

APRIL 2021

# 23 DAYS OF FOP AWARENESS CHALLENGES



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> <b>Share a fact about the first sign of FOP.</b> Did you hear donations made in April will be matched? Have your gift matched now at <a href="http://ifopa.org/awareness_day_match">ifopa.org/awareness_day_match</a>	<b>2</b> <b>Share a fact about how rare FOP is.</b> Looking for an easy way to raise awareness about FOP? Visit <a href="http://ifopa.org/awareness_day_shirts">ifopa.org/awareness_day_shirts</a> to get your NEW FOP awareness t-shirts!	<b>3</b> Did you know FOP is the only disease where one body system turns into another? <b>Share a fact about the uniqueness of FOP.</b>
<b>4</b> Did you know that not everyone has the same genetic mutation? <b>Share this important fact about classic and variant mutations.</b>	<b>5</b> <b>Make it personal!</b> Share a video about Ciske from South Africa who lives with FOP. Start a Facebook fundraiser to help us earn the full Awareness Day match. Get started at <a href="http://facebook.com/fundraisers">facebook.com/fundraisers</a>	<b>6</b> <b>Share an FOP fact about signs, symptoms and misdiagnosis.</b>	<b>7</b> <b>Share an FOP fact about the journey to a correct diagnosis.</b>	<b>8</b> <b>Make it personal!</b> Share a video about Yoki from Hong Kong whose daughter Haley lives with FOP.	<b>9</b> <b>Share a fact about the gene that causes FOP.</b> Looking for other #cureFOP awareness items? Visit <a href="http://ifopa.org/store">ifopa.org/store</a>	<b>10</b> <b>Share a fact about how FOP affects more than mobility.</b>
<b>11</b> <b>Share a fact about FOP and hearing loss.</b>	<b>12</b> <b>Make it personal!</b> Share a video about Maëlle from France who lives with FOP.	<b>13</b> <b>Share an FOP fact about flare-ups.</b> More than 80 cents of every dollar you give supports the IFOPA's mission-critical programs and services. Give now at <a href="http://ifopa.org/awareness_day_match">ifopa.org/awareness_day_match</a>	<b>14</b> <b>Share a fact about the progressive nature of FOP.</b> Write a note of thanks to the International Clinical Council on FOP - the independent council of FOP experts from around the world. Send your message at <a href="http://ifopa.org/thank_you_icc">ifopa.org/thank_you_icc</a>	<b>15</b> <b>FOP can be very unpredictable. Help others understand by sharing this fact.</b>	<b>16</b> <b>Make it personal!</b> Share a video about Jazmin whose son Nicolas lives with FOP.	<b>17</b> <b>Share an FOP fact about the tools used for independent living.</b>
<b>18</b> FOP does not affect intelligence. <b>Help others understand all that people with FOP accomplish by sharing this fact.</b>	<b>19</b> <b>Share a fact about how assistance dogs help people with FOP.</b>	<b>20</b> <b>Share how kids and teens explain FOP to their friends using the video at <a href="http://ifopa.org/same_but_different">ifopa.org/same_but_different</a></b>	<b>21</b> <b>Let others know the FOP community is strong and supports one another like a family by sharing this fact.</b> Your donation to the IFOPA in April can be matched. Give now at <a href="http://ifopa.org/awareness_day_match">ifopa.org/awareness_day_match</a>	<b>22</b> <b>Share about the common conditions that FOP research may help.</b>	<b>23</b> <b>Share an FOP fact about the gene discovery.</b> Post a picture of you raising awareness in your Awareness Day or #cureFOP apparel.	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <b>Today is the last day to have your donation in support of the FOP community matched.</b> Donate at <a href="http://ifopa.org/awareness_day_match">ifopa.org/awareness_day_match</a>	