teamwork as well. Boys & Girls Soccer focuses on technical skills (dribbling, passing, trapping, scoring) and helps develop a sense of confidence on the field. Sportsmanship and team play will be reinforced.

---

**SOCCER (Achilles Foundation):** Fridays 3:30-4:30 (1st-5th)

To Register: <https://achillesfcfoundation.org/programs>

Students will learn the fundamental skills of soccer, from a professional Achilles FC coach, while growing a passion for the beautiful game! Students will learn how to juggle the ball, use their skill moves, score goals, and of course, celebrate!

---

**SPANISH:** Monday 3:30-4:30 (PreK-1st), 4:45-5:45 (2nd-5th)

To Register: <https://biglearning.asapconnected.com/default.aspx?org=2380>

Open a window to another culture, communicate and make discoveries! Children learn to speak Spanish in a fun, informal, immersion setting and build practical language skills through interactive activities, games, classroom routines, songs and a workbook. FLES teachers who are native speakers of the language introduce cultural notes, customs and traditions to explore. Favorite beginner topics include families and pets, body parts, colors, counting, directions, weather, birthday party, farm animals, sports & hobbies, breakfast and more. Join us for a language experience that lasts a lifetime!

---

**TIPPI JAM:** Tuesdays 3:30-4:30 (PK-K)

To Register: Visit [www.tippitoesDC.com](http://www.tippitoesDC.com)

TIPPI JAM is a high-energy dance class designed to keep boys and girls engaged in continual motion while they learn the basic elements of ballet, tap and jazz in a way that is fun and healthy including exercising their bodies and singing voices! Opportunity to participate in our spring recital, Sunday, May 30th for an additional fee (\$70) - costumes and recital tickets included.

---

**UKULELE:** Tuesdays 3:30-4:30 (PreK-1st), 4:45-5:45 (2nd-5th)

To Register:

<https://docs.google.com/forms/d/e/1FAIpQLSff--ZVnLuKFex1ScjaGlZauKOFI40Ozwlj-n8L04oQniX3w/viewform>

Group Ukulele class is a great introduction to music. Students will learn basic chords and melodies through popular songs. The class will culminate in a recital at the end of the 8 weeks. A ukelele is required for the class. The lessons are taught by Nelson Dougherty, a teacher from Middle C Music.

---

**YOGA (PowerTots):** Thursdays 4:45-5:45 (PreK-2nd)

To Register: Visit [powertotsinc.com](http://powertotsinc.com). Please note PowerTots charges a \$20 registration fee, however, it's a one-time fee good to cover any and all future sessions.

Develops focus, flexibility, strength, and coordination through yoga poses, stories, songs, drawings, and games. Classes enhance energy while teaching children how to remain calm and centered. Children learn basic movements in a fun, relaxed setting. Benefits increase patience, posture, confidence and self-esteem. Poses are learned individually, with partners, and groups.