



**IBD IS PART OF YOUR LIFE,  
BUT YOU ARE NOT ALONE.**



**JOIN  
OUR CIRCLE**

[IMPROVECARENOW.ORG/JOIN-CIRCLE](https://IMPROVECARENOW.ORG/JOIN-CIRCLE)

Joining CIRCLE connects you to ImproveCareNow (ICN) - a collaborative chronic care network focused on *improving health, care & costs for young people with IBD*. ICN will send you IBD resources & information, stories of inspiration & hope, and opportunities to get involved with their inclusive & supportive community that understands life with IBD and is working together to make it better.



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[IMPROVECARENOW.ORG/JOIN-CIRCLE](https://improvecarenow.org/join-circle)

Join thousands of patients with IBD and their families in the ImproveCareNow CIRCLE.

Connect with IBD resources & information, stories of hope, and an inclusive & supportive community of people who understand life with IBD & want to make it better, together!



scan to join